

GET involved

Having an *open and honest conversation* can help protect you and others from getting HIV and other STDs.

TALK

Be open and discuss staying *safe* and *healthy*.

SUPPORT

If you know others that may be living with HIV, don't judge or blame. Show that you care and be there to *help*.

VOLUNTEER

Contact your local AIDS-service organizations and/or community health departments to *learn about volunteer opportunities*.

WWW.CDC.GOV/ACTAGAINSTAIDS

