

**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area —
United States, SMART BRFSS 2003**

Metropolitan Area^a	No Leisure-Time Physical Activity^b	
	%^c	95% CI^d
Northeast		
Boston-Quincy, MA Metropolitan Division	23.8	(21.4 - 26.3)
Bridgeport-Stamford-Norwalk, CT	20.9	(18.2 - 23.9)
Burlington-South Burlington, VT	17.2	(15 - 19.6)
Cambridge-Newton-Framingham, MA Metropolitan Division	18.1	(15.8 - 20.7)
Camden, NJ Metropolitan Division	25.2	(22.7 - 27.8)
Concord, NH	19.1	(15.6 - 23.2)
Edison, NJ Metropolitan Division	25.3	(23.4 - 27.4)
Essex County, MA Metropolitan Division	20.1	(17 - 23.7)
Hartford-West Hartford-East Hartford, CT	20.3	(18.3 - 22.4)
Lebanon, NH-VT	18.8	(16.2 - 21.7)
Manchester-Nashua, NH	20.7	(18.3 - 23.3)
New Haven-Milford, CT	20.8	(18.3 - 23.6)
New York-Wayne-White Plains, NY-NJ Metropolitan Division	29.6	(27.6 - 31.8)
Newark-Union, NJ-PA Metropolitan Division	27.1	(24.7 - 29.7)
Philadelphia, PA Metropolitan Division	21.9	(19.1 - 25.1)
Pittsburgh, PA	20.1	(17.1 - 23.3)
Portland-South Portland, ME	16.9	(14.3 - 19.9)
Providence-New Bedford-Fall River, RI-MA	23.9	(22.3 - 25.4)
Rockingham County-Strafford County, NH Metropolitan Division	20.1	(17.7 - 22.7)
Springfield, MA	24.9	(21.6 - 28.6)
Suffolk County-Nassau County, NY Metropolitan Division	25.5	(21.6 - 29.8)
Trenton-Ewing, NJ	23.6	(19.1 - 28.8)
Worcester, MA	23.2	(20.1 - 26.7)
South		
Asheville, NC	20.6	(16.8 - 25.1)
Atlanta-Sandy Springs-Marietta, GA	20.9	(18.8 - 23.3)
Augusta-Richmond County, GA-SC	23.9	(20.5 - 27.6)
Baltimore-Towson, MD	19.5	(17.3 - 21.9)
Baton Rouge, LA	27.9	(24.5 - 31.6)
Bethesda-Frederick-Gaithersburg, MD Metropolitan Division	19.9	(16.7 - 23.6)
Birmingham-Hoover, AL	27.8	(24.4 - 31.3)
Charleston, WV	26.0	(22.2 - 30.1)
Charleston-North Charleston, SC	22.7	(19.4 - 26.3)
Charlotte-Gastonia-Concord, NC-SC	25.3	(21.8 - 29.2)
Columbia, SC	20.3	(17.5 - 23.5)
Dallas-Plano-Irving, TX Metropolitan Division	27.0	(23.7 - 30.7)
Dover, DE	25.5	(22.9 - 28.2)
Fayetteville-Springdale-Rogers, AR-MO	22.5	(18.5 - 27.1)
Greensboro-High Point, NC	21.5	(17.6 - 26.1)
Greenville, SC	20.6	(17.6 - 24)
Houston-Baytown-Sugar Land, TX	27.4	(24.5 - 30.6)
Jackson, MS	27.0	(23.5 - 30.7)
Little Rock-North Little Rock, AR	23.6	(20.8 - 26.7)
Memphis, TN-MS-AR	32.0	(27.5 - 36.8)
Miami-Fort Lauderdale-Miami Beach, FL	28.6	(24.4 - 33.1)
Nashville-Davidson-Murfreesboro, TN	24.6	(20.9 - 28.7)
New Orleans-Metairie-Kenner, LA	29.2	(26.3 - 32.2)
Oklahoma City, OK	28.6	(26.6 - 30.7)
Raleigh-Cary, NC	20.9	(17.1 - 25.3)
Richmond, VA	23.9	(20.5 - 27.7)
Seaford, DE	28.1	(25.2 - 31.3)
Shreveport-Bossier City, LA	30.0	(25.6 - 34.9)
Tulsa, OK	28.4	(26 - 30.9)
Virginia Beach-Norfolk-Newport News, VA-NC	20.3	(17.6 - 23.3)
Washington-Arlington-Alexandria, DC-VA-MD-WV Metropolitan Division	19.4	(17.2 - 21.9)
Wilmington, DE-MD-NJ Metropolitan Division	27.2	(24.7 - 29.9)
Midwest		
Boise City-Nampa, ID	17.3	(15 - 19.8)
Chicago-Naperville-Joliet, IL-IN-WI	26.1	(24.4 - 27.9)
Cincinnati-Middletown, OH-KY-IN	22.0	(19.1 - 25.1)

