

SUBJECTIVE COGNITIVE DECLINE

AMONG LESBIAN, GAY, BISEXUAL, TRANSGENDER (LGBT) ADULTS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Lesbian, Gay, Bisexual, Transgender (LGBT) Adults in 30 States: People Aged 45 Years and Older

1 in 7 people aged 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

41% of people with SCD had to give up day-to-day activities



84% of people with SCD have at least one chronic condition

one in three of people with SCD say it interfered with social activities, work or volunteering



only half of people with SCD have discussed their symptoms with a healthcare provider

39% of people with SCD need help with household tasks



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