1 in 7 people aged 45 years and older are experiencing Subjective Cognitive Decline.

80% of people with SCD have at least one chronic condition.

28% of people with SCD had to give up day-to-day activities.

Only half of people with SCD have discussed their symptoms with a healthcare provider.

A quarter of people with SCD say it interfered with social activities, work, or volunteering.

22% of people with SCD need help with household tasks.