1 in 9 people aged 45 years and older are experiencing Subjective Cognitive Decline.

88% of people with SCD have at least one chronic condition.

52% of people with SCD had to give up day-to-day activities.

Only half of people with SCD have discussed their symptoms with a healthcare provider.

Nearly half of people with SCD say it interfered with social activities, work, or volunteering.

49% of people with SCD need help with household tasks.

SCD is self-reported memory problems that have been getting worse over the past year.

cdc.gov/aging