

## ***Resources for Module 2: Health Education***

### **Materials/Publications**

#### ***General***

- A Competency-based Framework for Professional Development of Certified Health Education Specialists*, New York: National Commission for Health Education Credentialing, 1996, [www.nchec.org](http://www.nchec.org)
- Assessing Health Literacy: A Guide to Portfolios*, Council of Chief State School Officers-State Collaborative on Assessment and Student Standards (SCASS) Health Education Project, Santa Cruz, CA: ToucanEd Publications, 1999, [www.toucaned.com/inside/products.html](http://www.toucaned.com/inside/products.html)
- Assessing Health Literacy: Assessment Framework*, Council of Chief State School Officers-State Collaborative on Assessment and Student Standards (SCASS) Health Education Project, Santa Cruz, CA: ToucanEd Publications, 1998, [www.toucaned.com/inside/products.html](http://www.toucaned.com/inside/products.html)
- Community Agency and School Collaboration to Enhance Health Education: Putting Together the Pieces*, Brothen K, Anderson BJ, 1997, Minnesota Department of Children, Families and Learning, [education.state.mn.us/stellent/groups/public/documents/translatedcontent/pub\\_mde\\_home.jsp](http://education.state.mn.us/stellent/groups/public/documents/translatedcontent/pub_mde_home.jsp)
- Cultural Awareness and Sensitivity: Guidelines for Health Educators*, Reston, VA: American Association for Health Education, 1994, [www.aahperd.org](http://www.aahperd.org) (Click on "Online Store")
- Educating for Health: A Guide to Implementing a Comprehensive Approach to School Health Education*, Marx E, Northrop D, editors, New York, NY: Education Development Center Inc., 1995, [www.edc.org](http://www.edc.org) (Click on "Publications," then on "Promoting Health")
- Manual on Responsibilities and Competencies of Teachers of Young Adolescents for Promoting Healthy Development*, Reston, VA: American Association for Health Education, 1998, [www.aahperd.org](http://www.aahperd.org) (Click on "Online Store")
- National Health Education Standards: Achieving Health Literacy*, American Association for Health Education, American Cancer Society, American School Health Association, Atlanta, GA: American Cancer Society, 1995, [www.aahperd.org](http://www.aahperd.org) (Click on "Online Store")
- Personal and Social Skills* (3 volumes), Fetro JV, Scotts Valley, CA: Education, Training and Research Associates, 1999, [www.etr.org](http://www.etr.org)
- Step by Step to Peer Health Education Programs: A Planning Guide*, Goldsmith M, Reynolds ST, Scotts Valley, CA: Education, Training and Research Associates 1996, [www.etr.org/](http://www.etr.org/) (Click on "Search and Order")

#### ***Nutrition***

- JumpSTART Program. National Heart, Lung, and Blood Institute.  
[www.nhlbi.nih.gov/health/prof/heart/other/jumpstrt.htm/](http://www.nhlbi.nih.gov/health/prof/heart/other/jumpstrt.htm/)
- Nutrition Literacy Toolkit*, Colorado Department of Education, 2000,  
[www.cde.state.co.us/cdenutritran/nutritoolkit.htm](http://www.cde.state.co.us/cdenutritran/nutritoolkit.htm)
- Resources for Teachers*, U.S. Department of Agriculture/Team Nutrition,  
[www.fns.usda.gov/tn/Educators/index.htm](http://www.fns.usda.gov/tn/Educators/index.htm)
- Strategies for Success II: Enhancing Academic Performance and Health Through Nutrition Education*, California Department of Education/Nutrition Education and Training Program, 2001,  
<http://www.cde.ca.gov/ls/nu/he/documents/strategy2.pdf>
- Team Nutrition Days and Beyond: How-to Kit*, U.S. Department of Agriculture/Team Nutrition, 1997,  
[www.fns.usda.gov/tn/Resources/howtokit.html](http://www.fns.usda.gov/tn/Resources/howtokit.html)
- Team Nutrition School Activity Planner: A How-to Guide for Team Nutrition Schools and Supporters*, U.S. Department of Agriculture/Team Nutrition, 1997, [www.fns.usda.gov/tn/Resources/activityplanner.pdf](http://www.fns.usda.gov/tn/Resources/activityplanner.pdf)
- The Power of Choice. Helping Youth Make Healthy Eating and Fitness Decisions: A leaders guide*. US Department of Agriculture and US Department of Health and Human Services, 2003

#### ***Tobacco***

- Exemplary & Promising Safe, Disciplined, and Drug-free Schools*, U.S. Department of Education, Safe and Drug-free Schools Program, 2001, [www.ed.gov/admins/lead/safety/exemplary01/exemplary01.pdf](http://www.ed.gov/admins/lead/safety/exemplary01/exemplary01.pdf)
- Making the Grade: A Guide to School Drug Prevention Programs*, Washington DC: Drug Strategies, 2000, [www.drugstrategies.com/pubs.html](http://www.drugstrategies.com/pubs.html)

