

HIV TREATMENT WORKS

“HIV, you didn’t take my hope,
and you won’t take my life.”

Vernal – Washington, DC

Living with HIV since 1987.

Throughout my 32 years of heroin addiction, HIV treatment wasn’t a real priority. But after getting clean in rehab, I found hope and have been on HIV treatment ever since. Now that I’m living a healthy life, I have the strength and passion to help others as an HIV testing counselor. I’ve been where they are. So when newly diagnosed people see what treatment has done for me, it’s the hope they need at a critical time. Now, as a musician and Sunday school teacher, I’m able to reach out to my community and share the benefits of my experience.



Get in care. Stay in care. Live well.
cdc.gov/HIVTreatmentWorks