How to Clean Infant Feeding Items

Cleaning Infant Feeding Items

1. Wash your hands with soap and water for at least 20 seconds.

2. Pour out leftover liquids or foods from bottles, cups, containers. Take apart every item to clean them.

3. Fill wash basin with clean water. Swirl in a little bit of dish soap.

4. Use the scrub brush to clean all surfaces of each item.

5. Squeeze water through bottle nipples, sippy cup spouts, straws, valves.

6. Rinse off soap with clean water.

7. Rinse out wash basin and scrub brush.

Air Drying

AIR DRY clean, rinsed items. Choose a clean spot for items to dry. Do NOT dry with a towel. Germs on dish towels can make your baby sick.