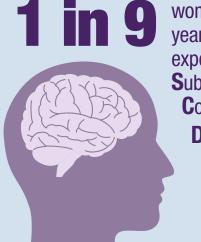
## SUBJECTIVE COGNITIVE DECLINE AMONG WOMEN

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Women in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older



women aged 45 years and older are experiencing Subjective Cognitive Decline SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

**43%** of women with SCD had to give up day-to-day activities

**83%** of women with SCD have at least one chronic condition

nearly one in two of women

with SCD say it interfered with social activities, work or volunteering

**half** of women with SCD have discussed their symptoms with a healthcare provider **39%** of women with SCD need help with household tasks





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