

“HIV, my life revolves around
the people I love. Not around you.”

Chris – Minneapolis, MN

Living with HIV since 2010.



HIV
TREATMENT
WORKS

Diagnosed as a young college student, my first fears were of rejection and death. But, I was wrong about both. Instead of rejecting me, my grandmother immediately began to learn about the disease. She helped me see that, with HIV meds, I could live a long, healthy life. Now that I understand what it takes to live well with HIV, I take care of myself so I can spend time with the people who matter most.

Get in care. Stay in care. Live well.
cdc.gov/HIVTreatmentWorks

