## Health Services

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| Has a district health services (HSV) coordinator | ● |
| Requires each school to have an HSV coordinator | ○ |
| Requires schools to provide the following health services when needed: | |
| Administration of fluoride rinses | ○ |
| Administration of medications | ● |
| Administration of sports physicals | ○ |
| Alcohol- or other drug-use treatment | ○ |
| Application of dental sealants | ○ |
| Assistance with accessing benefits for students with disabilities | ● |
| Assistance with enrolling in Medicaid or SCHIP[4] | ● |
| Assistance with enrolling in WIC[5] or accessing food stamps or food banks | ● |
| Cardiopulmonary resuscitation (CPR) | ● |
| Case management for students with chronic health conditions | ● |
| Case management for students with disabilities | ● |
| Counseling for emotional or behavioral disorders | ● |
| Crisis intervention for personal problems | ● |
| Eating disorders treatment | ○ |
| First aid | ● |
| HIV counseling, testing, and referral | ● |
| Identification of emotional or behavioral disorders | ● |
| Identification of or referral for physical, sexual, or emotional abuse | ● |
| Identification of or referrals for oral health problems | ● |
| Identification or school-based management of acute illnesses | ● |
| Identification or school-based management of chronic health conditions | ● |
| Identification or treatment of STDs | ○ |
| Immunizations | ● |
| Instruction on self-management of chronic health conditions | ● |
| Prenatal care referrals | ● |
| Referrals for after-school programs | ? |
| Referrals for child care for teen mothers | ● |
| Services for gay, lesbian, or bisexual students | ● |

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| Stress management | ○ | |
| Tobacco-use cessation | ○ | |
| Tracking of students with chronic health conditions | ● | |
| Weight management | ○ | |
| Requires schools to provide the following prevention services: | | |
| Alcohol- or other drug-use prevention | ● | |
| HIV prevention | ● | |
| Injury prevention and safety counseling | ● | |
| Nutrition and dietary behavior counseling | ○ | |
| Physical activity and fitness counseling | ○ | |
| Pregnancy prevention | ● | |
| STD prevention | ● | |
| Suicide prevention | ● | |
| Tobacco-use prevention | ● | |
| Violence prevention | ● | |
| Requires the following immunizations or vaccinations for entry into kindergarten or first grade: | | |
| Chicken pox (varicella) | ● | |
| Diphtheria | ● | |
| Haemophilus influenzae type B | ● | |
| Hepatitis B | ● | |
| Influenza | ○ | |
| Measles-containing | ● | |
| Polio | ● | |
| Tetanus | ● | |
| Requires the following immunizations or vaccinations for entry into middle school and high school: | | |
| | Middle School | High School |
| Chicken pox (varicella) | ○ | ○ |
| Hepatitis A | ○ | ○ |
| Hepatitis B | ● | ● |
| Second measles-containing | ● | ● |
| Tetanus booster | ● | ● |
| Requires schools to make condoms available to students | ○ | |
| Has adopted a policy related to who may administer medications to a student at school | ● | |
| Requires the following documentation before school staff may administer medication: | | |
| Written information on possible side-effects | ○ | |
| Written instructions from the physician | ● | |
| Written request from the parent or guardian | ● | |
| Allows students to carry and self-administer the following medications: | | |
| Epinephrine auto-injector | ● | |
| Insulin or other injected medications | ● | |
| Other prescribed medications | ● | |
| Over-the-counter medications | ○ | |

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| Prescription quick-relief inhaler | ● |
| Requires supplies for applying standard or universal precautions be available in the following locations: | |
| In all classrooms | ● |
| In the gymnasium, on playgrounds, or on playing fields | ● |
| On school buses or in other vehicles used to transport students | ● |
| Requires schools to allow students with HIV infection or acquired immunodeficiency syndrome (AIDS) to engage in the following activities as long as they are able: | |
| Attend classes | ● |
| Participate in school sports | ● |
| Participate in any other school activities | ● |
| Requires schools to allow teachers and staff with HIV infection or AIDS to work as long as they are able | ● |
| Requires schools to: | |
| Complete injury reports | ● |
| Complete illness reports | ● |
| Requires schools to screen students for the following health problems: | |
| Hearing problems | ● |
| Height and weight or body mass problems | ● |
| Oral health problems | ○ |
| Scoliosis | ● |
| Vision problems | ● |
| Specifies a maximum student-to-school nurse ratio | ○ |
| Requires at least one full-time school nurse per school | ○ |
| Requires school nurse participation in Individualized Education Programs (IEPs) when indicated | ● |
| Requires school nurse participation in Individualized Health Plans (IHPs) | ● |
| Requires school nurse participation in 504 plans when indicated | ● |
| Requires health services staff to follow “Do Not Resuscitate” (DNR) orders | ○ |
| Has schools that serve as Medicaid providers by providing health services to students | ● |
| Has school-based health centers (SBHCs) that serve as Medicaid providers by providing health services to students | ● |
| Provides funding for any school-based health centers | ● |
| Requires minimum education level for newly hired school nurses | ●[6] |

