SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

1 in 5 American Indian/Alaska Native adults aged 45 years and older are experiencing Subjective Cognitive Decline.

53% of people with SCD had to give up day-to-day activities.

87% of people with SCD have at least one chronic condition.

one in two of people with SCD say it interfered with social activities, work or volunteering.

nearly 60% of people with SCD have discussed their symptoms with a healthcare provider.

49% of people with SCD need help with household tasks.

cdc.gov/aging