

SUBJECTIVE COGNITIVE DECLINE AMONG MEN

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Men in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9 men aged 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

36% of men with SCD had to give up day-to-day activities



76% of men with SCD have at least one chronic condition

nearly one in three of

men with SCD say it interfered with social activities, work or volunteering



less than half

of men with SCD have discussed their symptoms with a healthcare provider



30% of men with SCD need help with household tasks



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Centers for Disease Control and Prevention

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CS 303070-A

January 2020