| Requires newly hired school nurses to have the following licenses and certifications: | |
|---|---|
| LPN license | ● |
| RN license | ● |
| National certification from the National Board for Certification of School Nurses | ○ |
| State school nurse certification | ○ |
| Provided funding for staff development or offered staff development to school nurses during the past two years on the following health services topics: | |
| Accessing benefits for students with disabilities | ○ |
| Administration of fluoride rinses | ○ |
| Administration of medications | ● |
| After-school programs | ○ |
| Alcohol- or other drug-use treatment | ○ |
| Application of dental sealants | ○ |
| Case management for students with chronic health conditions | ● |
| Case management for students with disabilities | ● |
| Child care options for teen mothers | ○ |
| Counseling for emotional or behavioral disorders | ● |
| CPR | ● |
| Crisis intervention for personal problems | ● |
| Eating disorders treatment | ○ |
| Emergency preparedness | ● |
| Enrollment in WIC or accessing food stamps or food banks | ○ |
| Enrollment in Medicaid or SCHIP | ○ |
| Federal laws that protect the privacy of student health information | ● |
| First aid | ● |
| Foodborne illness outbreak detection and response | ● |
| HIV counseling, testing, and referral | ● |
| Identification of emotional or behavioral disorders | ● |
| Identification of or referral for physical, sexual, or emotional abuse | ● |
| Identification or school-based management of acute illnesses | ● |
| Identification or school-based management of chronic illnesses | ● |
| Identification or treatment of STDs | ○ |
| Immunizations | ● |
| Infectious disease prevention | ● |
| Oral health problems | ○ |
| Prenatal care referrals | ○ |

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| Services for gay, lesbian, or bisexual students | ○ |
| Sports physicals | ○ |
| Stress management | ○ |
| Teaching self-management of chronic health conditions | ● |
| Tobacco-use cessation | ○ |
| Tracking of students with chronic health conditions | ○ |
| Weight management | ● |
| Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics: | |
| Alcohol- or other drug-use prevention | ● |
| HIV prevention | ● |
| Injury prevention and safety counseling | ● |
| Nutrition and dietary behavior counseling | ● |
| Physical activity and fitness counseling | ● |
| Pregnancy prevention | ● |
| STD prevention | ● |
| Suicide prevention | ● |
| Tobacco-use prevention | ● |
| Violence prevention | ● |
| Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: | |
| HIV infection or AIDS | ● |
| Severe food or other allergies | ● |
| Chronic health conditions | ● |
| Infectious disease prevention | ● |
| Provides model policies to schools on the following health topics: | |
| HIV infection or AIDS | ● |
| Severe food or other allergies | ● |
| Chronic health conditions | ● |
| Infectious disease prevention | ● |
| Evaluated the following aspects of the school health services program during the past two years: | |
| Quality of school health services program | ● |
| School health services policies | ● |
| School health services staff development or in-service programs | ● |

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

## Footnotes

[1] Unless otherwise indicated,

- ● Yes
- ○ No

NA Not Applicable

? Incomplete Data

[2]

- ● Requires
- ◒ Recommends or Encourages
- ○ Neither Requires, Recommends, nor Encourages
- ? Incomplete Data

[3]

- ● Prohibits
- ◒ Discourages
- ○ Neither Prohibits nor Discourages
- ? Incomplete Data

[4] SCHIP is the State Children's Health Insurance Program.

[5] WIC is the Special Supplemental Food Program for Women, Infants, and Children.

6

- ● Associate's Degree in Nursing
- ●● Undergraduate Degree in Nursing
- ●●● Graduate Degree in Nursing
- ○ Associate's Degree in Any Field
- ○○ Undergraduate Degree in Any Field
- ○○○ Graduate Degree in Any Field
- NA Not Applicable
- ? Incomplete Data

7

- ● Undergraduate Degree in Specific Field
- ●● Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- ○ Undergraduate Degree in Any Field
- ○○ Master's Degree in Any Field
- ○○○ Doctoral Degree in Any Field
- ◒ Other Degree
- NA Not Applicable
- ? Incomplete Data

8

- ● High school diploma or GED
- ●● Associate's degree in nutrition or a related field
- ●●● Undergraduate degree in nutrition or a related field
- ○ Graduate degree in nutrition or a related field
- NA Not Applicable
- ? Incomplete Data

9

- ● Yes (For Breakfast, All Schools)
- ◒ Yes (For Breakfast, Some Categories of Schools)
- ○ No
- ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

11

- ● Both on School Property and at Off-Campus, School-Sponsored Events
- ◒ On School Property Only
- ○ Neither on School Property nor at Off-Campus, School-Sponsored Events
- ? Incomplete Data

12

- ● Required of All Faculty and Staff
- ◒ Required of Some Faculty and Staff
- ○ Not Required on Any Faculty or Staff
- ? Incomplete Data