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# HEALTH STATISTICS

FROM THE U. S. NATIONAL HEALTH SURVEY

## Attitudes Toward Co-operation in a health examination survey

A study of factors associated with stated intentions of co-operation

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The U. S. National Health Survey is a continuing program under which the Public Health Service makes studies to determine the extent of illness and disability in the population of the United States and to gather related information. It is authorized by Public Law 652, 84th Congress.

### CO-OPERATION OF THE NATIONAL OPINION RESEARCH CENTER AND THE UNIVERSITY OF CHICAGO

Under legislation establishing the National Health Survey, the Public Health Service is authorized to use, insofar as possible, the services or facilities of other Federal, State, or private agencies. The methodological study in this report was performed under a contractual arrangement with the National Opinion Research Center, The University of Chicago.

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### PREFACE

### BACKGROUND OF THE STUDY

This is one of a series of methodological studies planned by the U. S. National Health Survey in the development of a special Health Examination Survey to collect morbidity data based on clinical examinations of a representative sample of the population. The results of two studies have appeared in reports entitled <u>A Study of Special</u> <u>Purpose Medical-History Techniques<sup>1</sup> and Co-op-</u> eration in Health Examination Surveys.<sup>2</sup>

The particular value of a health examination survey lies in its ability to produce reliable diagnostic data on morbidity through the use of medical personnel and objective laboratory tests and measurements. However, the development of this special survey presented a series of problems requiring solution before it could be set under way. Methodological studies were necessary since valid and tested methods did not exist for the collection of many of the needed types of health data, and since improvement and standardization of techniques were vital to the success of the program.

Results of several community studies involving health examinations indicated that one of the principal problems of conducting a nationwide health examination survey would be a potentially low rate of response. The Baltimore,<sup>3</sup> Hunterdon,<sup>4</sup> and Pittsburgh<sup>5</sup> studies involving both household interviews and physical examinations indicated that a complex of factors involving attitudes and health experiences may combine to produce substantial nonresponses. Although the effect of the nonresponse is not known, it is a potential

<sup>4</sup>Commission on Chronic Illness: Chronic Illness in a Rural Area. The Hunterdon Study (Chronic Illness in the United States, Vol. III). Harvard University Press, Cambridge, Mass., 1959. source of serious bias in the data produced by clinical examinations.

Thus results of these earlier studies clearly indicated a need for systematic efforts to estimate the amount of co-operation to be expected in a national sample study and to investigate the more important factors associated with favorable and unfavorable response patterns.

As an initial step in the study of response to be expected in a health examination survey, a supplemental question regarding willingness to be examined was added to the health interview, which is a continuing part of the National Health Survey. Analysis of the results, as reported in Series D-2 of Health Statistics from the U. S. National Health Survey, provided useful information about relative degrees of co-operation to be expected by region, urban, and rural areas, and selected demographic variables.

However, it was believed desirable to carry further the study of willingness to participate and, in particular. to investigate differences in the attitudes of persons expressing interest in being examined and of those who were apparently reluctant. The National Health Survey asked the National Opinion Research Center (NORC) to undertake such a study. The study also offered an opportunity to investigate, for the purpose of increasing response rates, the relative value of varying several of the actual arrangements for the examination, such as the length of the examination, transportation arrangements, location of the examination center, and the examiners used.

The scope of the NORC project was determined by the following considerations:

1. The general objective was to investigate the attitudes, health experiences, and other factors associated with response to a request to participate in a nationwide health examination survey.

2. NORC interviews would be conducted with persons previously interviewed in the regular sample of the Health Interview Survey. This feature of the design was desirable for two major reasons: First, a large reservoir of health data would thus be available for combined use with the attitudinal and health experience data to be gathered in the second interview. Securing extensive data in both areas in a single interview would have posed special problems of interviewer training and

<sup>&</sup>lt;sup>1</sup>U.S. National Health Survey. A Study of Special Purpose Medical-History Techniques. Health Statistics. Series D-1. PHS Publication No. 584-D1. Public Health Service. Washington, D. C., January 1960.

<sup>&</sup>lt;sup>2</sup>U.S. National Health Survey. Co-operation in Healib Examination Surveys. Health Statistics. Series D-2. PHS Publication No. 584-D2. Public Health Service. Washington, D.C., June 1960.

<sup>&</sup>lt;sup>3</sup>Commission on Chronic Illness in 1953-54. Chronic Illness in a Large City. The Baltimore Study (Chronic Illness in the United States, Vol. IV). Harvard University Press, Cambridge, Mass., 1957.

