Subjective Cognitive Decline among Lesbian, Gay, Bisexual, Transgender (LGBT) Adults

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Lesbian, Gay, Bisexual, Transgender (LGBT) Adults in 25 States: People Aged 45 Years and Older

1 in 7 people aged 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

41% of people with SCD had to give up day-to-day activities

one in three of people with SCD say it interfered with social activities, work or volunteering

84% of people with SCD have at least one chronic condition

only half of people with SCD have discussed their symptoms with a healthcare provider

39% of people with SCD need help with household tasks

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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