SUBJECTIVE COGNITIVE DECLINE AMONG MEN
2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Men in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9 men aged 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

36% of men with SCD had to give up day-to-day activities

nearly one in three of men with SCD say it interfered with social activities, work or volunteering

76% of men with SCD have at least one chronic condition

less than half of men with SCD have discussed their symptoms with a healthcare provider

30% of men with SCD need help with household tasks

cdc.gov/aging

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

alzheimer’s association

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