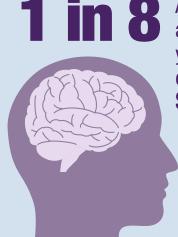
## **SUBJECTIVE COGNITIVE DECLINE** AMONG AFRICAN AMERICAN ADULTS

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from African American Adults in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older



African American adults aged 45 years and older are experiencing Subjective Cognitive Decline SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

**54%** of people with SCD had to give up day-to-day activities

**85%** of people with SCD have at least one chronic condition

## nearly one in two of people

with SCD say it interfered with social activities, work or volunteering





less than half of people with SCD have

discussed their symptoms with a healthcare provider

**47%** of people with SCD need help with household tasks





U.S. Department of Health and Human Services Centers for Disease Control and Prevention

## alzheimer's R association

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