**Subjective Cognitive Decline Among African American Adults**

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from African American Adults in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 8
African American adults aged 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

54% of people with SCD had to give up day-to-day activities

nearly one in two
of people with SCD say it interfered with social activities, work or volunteering

85% of people with SCD have at least one chronic condition

less than half
of people with SCD have discussed their symptoms with a healthcare provider

47% of people with SCD need help with household tasks

[cdc.gov/aging](https://www.cdc.gov/aging)