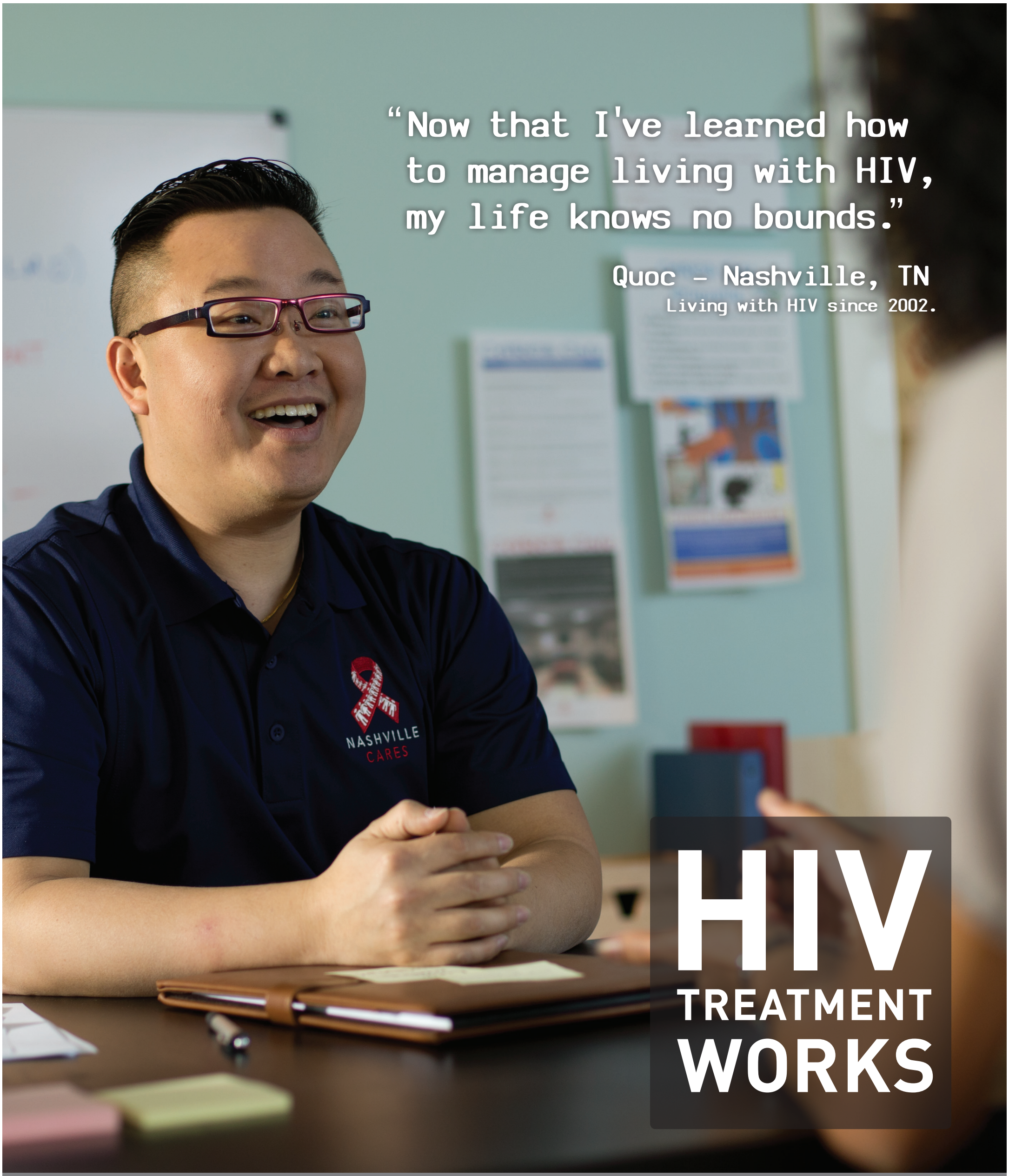

When I found out I was HIV-positive, the news sent me into a spiral of shame and self-destruction. I hit rock bottom. I thought I would die from my drug addiction before I died from my HIV. I knew then that I had to take control of my life and get into treatment. After getting clean, I worked with my doctor to find the best treatment for my HIV. I’ve made taking care of myself and my HIV a top priority. Now, I’m at a point where I can help others get in care, stay on treatment, and learn to live a long, healthy life.

Get in care. Stay in care. Live well.
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