1 in 11 people aged 45 years and older are experiencing Subjective Cognitive Decline.

- 35% of people with SCD had to give up day-to-day activities.
- Nearly a quarter of people with SCD say it interfered with social activities, work, or volunteering.
- 19% of people with SCD need help with household tasks.

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

79% of people with SCD have at least one chronic condition.

Less than half of people with SCD have discussed their symptoms with a healthcare provider.

Source: 2019 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

cdc.gov/aging