

SUBJECTIVE COGNITIVE DECLINE AMONG VETERANS

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Veterans* in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 7 veterans 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

33% of veterans with SCD had to give up day-to-day activities



82% of veterans with SCD have at least one chronic condition

one in three of veterans with SCD say it interfered with social activities, work or volunteering



less than half of veterans with SCD have discussed their symptoms with a healthcare provider



28% of veterans with SCD need help with household tasks



* Active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit



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