



Summary of Activities Related to ME/CFS Workforce Development

After 2015 IOM Report

Interagency ME/CFS Workgroup Meeting
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How We Conducted Activities

- Audience
 - Healthcare Providers
 - Primary Care, Pediatrics, Nursing Professionals
 - Residents and Medical Students
 - Public Health Professionals
 - General Public
 - Patients and Caregivers
- Channel
 - Continuing Education, Public Health Grand Rounds, Peer-Review Publications, CDC Website, Roundtable Meetings

Public Health Grand Rounds

The screenshot shows a video player interface. At the top left is the CDC logo and the text 'Chronic Fatigue Syndrome: Advancing Research and Clinical Education'. The main title 'CDC PUBLIC HEALTH GRAND ROUNDS' is displayed in large white letters on a dark blue background. Below this, the video title 'Chronic Fatigue Syndrome: Advancing Research and Clinical Education' is shown in black text on a white background. The video content area features a collage of images: on the left, brain scan cross-sections with a color scale; in the center, a healthcare provider in blue scrubs talking to a patient in an orange shirt; on the right, a patient in a hospital bed being attended to by a healthcare professional. At the bottom of the video player, there is a 'MORE VIDEOS' button, the date 'February 16, 2016', the CDC logo, and the text 'U.S. Department of Health and Human Services Centers for Disease Control and Prevention'. The video progress bar shows '0:04 / 1:00:21'.

- Unique CDC forum to educate healthcare providers and public health professionals
- Used to introduce IOM clinical case definition and review knowledge about ME/CFS
- Included CME, publication in MMWR, and “Beyond the Data” clip

<https://www.cdc.gov/grand-rounds/pp/2016/20160216-chronic-fatigue.html>

<https://www.cdc.gov/mmwr/volumes/65/wr/mm655051a4.htm>

Continuing Medical Education

- Medscape Partnership—Three CME courses with over 42,000 learners
 - Roundtable—Diagnosing Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: The Experts Weigh In
 - ME/CFS: Case-Based Learning
 - ME/CFS: Test your strength and knowledge gaps
- Medscape Expert Commentary
- MedEd Portal publication
- CMEs sponsored through professional organizations
 - National Association of School Nurses
 - Georgia Chapter American Association of Pediatrics
- Assistance to third party websites
 - Discussion with UptoDate, Mayo Clinic, U Pittsburgh EMS Module

Facilitating Knowledge Sharing

- Roundtable meetings 2016 and 2018
- Engage government, patient advocates, professional medical organizations, research groups in dialogue
 - ME/CFS case definition
 - Health educational materials (patient and provider toolkits)
- ME/CFS Stakeholder Engagement Communications (SEC) Calls
 - Ongoing since 2012, 2-3 calls per year

CDC ME/CFS Website—English and Spanish

- Section for ME/CFS in Children
- Section for Healthcare Professionals
- Voice of the Patient Series
- ME/CFS International Awareness Day—CDC Features
 - CDC Public Health Matters Blog
 - Our Global Voices Blog
- Public Service Announcement Video
- Two clinician videos on diagnosing and managing ME/CFS

Thank you

For more information, contact CDC
1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