**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area —
United States, SMART BRFSS 2003**

Metropolitan Area^a	No Leisure-Time Physical Activity^b	
	%^c	95% CI^d
Cleveland-Elyria-Mentor, OH	24.6	(21.1 - 28.5)
Columbus, OH	21.9	(18.3 - 25.9)
Des Moines, IA	19.5	(16.6 - 22.7)
Detroit-Livonia-Dearborn, MI Metropolitan Division	27.1	(22.9 - 31.8)
Durham, NC	20.9	(15.9 - 27.1)
Fargo, ND-MN	17.7	(13.5 - 22.7)
Huntington-Ashland, WV-KY-OH	31.3	(25.8 - 37.3)
Indianapolis, IN	24.1	(21.8 - 26.6)
Kansas City, MO-KS	23.4	(20.9 - 26.1)
Lincoln, NE	16.0	(13.5 - 19)
Louisville, KY-IN	27.4	(23.9 - 31.1)
Milwaukee-Waukesha-West Allis, WI	17.2	(14.6 - 20.1)
Minneapolis-St. Paul-Bloomington, MN-WI	13.7	(12.2 - 15.4)
Omaha-Council Bluffs, NE-IA	21.9	(19.9 - 24)
Rapid City, SD	18.8	(16.2 - 21.6)
Sioux Falls, SD	18.9	(16.1 - 22.1)
St. Louis, MO-IL	20.7	(17.9 - 23.9)
Topeka, KS	32.8	(27.9 - 38.1)
Warren-Farmington Hills-Troy, MI Metropolitan Division	20.9	(17.7 - 24.4)
Wichita, KS	25.4	(22.1 - 29.1)
West		
Albuquerque, NM	19.2	(17.1 - 21.5)
Anchorage, AK	19.0	(15.5 - 22.9)
Bremerton-Silverdale, WA	15.6	(13.1 - 18.5)
Casper, WY	22.6	(18.7 - 27.1)
Cheyenne, WY	21.2	(18 - 24.8)
Denver-Aurora, CO	17.9	(16 - 20.1)
Fairbanks, AK	20.4	(16.7 - 24.7)
Hilo, HI	16.3	(13.8 - 19.2)
Honolulu, HI	18.0	(16.2 - 19.9)
Kahului-Wailuku, HI	20.8	(17.4 - 24.6)
Kennewick-Richland-Pasco, WA	21.8	(18.1 - 26)
Las Cruces, NM	28.2	(24 - 32.8)
Las Vegas-Paradise, NV	25.7	(22.7 - 28.9)
Los Angeles-Long Beach-Glendale, CA Metropolitan Division	25.3	(22.1 - 28.8)
Ogden-Clearfield, UT	17.3	(13.9 - 21.2)
Olympia, WA	16.8	(13.9 - 20.2)
Phoenix-Mesa-Scottsdale, AZ	22.2	(19.3 - 25.4)
Portland-Vancouver-Beaverton, OR-WA	17.9	(16.1 - 19.8)
Reno-Sparks, NV	18.8	(16.1 - 21.9)
Salt Lake City, UT	17.5	(15.2 - 20.1)
San Francisco-Oakland-Fremont, CA	18.9	(15.2 - 23.2)
Seattle-Bellevue-Everett, WA Metropolitan Division	15.9	(14.6 - 17.3)
Spokane, WA	17.8	(15.4 - 20.4)
Tacoma, WA Metropolitan Division	18.7	(16.6 - 21)
Tucson, AZ	15.0	(12.4 - 18.1)
Wenatchee, WA	22.6	(18.7 - 27.1)
Yakima, WA	28.1	(24.3 - 32.2)

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

^aMetropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 05-02, June 6, 2003.

^a Metropolitan division is a metropolitan statistical area containing a single urbanized area with a population of 2.5 million that has been subdivided into metropolitan divisions, which function as distinct social and economic areas within the larger metropolitan statistical area.

^bNo leisure-time physical activity = no reported leisure-time physical activities (i.e., any physical activities or exercises such as running, calisthenics, golf, gardening, or walking) in the past month.

^c% = estimated proportion of the population.

^d95% CI = confidence interval.