

# GET involved

Having an open and honest conversation can help protect you and others from getting HIV and other STDs.

## TALK

Be open and discuss staying *safe* and *healthy*.

## SUPPORT

If you know others that may be living with HIV, don't judge or blame. Show that you care and be there to *help*.

## VOLUNTEER

Contact your local AIDS-service organizations and/or community health departments to *learn about* volunteer opportunities.

[WWW.CDC.GOV/ACTAGAINSTAIDS](http://WWW.CDC.GOV/ACTAGAINSTAIDS)

