Learn the Signs. Act Early.

Learn the signs of your child's development and act early if you ever have a concern.

To complete a milestone checklist, download CDC's FREE Milestone Tracker app or visit cdc.gov/Milestones, and talk to your child's doctor at every well-child visit about the milestones your child has reached and what to expect next.

You know your child best

If your child is not meeting milestones or you are concerned about the way your child plays, learns, speaks, acts, or moves, talk with your child's doctor, share your concerns, and ask about developmental screening. Don't wait.

If you or the doctor is still concerned

- **l.** Ask for a referral to a specialist and,
- 2. Call for a free evaluation to find out if your child can get services to help:
 - If your child is under age 3: Call your state or territory's early intervention program. Learn more and find the phone number at cdc.gov/FindEl.
 - If your child is age 3 or older: Call any local public elementary school.

For more on how to help your child, visit cdc.gov/Concerned.

Don't Wait. Acting early can make a real difference!

For more information about your child's development and what to do if you have a concern, visit:

www.cdc.gov/ActEarly

OR CALL:

1-800-CDC-INFO (1-800-232-4636)

to get help finding resources in your area.

These developmental milestones show what most children (75% or more) can do by each age.



Milestone **Moments**



Milestones Matter!

Look inside for milestones to watch for in your child and tips for how you can help your child learn and grow.

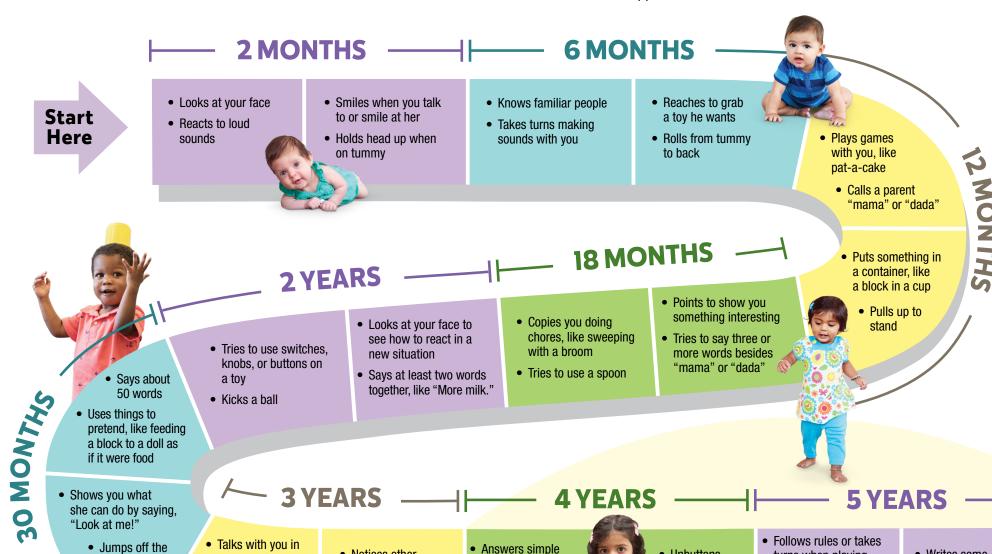






Your Child's Early Development is a Journey

These are just a few of many important milestones to look for. For complete checklists for your child's age visit www.cdc.gov/Milestones or download CDC's free *Milestone Tracker* app.



questions like

Names a few

colors of items

"What is a coat for?"

Unbuttons

Likes to be

a "helper"

some buttons

turns when playing

games with other

Uses or recognizes

simple rhymes

children

· Writes some

letters in her name

Hops on one foot

Notices other

them to play

Uses a fork

children and joins

conversation

Draws a circle.

him how

when you show

ground with

both feet