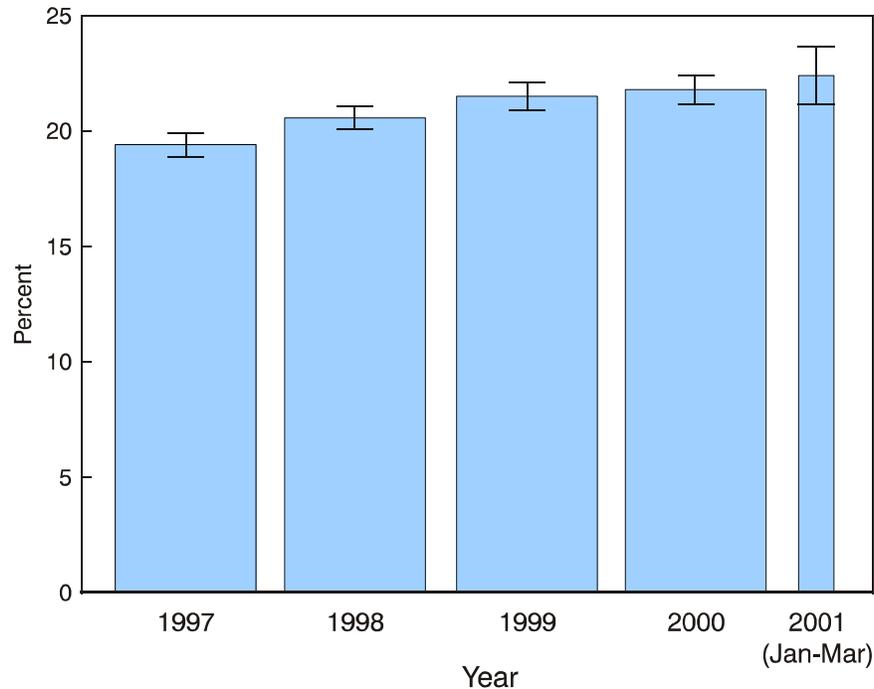


Figure 6.1. Self-reported prevalence of obesity among adults aged 20 years and older: United States, 1997 - 2001

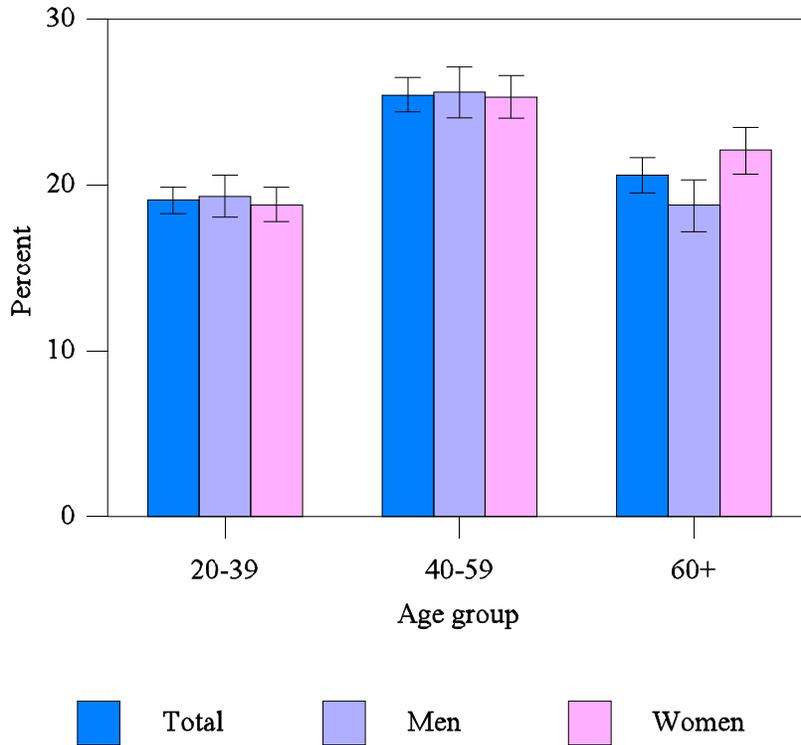


SOURCE: Sample Adult Core component of the 1997-2001 National Health Interview Surveys. The estimate for the year 2001 was based on data collected from January-March.

NOTES: Obesity is defined as a Body Mass Index (BMI) of 30 kg/m² or more. The analysis excluded people with unknown height or weight. Brackets indicate 95% confidence intervals (CI).

- ! In early 2001, 22.4% (95% CI = 21.2%-23.7%) of U.S. adults aged 20 years and older were obese.
- ! The annual prevalence of obesity among U.S. adults increased slightly over time from 19.4% in 1997 to 20.6% in 1998, 21.5% in 1999, and 21.8% in 2000.

