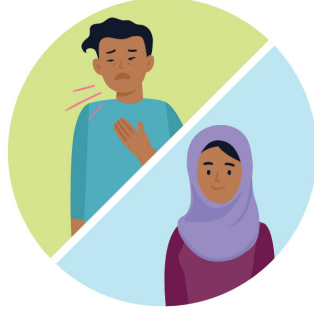


HOW TO STOP THE SPREAD OF GERMS



If vaccines are available, get them as soon as you can.



Stay away from people who are sick.



Wash your hands often with soap and water.



Clean and disinfect surfaces and objects that people often touch.



When you cough or sneeze, cover your nose and mouth with a tissue or your elbow.



Do not touch your eyes, nose, or mouth.

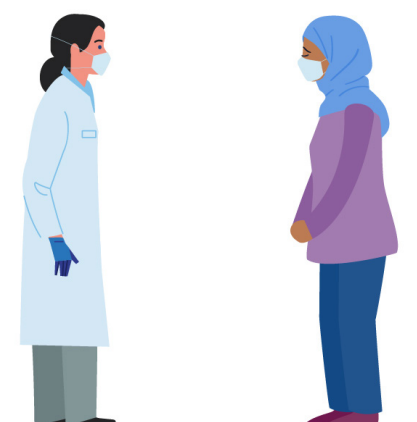


If you are sick, stay away from other people.



Wear a mask. It may keep you from getting or spreading germs.

Contact a health care provider if you feel sick.



cdc.gov/afghan-evac