

SUBJECTIVE COGNITIVE DECLINE

AMONG ASIAN/NATIVE HAWAIIAN/PACIFIC ISLANDER ADULTS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Asian, Native Hawaiian, or other Pacific Islander Adults in 46 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 25

Asian, Native Hawaiian, or other Pacific Islander adults 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

51% of people with SCD had to give up day-to-day activities



58% of people with SCD have at least one chronic condition

nearly one in two

people with SCD say it interfered with social activities, work or volunteering



only a third of people with SCD have discussed their symptoms with a healthcare provider

42% of people with SCD need help with household tasks



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