Subjective Cognitive Decline among Asian/Native Hawaiian/Pacific Islander Adults

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Asian, Native Hawaiian, or other Pacific Islander Adults in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 13

Asian, Native Hawaiian, or other Pacific Islander adults 45 years and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

28% of people with SCD had to give up day-to-day activities.

One in five

of people with SCD say it interfered with social activities, work or volunteering.

57% of people with SCD have at least one chronic condition.

Only a third

of people with SCD have discussed their symptoms with a healthcare provider.

26% of people with SCD need help with household tasks.