



**YOUR HEAD +
HER SHOULDER
DON'T MAKE A
GREAT TEAM.**

1 in 2
concussions
from heading in
girls' soccer happen
when players
collide.

Ask your coach for
concussion safety tips.

Learn more:
www.cdc.gov/HEADSUP

Source: Marar M, McIlvain N, Fields S, Comstock RD. Epidemiology of concussions among United States high school athletes in 20 sports. *Am J Sports Med.* 2012;40(4):747-755.


CDC HEADS UP
SAFE BRAIN. STRONGER FUTURE.

