

SUBJECTIVE COGNITIVE DECLINE AMONG MEN

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Men in 46 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 11 men aged 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

37% of men with SCD had to give up day-to-day activities



81% of men with SCD have at least one chronic condition

one in three of men with SCD say it interfered with social activities, work or volunteering



less than half of men with SCD have discussed their symptoms with a healthcare provider

31% of men with SCD need help with household tasks



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CS 303070-A

July 2022