Figure 6.2. Self-reported prevalence of obesity among adults aged 20 years and older, by age group and sex: United States, 2000

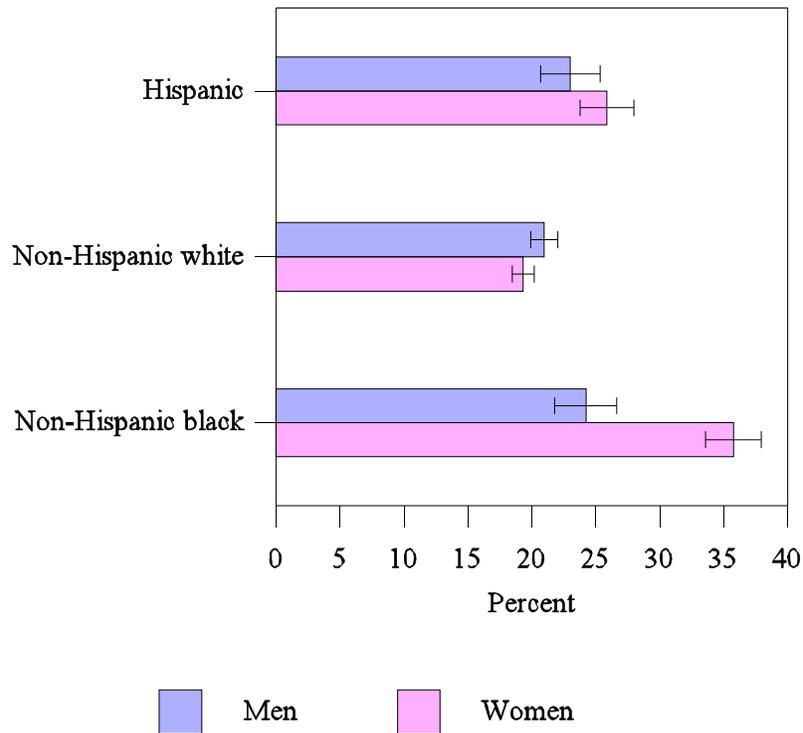


DATA SOURCE: Sample Adult Core component of the 2000 National Health Interview Survey.

NOTES: Obesity is defined as a Body Mass Index (BMI) of 30 kg/m² or more. The analysis excluded 1,335 people with unknown height or weight. Brackets indicate 95% confidence intervals (CI).

- ! For both sexes combined, the prevalence of obesity was higher among adults aged 40-59 years (25.4%, 95% CI = 24.4%-26.5%), compared with adults aged 20-39 years (19.1%, 95% CI = 18.3%-19.9%) and adults aged 60 years and older (20.6%, 95% CI = 19.5%-21.7%). This pattern in obesity by age group was seen in both men and women.
- ! For adults aged 60 years and older, women were more likely than men to be obese (22.1% vs. 18.8%). This difference in obesity by sex was not seen in other two age groups.

Figure 6.3. Age-adjusted prevalence of obesity among adults aged 20 years and older, by sex and race/ethnicity: United States, 2000



DATA SOURCE: Sample Adult Core component of the 2000 National Health Interview Survey.

NOTES: Obesity is defined as a Body Mass Index (BMI) of 30 kg/m² or more. The analysis excluded 1,335 people with unknown height or weight. Brackets indicate 95% confidence intervals (CI).

! The differences in age-adjusted prevalence of obesity among the three race/ethnicity groups were mainly seen in women. The age-adjusted prevalence of obesity was 35.8% in non-Hispanic black women, 25.9% in Hispanic women, and 19.3% in non-Hispanic white women.

Data tables for figures 6.1-6.3:

Figure 6.1. Self-reported prevalence of obesity among adults aged 20 years and older: United States, 1997-2001

Year	Percent	95% Confidence interval
1997	19.4	18.9-19.9
1998	20.6	20.1-21.1
1999	21.5	20.9-22.1
2000	21.8	21.2-22.4
2001 (Jan-Mar)	22.4	21.2-23.7

Figure 6.2. Self-reported prevalence of obesity among adults aged 20 ears and older, by age group and sex: United States, 2000

Age and Sex	Percent	95% Confidence interval
20-39 years		
Total	19.1	18.3-19.9
Men	19.3	18.1-20.6
Women	18.8	17.8-19.9
40-59 years		
Total	25.4	24.4-26.5
Men	25.6	24.1-27.1
Women	25.3	24.0-26.6
60 years and older		
Total	20.6	19.5-21.7
Men	18.8	17.2-20.3
Women	22.1	20.7-23.5

Figure 6.3. Age-adjusted prevalence of obesity among adults aged 20 years and older, by sex and race/ethnicity: United States, 2000

Race/Ethnicity	Percent	95% Confidence interval
Men		
Hispanic	23.0	20.7-25.3
Non-Hispanic white	21.0	19.9-22.0
Non-Hispanic black	24.2	21.8-26.7
Women		
Hispanic	25.9	23.8-28.0
Non-Hispanic white	19.3	18.5-20.2
Non-Hispanic black	35.8	33.6-37.9