

“HIV, you have no power here. And if it's between you and me, I guarantee I'll win.”

Jamie – Atlanta, GA

Living with HIV since 2015.

**HIV  
TREATMENT  
WORKS**

When I was first diagnosed with HIV, I felt like I would never have a strong quality of life again. But life does not end with an HIV diagnosis. I formed a strong, honest relationship with my medical provider and together we created a plan to keep me healthy. I want to encourage other transwomen living with HIV to take care of themselves by taking their medication, and taking time to do what makes them happy. There is light at the end of the tunnel, and you can live a full and amazing life as long as you stay in care and prioritize your health.



**Get in care. Stay in care. Live well.**  
[cdc.gov/HIVTreatmentWorks](https://cdc.gov/HIVTreatmentWorks)