## SCHOOL HEALTH INDEX – ELEMENTARY SCHOOL

*SAMHSA Model Programs: Effective Substance Abuse and Mental Health Programs for Every Community*, Substance Abuse and Mental Health Services Administration, 2003, [http://www.modelprograms.samhsa.gov/template\\_cf.cfm?page=pubs\\_cate](http://www.modelprograms.samhsa.gov/template_cf.cfm?page=pubs_cate)  
*Research-tested Intervention Programs*, National Cancer Institute, <http://cancercontrol.cancer.gov/rtips/index.asp>  
*Preventing Drug Use Among Children and Adolescents: A Research Based Guide*, National Institute on Drug Abuse, National Institutes of Health, [www.nida.nih.gov/Prevention/Prevopen.html](http://www.nida.nih.gov/Prevention/Prevopen.html)

### ***Unintentional Injury and Violence***

*Basic Emergency Lifesaving Skills (BELS): A Framework for Teaching Emergency Lifesaving Skills to Children and Adolescents*, Health Resources and Services Administration, Newton, MA: Children's Safety Network, Education Development Center, Inc., 1999, [www.childrenssafetynetwork.org](http://www.childrenssafetynetwork.org)  
*Blueprints for Violence Prevention*, Elliot DS, Center for the Study and Prevention of Violence, Institute of Behavioral Sciences, University of Colorado at Boulder, 1998, [www.colorado.edu/cspv/blueprints](http://www.colorado.edu/cspv/blueprints)  
*Children and Agriculture: Opportunities for Safety and Health*, National Committee for Childhood Agricultural Injury Prevention, Marshfield, WI: Marshfield Clinic, 1996, [www.cdc.gov/niosh/childag/ChildAghome.html](http://www.cdc.gov/niosh/childag/ChildAghome.html)  
*Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students*, American College of Obstetricians and Gynecologists, 2000, [www.acog.org/from\\_home/publications/drawingtheline](http://www.acog.org/from_home/publications/drawingtheline)  
*Safe Work/Safe Workers: A Guide for Teaching High School Students About Occupational Safety and Health*, Occupational Health Surveillance Program, Massachusetts Department of Public Health, Children's Safety Network at Education Development Center, Inc., 2001, <http://www.mass.gov/dph/bhsre/ohsp/teens/sw.htm>  
*Systematic Reviews of Childhood Injury Prevention Interventions*, Harborview Medical Center Injury Prevention and Research Center, University of Washington, 2000, <http://depts.washington.edu/hiprc/practices>  
*What Works in Preventing Unintentional Injuries in Children and Young Adolescents? An Updated Systematic Review*, Towner E, Dowswell T, Mackereth C, Jarvis S, Health Development Agency, 2001, [www.hda-online.org.uk/downloads/pdfs/prevent\\_injuries.pdf](http://www.hda-online.org.uk/downloads/pdfs/prevent_injuries.pdf)

### ***Asthma***

*Asthma Awareness Curriculum for the Elementary Classroom*. National Institutes of Health, National Asthma Education and Prevention Program, 1993, [www.nhlbi.nih.gov/health/prof/lung/asthma/school/index.htm](http://www.nhlbi.nih.gov/health/prof/lung/asthma/school/index.htm)  
*Breath of Life Exhibit*. National Library of Medicine, <http://www.nlm.nih.gov/hmd/breath/breathhome.html>  
*Implementation Guide, Quest for the Code: An Adventure Game about Managing Asthma for Children*. STARBRIGHT Foundation, 2003, <http://www.starbright.org/schoolasthma>  
*Meet Disease Detective, Dr. Asthma*. Centers for Disease Control and Prevention, [http://www.bam.gov/detectives/meet\\_redd.htm](http://www.bam.gov/detectives/meet_redd.htm)  
*National Asthma Educator Certification Board*, <http://www.naecb.org>  
*Open Airways for Schools, an Education Program for Students with Asthma*. American Lung Association, 2003, <http://www.lungusa.org/site/pp.asp?c=dvLUK900E&b=44142>  
*Roaring Adventures of Puff: Childhood Asthma Education Program*. Alberta Asthma Centre, 2000, <http://www.stjosham.on.ca/sjhh/pdf/RAP.pdf>  
*Tobacco Information and Prevention Source: Education Materials*. Centers for Disease Control and Prevention, Office on Smoking and Health, <http://www.cdc.gov/tobacco/edumat.htm>  
*Tips 4 Youth*. Centers for Disease Control and Prevention, Office on Smoking and Health, <http://www.cdc.gov/tobacco/tips4youth.htm>