Job Aid for Clinicians
How to send information about a suspected AFM case to the health department

1. **Identify suspect case of AFM: patient with onset of acute flaccid limb weakness**

2. **Contact your health department when you identify a suspect case of AFM.**
   *For health department contact information, call the CDC Emergency Operations Center at 770-488-7100.*

3. **Health department completes AFM Patient Summary Form, compiles medical records, and sends information to CDC. Patient will be classified by national AFM experts.**

4. **After expert review, patient classification is given back to health department and relayed to clinician by health department.**

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**SPECIMEN COLLECTION**

- Collect specimens as close to onset of limb weakness as possible and store as directed (see table on reverse side):
  - CSF
  - Serum
  - Stool
  - NP swab

**INFORMATION SHARING**

- Send copies of the following to your health department for sharing with CDC:
  - Admission and discharge notes
  - Neurology and infectious disease consult notes
  - MRI report
  - MRI images
  - Vaccination history
  - Laboratory test results

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**SEND TO**

**HEALTH DEPARTMENT**

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**INSTRUCTIONS**

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Specimens to collect and send to CDC for testing for suspect AFM cases

<table>
<thead>
<tr>
<th>SAMPLE</th>
<th>AMOUNT</th>
<th>TUBE TYPE</th>
<th>PROCESSING</th>
<th>STORAGE</th>
<th>SHIPPING</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSF</td>
<td>1mL (collect at same time or within</td>
<td>Cryovial</td>
<td>Spun and CSF removed to cryovial</td>
<td>Freeze at</td>
<td>Ship on dry ice</td>
</tr>
<tr>
<td></td>
<td>24hrs of serum)</td>
<td></td>
<td></td>
<td>-20°C</td>
<td></td>
</tr>
<tr>
<td>Serum</td>
<td>≥0.4mL (collect at same time or within</td>
<td>Tiger/red top</td>
<td>Spun and serum removed to tiger/red top.</td>
<td>Freeze at</td>
<td>Ship on dry ice</td>
</tr>
<tr>
<td></td>
<td>24 hours of CSF)</td>
<td></td>
<td></td>
<td>-20°C</td>
<td></td>
</tr>
<tr>
<td>Stool</td>
<td>≥1 gram (2 samples collected 24hrs apart)</td>
<td>Sterile</td>
<td>n/a</td>
<td>Freeze at</td>
<td>Ship on dry ice</td>
</tr>
<tr>
<td></td>
<td></td>
<td>container</td>
<td></td>
<td>-20°C</td>
<td></td>
</tr>
<tr>
<td>Respiratory (NP)/</td>
<td>1ml (minimum amount)</td>
<td>n/a</td>
<td>Store in viral transport medium</td>
<td>Freeze at</td>
<td>Ship on dry ice</td>
</tr>
<tr>
<td>Oropharyngeal (OP) swab</td>
<td></td>
<td></td>
<td></td>
<td>-20°C</td>
<td></td>
</tr>
</tbody>
</table>

Coordinate with your health department to send information about suspect AFM cases and ship specimens to CDC. For health department contact information, call the CDC Emergency Operations Center at 770-488-7100.