RHODE ISLAND

SUBJECTIVE COGNITIVE DECLINE

2019 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 10 people aged 45 years and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

81% of people with SCD have at least one chronic condition.

42% of people with SCD had to give up day-to-day activities.

Only half of people with SCD have discussed their symptoms with a healthcare provider.

Over a third of people with SCD say it interfered with social activities, work, or volunteering.

32% of people with SCD need help with household tasks.

cdc.gov/aging

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

alzheimer's association

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