



ADDITIONAL RESOURCES FOR IYCF-E

Accessible link: <https://www.cdc.gov/nutrition/emergencies-infant-feeding/additional-resources.html>

CDC Resources

Feeding

- [Traveling Recommendations for Nursing Families](#)
- [Another Woman's Expressed Breast Milk](#)
- [Infant and Toddler Nutrition](#)
- [Supporting Families with Relactation](#)

Cleaning

- [Proper Storage and Preparation of Breast Milk](#)
- [Frequently Asked Questions on Cleaning Infant Feeding Items](#)
- [How to Keep your Breast Pump Kit Clean](#)
- [Planning Checklist for Diapering Stations in Shelters](#)

Emergency preparedness and response

- [Traumatic Incident Stress](#)
- [Safety Messages for Pregnant, Postpartum, and Breastfeeding Women During Disasters](#)
- [Emergency Preparedness and Response](#)
- [Access and Functional Needs Toolkit: Integrating a Community Partner Network to Inform Risk Communication Strategies](#)
- [Disaster Safety for Expecting and New Parents](#)
- [Reproductive Health in Emergency Preparedness and Response](#)
- [Keep Food Safe After a Disaster or Emergency](#)
- [Caring for Children in a Disaster](#)
- [Emergency Kit Checklist for Families with Children and Youth with Special Healthcare Needs \(CYSHCN\)](#)
- [Public Health Emergency Preparedness and Response Capabilities: National Standards for State, Local, Tribal, and Territorial Public Health](#)

Other Emergency and Preparedness and Related Resources

- American Academy of Pediatrics: [Infant Feeding in Disasters and Emergencies](#)
- American Academy of Pediatrics: [Emergency Information Forms and Emergency Preparedness for Children with Special Health Care Needs](#)

- Administration for Children & Families: [Infant Feeding During Disasters](#)
- HHS & USDA: [2020 – 2025 Dietary Guidelines for Americans](#)
- The Emergency Nutrition Network (ENN): [Operational Guidance on Infant Feeding in Emergencies](#)
- International Lactation Consultant Association (ILCA): [Facts about Breastfeeding in an Emergency: Especially for Health Workers](#)
- International Lactation Consultant Association (ILCA): [Facts about Breastfeeding in an Emergency: Especially for Relief Workers](#)
- The Emergency Nutrition Network (ENN): [Media Guides on Infant and Young Child Feeding in Emergencies](#)
- Carolina Global Breastfeeding Institute (CGBI): [Lactation and Infant Feeding in Emergencies](#)
- Save the Children: [IYCF-E Toolkit](#)
- USDA: [Guide to Coordinating WIC Services During Disaster](#)
- U.S. Department of Health & Human Services: [Hospital Preparedness Program \(HPP\)](#)
- Red Cross and FEMA: [Shelter Field Guide](#)
- American Red Cross: [Sheltering Handbook, Disaster Services](#)

Mental Health Resources

SAMHSA:

- [Depression in Mothers: More than the Blues](#)
- [Tips for Talking to Children after Traumatic Events](#)
- [Behavioral Health Disaster Response Mobile App](#) – assist those responding to disasters to ensure that resources are readily available
- [Behavioral Health Treatment Services Locator](#)
- [Disaster Distress Helpline Brochure](#)
- [Disaster Distress Helpline Card](#)



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention