



# HIV TREATMENT WORKS

“HIV, you're part of my life,  
but with treatment,  
you're not my entire life.”

Elizabeth – Boston, MA  
Living with HIV since 2001.

For a while, taking my meds was just a negative reminder that I had HIV. From time to time, I stopped treatment. I shouldn't have. Each time, my health would suffer. With the help of a great doctor, I came to understand that consistent medication and care were essential to living well with HIV. HIV is part of my life, but so is HIV treatment. Being in care lets me be here for my kids, my grandkids, my furry best friend, and hopefully one day, my great-grandkids.



Get in care. Stay in care. Live well.  
[cdc.gov/HIVTreatmentWorks](http://cdc.gov/HIVTreatmentWorks)