

# How to Clean Infant Feeding Items

## Cleaning Infant Feeding Items



1

Wash your hands with soap and water for at least 20 seconds.



2

Pour out leftover liquids or foods from bottles, cups, containers. Take apart every item to clean them.



3

Fill wash basin with clean water. Swirl in a little bit of dish soap.



4

Use the scrub brush to clean all surfaces of each item.



5

Squeeze water through bottle nipples, sippy cup spouts, straws, valves.



6

Rinse off soap with clean water.



7

Rinse out wash basin and scrub brush.



## Air Drying



**AIR DRY** clean, rinsed items.



Choose a clean spot for items to dry.



Do **NOT** dry with a towel. Germs on dish towels can make your baby sick.



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