

TREATING ACUTE PAIN SAFELY AND EFFECTIVELY

WB4422

PROGRAM DESCRIPTION: Patients of all ages can experience acute pain due to a variety of different conditions. Acute pain is often defined as pain lasting four weeks or less. Opioid therapy is often used for management of pain in acute settings, but there are well-documented risks associated with this practice. Studies have shown that just three days of opioid treatment can increase the likelihood of long-term opioid use. Treatment of pain should be tailored to an individual patient's pain management goals and the benefit/risk balance of different treatment options for that patient. Pain management decision should be made together between provider and patient.

After taking this training, healthcare providers will be able to improve their opioid prescribing practices for acute pain by making careful considerations to reduce patient harm, help patients make better decisions in collaboration with the providers, improve communication with the patients, and increase patient confidence in the chosen treatment options for acute pain management. Healthcare providers will also be able to improve their treatment of common acute pain conditions, including ankle sprains, low back pain, and acute migraines.

OBJECTIVES:

At the conclusion of the session, the participant will be able to:

1. Identify risks of opioid therapy for the treatment of acute pain
2. Describe evidence-based strategies to treat acute pain safely and effectively
3. Describe benefits of shared decision-making between patient and provider in managing acute pain
4. Identify key strategies for improving interprofessional care in the treatment of acute pain.

FACULTY

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ORIGINATION DATE June 18, 2021
EXPIRATION DATE: June 18, 2023

URL: [Acute Pain Module | Acute Pain \(cdc.gov\)](#)

HARDWARE/SOFTWARE: Computer Hardware; Internet connection;
Browser

TARGET AUDIENCE: Physicians, APRNs, PAs, Nurses, other healthcare professionals

PREREQUISITES: None

FORMAT: This training is web-based.

CONTACT INFORMATION: Division of Unintentional Injury Prevention, NCIPC, CDC, 800-CDC-INFO (800-232-4636)

ACCREDITATION STATEMENTS:



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Instructions for Obtaining Continuing Education (CE)

In order to receive continuing education (CE) for WB4422-Treating Acute Pain Safely and Effectively please visit [TCEO](#) and follow these [9 Simple Steps](#) before 6/18/2023

Complete the activity

Complete the Evaluation at www.cdc.gov/GetCE

Pass the posttest at 80% at www.cdc.gov/GetCE

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