



“Get out of my way,  
HIV. I am strong,  
and I am here  
to stay!”

Whitney – Baton Rouge, LA  
Living with HIV since 2010.

**HIV**  
**TREATMENT**  
**WORKS**

My HIV diagnosis was a shock, but I found a strong support group that helped me find my way. They introduced me to the perfect clinic where I have one doctor who specializes in HIV and one who specializes in caring for transgender women and men. Everybody is very friendly – from the front desk to the doctors – and they make me feel safe and comfortable. My message to other transwomen living with HIV is to take your meds, find friends and providers who will support and uplift you, maintain a healthy lifestyle, and keep doing the things you love.



**Get in care. Stay in care. Live well.**  
[cdc.gov/HIVTreatmentWorks](https://cdc.gov/HIVTreatmentWorks)