## Mental Health and Social Services

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|---|---|
| Has a district mental health and social services (MHSS) coordinator | ● |
| Requires each school to have an MHSS coordinator | ○ |
| Requires MHSS staff participation in IEPs when indicated | ● |
| Requires MHSS staff participation in IHPs when indicated | ○ |
| Requires MHSS staff participation in 504 plans when indicated | ● |
| Has SBHCs that serve as Medicaid providers by providing mental health or social services | ○ |
| Requires a minimum education level for newly hired school counselors | ●●[7] |
| Requires a minimum education level for newly hired school psychologists | ●●[7] |
| Requires a minimum education level for newly hired school social workers | ●[7] |
| Requires newly hired school counselors to be certified by a state agency or board | ● |
| Requires newly hired school psychologists to be certified by a state agency or board | ● |
| Requires newly hired school social workers to be certified by a state agency or board | ● |
| Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following mental health and social services topics: | |
| After-school programs | ○ |
| Alcohol- or other drug-use treatment | ● |
| Child care options for teen mothers | ● |
| Counseling after a natural disaster or other emergency or crisis situation | ● |
| Counseling for emotional or behavioral disorders | ○ |
| Crisis intervention for personal problems | ● |
| Eating disorders treatment | ○ |
| Emergency preparedness | ○ |
| Enrollment in Medicaid or SCHIP | ○ |
| Enrollment in WIC or accessing food stamps or food banks | ○ |
| HIV counseling, testing, and referral | ○ |
| Identification of emotional or behavioral disorders | ● |
| Identification of or referral for physical, sexual, or emotional abuse | ● |

| | | | |
|---|---|---|---|
| Identification of or referral for students with family problems | ● | | |
| Job readiness skills programs | ● | | |
| Services for gay, lesbian, or bisexual students | ● | | |
| Stress management | ○ | | |
| Tobacco-use cessation | ● | | |
| Ways to promote a positive school climate | ● | | |
| Weight management | ● | | |
| Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following prevention services topics: | | | |
| Alcohol- or other drug-use prevention | ● | | |
| HIV prevention | ● | | |
| Injury prevention and safety counseling | ● | | |
| Nutrition and dietary behavior counseling | ○ | | |
| Physical activity and fitness counseling | ○ | | |
| Pregnancy prevention | ● | | |
| STD prevention | ● | | |
| Suicide prevention | ● | | |
| Tobacco-use prevention | ● | | |
| Violence prevention | ● | | |
| Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following methods of service delivery: | | | |
| Case management for students with chronic health conditions | ● | | |
| Case management for students with emotional or behavioral problems | ● | | |
| Comprehensive assessment or intake evaluation | ○ | | |
| Family counseling | ● | | |
| Group counseling | ● | | |
| Individual counseling | ● | | |
| Peer counseling or mediation | ● | | |
| Self-help or support groups | ● | | |
| Provided model policies or other guidance to schools on providing mental health or social services to students during the past two years | ● | | |
| | Elementary Schools | Middle Schools | High Schools |
| Requires schools to have at least one full-time counselor in each school | ○ | ● | ● |
| Requires student assistance programs | ● | | |
| Requires schools to create and maintain student support teams | ● | | |

| Evaluated the following aspects of the mental health or social services program during the past two years: | |
|---|---|
| Student use of school mental health or social services program | ● |
| Quality of school mental health or social services program | ○ |
| School mental health or social services policies | NA |
| School mental health or social services staff development or in-service programs | ● |

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

## Footnotes

[1] Unless otherwise indicated,

- ● Yes
- ○ No

NA Not Applicable

? Incomplete Data

[2]

- ● Requires
- ◒ Recommends or Encourages
- ○ Neither Requires, Recommends, nor Encourages

? Incomplete Data

[3]

- ● Prohibits
- ◒ Discourages
- ○ Neither Prohibits nor Discourages

? Incomplete Data

[4] SCHIP is the State Children's Health Insurance Program.

[5] WIC is the Special Supplemental Food Program for Women, Infants, and Children.

6

- ● Associate's Degree in Nursing
- ●● Undergraduate Degree in Nursing
- ●●● Graduate Degree in Nursing
- ○ Associate's Degree in Any Field
- ○○ Undergraduate Degree in Any Field
- ○○○ Graduate Degree in Any Field
- NA Not Applicable
- ? Incomplete Data

7

- ● Undergraduate Degree in Specific Field
- ●● Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- ○ Undergraduate Degree in Any Field
- ○○ Master's Degree in Any Field
- ○○○ Doctoral Degree in Any Field
- ◒ Other Degree
- NA Not Applicable
- ? Incomplete Data

8

- ● High school diploma or GED
- ●● Associate's degree in nutrition or a related field
- ●●● Undergraduate degree in nutrition or a related field
- ○ Graduate degree in nutrition or a related field
- NA Not Applicable
- ? Incomplete Data

9

- ● Yes (For Breakfast, All Schools)
- ◒ Yes (For Breakfast, Some Categories of Schools)
- ○ No
- ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

11

- ● Both on School Property and at Off-Campus, School-Sponsored Events
- ◒ On School Property Only
- ○ Neither on School Property nor at Off-Campus, School-Sponsored Events
- ? Incomplete Data

12

- ● Required of All Faculty and Staff
- ◒ Required of Some Faculty and Staff
- ○ Not Required on Any Faculty or Staff
- ? Incomplete Data