

# Indicators for School Health Programs

## Coordinated School Health Programs (CSHP) Conducted by State Education Agencies (SEA)\*

Fiscal Years 2003-2009 under Funding Opportunity Announcements 03004 and 801

March 1, 2003-February 28, 2010

### HEALTH PROMOTION PROGRAMS AND ENVIRONMENTAL APPROACHES

Percentage of CSHP Projects that Distributed Model Programs, Guidance, Implementation Strategies, or Other Resource Materials (Excluding Policies) about Each of the Following Topics to Help Schools Promote Physical Activity, Healthy Eating, and a Tobacco-Free Lifestyle Assisted Districts or Schools in Policy Development or Policy Implementation on Each of the Following Health Education Topics

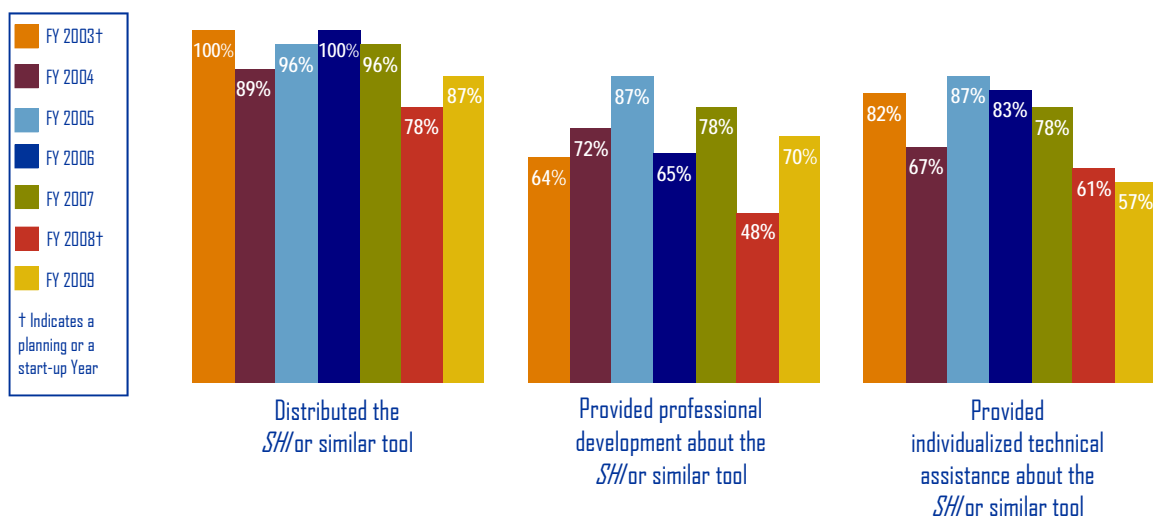
	2003	2004	2005	2006	2007	2008	2009
Improving physical activity opportunities during school breaks or recess <sup>1</sup>	64	67	96	83	70	70	74
Planning or implementing walk-to-school initiatives	55	61	65	78	61	61	61
Planning or implementing organized physical activity programs beyond physical education or competitive athletics	36	50	70	65	61	61	61
Improving nutritional quality of school meals	73	83	74	78	70	65	74
Marketing healthy school meals	64	56	65	74	65	65	57
Improving the nutritional quality of school food and beverages outside of school meals	82	83	87	78	78	78	70
Marketing healthy school food and beverages outside of school meals	64	67	78	74	70	70	61
Tobacco use cessation programs for students <sup>2</sup>	45	56	57	70	83	61	78

<sup>1</sup> In FY2006 and FY2007, this item was "Increasing physical activity opportunities during school-day breaks, recess, or in the classroom." In FY2008 and FY2009, school-day breaks and recess opportunities were asked separately. This table reports those that responded "Yes" to one or both of these.

<sup>2</sup> In FY2006-FY2009, this item was "Conducting tobacco-use prevention programs for students."

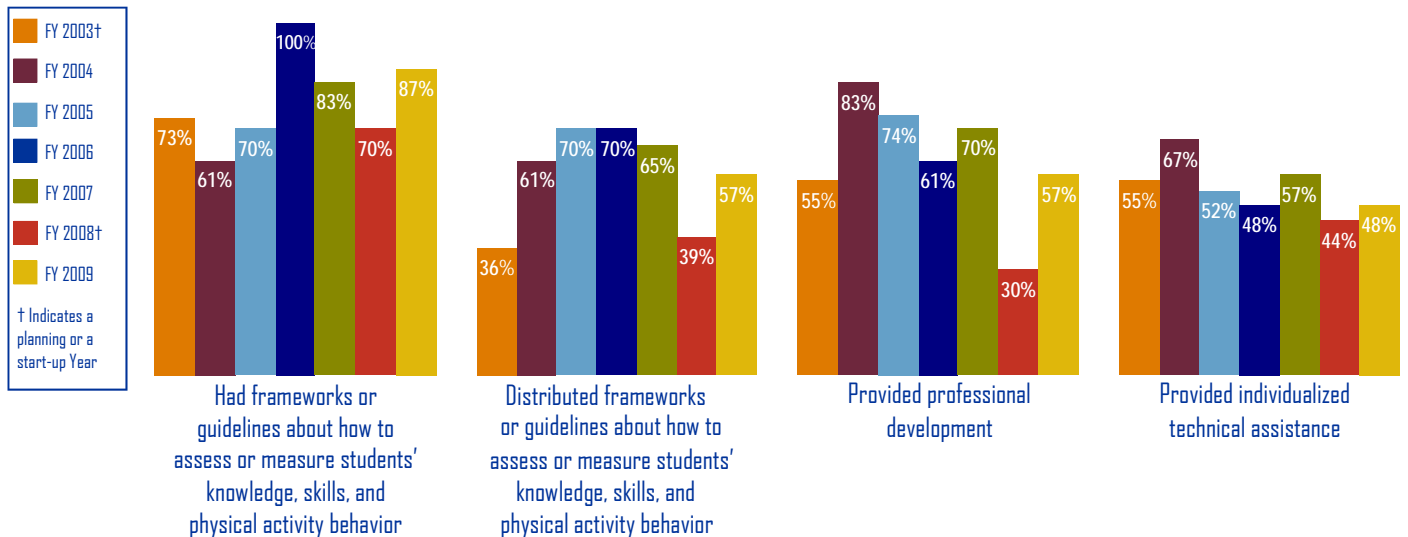
### PROJECT PLANNING

Percentage of CSHP Projects That Participated in Any of the Following Activities to Help Districts or Schools Use the *School Health Index (SHI)* or Similar Tool to Assess or Plan School Health Programs

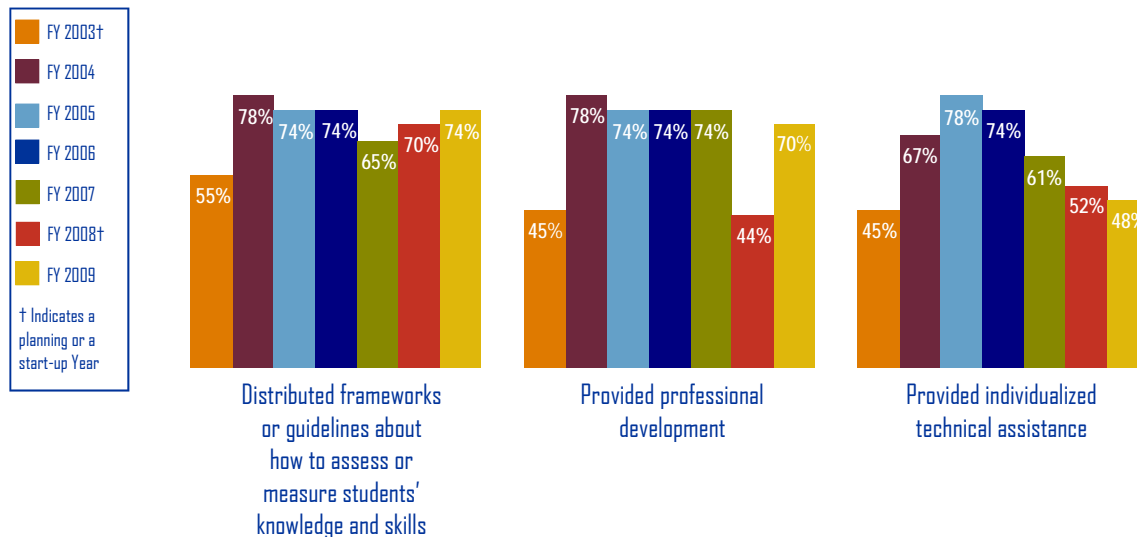


## ASSESSMENT OF STUDENT PERFORMANCE

Percentage of CSHP Projects That Participated in Any of the Following Activities to Help Districts or Schools Assess or Measure Students' Knowledge, Skills, and Physical Activity Behavior in Physical Education



Percentage of CSHP Projects That Participated in Any of the Following Activities to Help Districts or Schools Assess or Measure Students' Knowledge and Skills for Physical Activity, Nutrition, or Tobacco-Use Prevention in Health Education



\*In fiscal year 2003, 11 of 18 (61%) SEAs responded (FL, HI, KN, KY, MA, ME, MI, ND, OR, RI, and SD).

In fiscal year 2004, 18 of 23 (78%) SEAs responded (all from 2003 except FL, plus AR, CA, CO, IN, NY, SC, WA, and WV).

In fiscal years 2005-2007, 23 of 23 (100%) SEAs responded (all from 2003 and 2004, plus NC, TN, VT, and WI).

In fiscal years 2008-2009, 23 of 23 (100%) agencies responded (AR, AZ, CA, CO, CT, ID, KY, MA, ME, MI, MN, MS, NC, ND, NH, NY, OH, SC, SD, WA, WI, WV, and Nez Perce Tribe).

For further information or assistance on the Indicators, contact the Evaluation Research Team at [ert@cdc.gov](mailto:ert@cdc.gov) or via the CDC web site at <http://www.cdc.gov/healthyyouth/evaluation/index.htm>.