Your doctor would like you to take a few minutes to ask you some direct questions about your sexual health. These questions are personal, but will help your doctor keep you healthy. We ask these questions of all patients regardless of their age or marital status. This information is just as important to discuss as information about your physical and mental health. Like the medical history you provide, this information is strictly confidential. Please check all boxes that are appropriate.

Do you have sex with ☐ men, ☐ women or ☐ both?
Have you had any sex in the past 12 months? ☐ Yes ☐ No
  Any sex includes oral sex, where someone’s mouth goes on someone’s vagina or penis or anus; anal sex, where someone’s penis goes into an anus; or vaginal sex, where someone’s penis goes into a vagina?

In the past 12 months, how many partners have you had sex with? _____
Do you or your partner use condoms for any of the types of sex described above?
  ☐ Yes  If yes, which ones, ☐ oral, ☐ vaginal or ☐ anal?
  ☐ No

Have you ever been tested or treated for any sexually transmitted diseases (STDs), including chlamydia, gonorrhea, syphilis, herpes, or HIV?
  ☐ Yes  If yes, which ones, ☐ chlamydia, ☐ gonorrhea, ☐ syphilis, ☐ herpes, ☐ HIV
  ☐ No

We recommend routine HIV and some STD testing as part of regular medical visits. Would you like to be tested for HIV, gonorrhea, chlamydia or syphilis today? ☐ Yes  ☐ No If no, reason why:
___________________________________________________________________________________________

Before you leave today, we’d like to provide you with important information that can help you protect yourself from sexually transmitted diseases, including HIV. Please check the topics that most interest you.
(Check all that apply)
  ☐ Condom Use  ☐ Birth control  ☐ Discussions with sex partners  ☐ Regular check-ups  ☐ Abstinence
  ☐ Other (specify) ______________________________________________________________________________

If you have any questions about this form or sexual history, please ask the doctor when you meet today.

Thank you.