

FOA DD16-1603: End of Project Period Presentation

Montana Disability & Health Program: Sustainable & Impactful Outcomes

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Disability Advisors – Participation

• 1 in 7 Montanans have a disability. Need for inclusive leadership.

"Nothing...without us!"

- Initiated in 2004, coordinated by the Community Planning Group.
- Amplify and elevate the voices of people with disabilities in public health.
- Disability self-advocates with intersectional experience with chronic disease sit on state Chronic Disease Prevention and Health Promotion Bureau (CDPHP) Boards/Coalitions.
- Seven Disability Advisors actively participate on eight Boards/Coalitions.





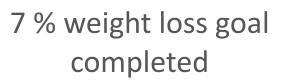
Disability Status Questions – Data

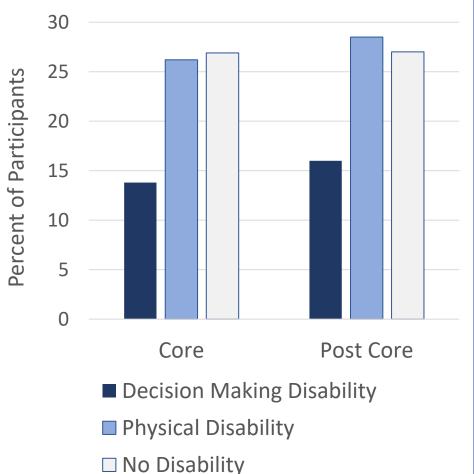
- In 2010, U.S. HHS established the ACS six-item set of questions as the data standard for survey questions on disability.
- Disability Advisors recognized the need for disability data.
- Increase knowledge of participation data, outcomes and disparities of Montana CDPHP program participants with disabilities.
- Initiated in 2014, grown to include 14 state programs.
- CDPHP Bureau programs ask six ACS questions on participant forms.
- Strengthen programs using inclusion solutions (e.g. iCHIP).



CDPHP Program Participant Numbers

Montana CDPHP Programs	Total number of participants	No. (%) of participants with disability
Active Living Every Day ^a	64	9 (14%)
Arthritis Foundation Exercise Program ^a	1,716	560 (33%)
Asthma programs ^a	580	89 (15.3%)
Cancer Control Programs; Breast/Cervical Cancer	24,984	2,184 (8.7%)
Screening ^a		
Chronic Disease Self-Management Program ^a	861	478 (56%)
Community Integrated Healthcare (EMS pilot project) ^b	55*	37 (67%)
Diabetes Prevention Program ^c	5,473	1,485 (27%)
Living Well in the Community ^d	160	160 (100%)
Pregnancy Risk Assessment Monitoring System ^e	813	63 (7.5%)
Quit Line ^f	44,872	9,075 (20%)
Stepping On ^a	69	36 (53%)
Walk with Ease ^a	4,381	475 (11%)
Walk with Ease Self-Directed ^a	4,615	504 (11%)
Worksite Chronic Disease Self-Management Program ^a	128	51 (40%)
Total ^{a-c}	88,716	15,206 (17.1%)





Accessibility Ambassadors (AA) – Action

- Strengthened partnerships between Montana Building Active Communities Initiative that included 26 Montana Community Action Teams, the NAPA Program, CILs and MTDH.
- Providing technical assistance on inclusive healthy communities' <u>evidence-based</u> <u>strategies [cdc.gov]</u>, e.g., from NCHPAD's iCHIP, Complete Streets, Equitable Cities.
- Increased the number of AAs trained to co-facilitate inclusive, interdisciplinary walk/move audits (I2Walks) from 2 to 16.
- Implemented 29 in-person and five virtual I2Walks
- Increased PSE changes to policies, projects, programs, and events supporting safety accessibility, healthy behaviors, and inclusion.



Montana Disability and Health Program

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