

“HIV, taking my meds makes you undetectable.  
And that makes me unstoppable.”

Aaron – St Louis, MO  
Living with HIV since 2011.

# HIV TREATMENT WORKS

This is my disease. It's in my body and I need to know everything I can to fight it. I stay informed. I talk to my doctor. I talk to my pharmacists. And I share my story through my own YouTube channel called My HIV Journey. Three years ago, when I met my partner Phil, I told him I was HIV-positive in our first conversation. He said, 'That's OK. There are lots of ways to protect ourselves.' Phil takes PrEP and I take my meds every day. In this relationship, HIV ends with me.



Get in care. Stay in care. Live well.  
[cdc.gov/HIVTreatmentWorks](https://cdc.gov/HIVTreatmentWorks)