CHECK FOR HEAD LICE

How to detect head lice

Wear gloves

Use your gloved fingers to separate the hair so you can see the scalp

Look for lice, eggs, and bites on the scalp and hair, behind the ears, and near the back of the neck.

Avoid head-to-head (hair-to-hair) contact. Do not share clothing, combs, brushes, or towels.

Disinfest combs and brushes in very hot water for 5–10 minutes.

Prevent lice from spreading

Do not lie on beds, couches, pillows, carpets, or stuffed animals recently used by or in contact with a person who has lice.

Machine wash and dry clothing, bed linens, and other items using hot water and the high heat drying cycle.

You might have head lice if you have

Tickling feeling

Itching

Can’t Sleep

Sores from scratching

If you think you or someone in your family has head lice, go to the clinic immediately.

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