

63%

of concussions
in high school
football are from
tackling.

**PROTECT
YOUR BRAIN.**

[Ask your coach
for concussion
safety tips.]

Learn more:
www.cdc.gov/HEADSUP



CDC HEADS UP
SAFE BRAIN. STRONGER FUTURE.



Source: Marar M, McIlvain NM, Fields SK, Comstock RD. Epidemiology of concussions among United States high school athletes in 20 sports. *Am J Sports Med.* 2012;40(4):747-755.