<sup>&</sup>lt;sup>5</sup>Chen, E., and Cobb, S.: Further Study of the Nonparticipation Problems in a Morbidity Survey Involving Clinical Examination. J. Chronic Diseases 7: 321-331. April 1938.

greatly lengthened the NORC interview. Second, asking respondents again about their willingness to participate in a health examination survey would provide a check of the stability of responses secured in the initial health interview. It was felt that the cross-classification of these responses would more nearly reflect the behavior expected if an actual examination were being offered.

3. The sample was restricted to the U.S. urban noninstitutional population. The restriction to urban population was imposed because it was only in the urban areas that both NORC and National Health Survey interviewers could economically interview the same sample.

4. The population to be studied was to be the adult population under 65 years of age. It had already been decided to exclude children from the health examination survey, and at the time the study was done it was the intention to exclude persons 65 years of age and over.

5. It was not expected that this preliminary investigation would yield conclusive answers to the problem but rather a series of working hypotheses. The resulting hypotheses and methods developed were to be studied further in a series of field pretests of the whole health examination survey procedure. Also, it was not anticipated that a single method would be equally applicable to areas of different population densities or even geographic sections of the Nation.

6. It was recognized that in this type of study stated intentions of co-operation do not necessarily coincide with eventual behavior when an examination is offered. However, it seemed reasonable to suppose that these stated intentions would at least be indicative of behavior to be expected in making initial appointments for an examination. Hence, asking about willingness to participate could provide only some tentative information about how people would behave in keeping appointments. Both the National Opinion Research Center and the National Health Survey recognized that it would require more experimentation in situations where examinations were actually being offered and conducted before effective methods could be devised to counteract objections.

. . . . .

For the special studies which are carried out at its expense, but are not directly conducted by the National Health Survey, a staff member is assigned primary responsibility for liaison with the research organization doing the study. In addition to keeping closely informed on the study progress and conveying the viewpoint of the National Health Survey in decisions on study methodology, the liaison person edits the final research report for publication in Health Statistics, Series D. For this study, Elijah L. White discharged these responsibilities.

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## ATTITUDES TOWARD CO-OPERATION IN A HEALTH EXAMINATION SURVEY

The following research report was prepared by the National Opinion Research Center, University of Chicago, under a contract with the U.S. National Health Survey. Paul Borsky, Senior Study Director, directed the project and was responsible for the analysis and report presented here. Ann Brunswick served as Assistant Study Director and participated in all phases of the study. The methodology, findings, and conclusions are those of the National Opinion Research Center. The Bureau of the Census co-operated in providing selected health data from the regular NHS survey for the sample of households to be interviewed by the field staff of NORC.

#### THE RESEARCH PROBLEM

This report is a special methodological study undertaken in preparation for initiating a health examination survey of a nationwide sample of the adult population. The research was carried out by the National Opinion Research Center (NORC) of the University of Chicago as a contract study for the U. S. National Health Survey of the Public Health Service.

#### **Objective of This Study**

Since an unsatisfactory response rate could nullify the best planned and best conducted sample survey, and prevent any valid generalizations of survey findings, the National Health Survey early recognized the problem of nonresponse as very crucial. Aware that respondent co-operation and nonco-operation involve questions of human motivation and behavior, the Public Health Service contracted with the National Opinion Research Center to investigate the problem. NORC was asked to determine, if possible, the factors which influence willingness to participate in a health examination.

The agreement called for a special questionnaire to be developed and administered to a sample of households previously included in the regular household interview survey of the National Health Survey. The major objective was to obtain increased knowledge of the factors associated with response patterns, leading to working hypotheses and methods designed to minimize problems of response in the projected survey.

#### Other Relevant Research Findings

An indication of the serious magnitude of the nonco-operation problem is revealed by three other recent health examination surveys. Despite intensive persuasion efforts in these surveys, from 30 to 40 percent of the public failed to co-operate in a free health examination. Obviously such large nonparticipation rates represent a potential source of serious bias in the research findings.

A summary of the participation rates achieved in these three local community studies is presented below.

Acceptance of medical examinations in

three population	on survey	S
	Medicall	y examined
Population surveys	Number of persons	Percent of pop- ulation ini- tially con- tacted
Hunterdon County, 1952-55		r.
(Commission on Chronic Illness) (8)	846	72
Baltimore 1953-55 (Commission on Chronic Illness) (5,6)	809	63
Pittsburgh, 1953-54 (Arthritis Study, U. of Pittsburgh) (1,4)	429	61

NOTE: Numbers in parentheses refer to references listed at the end of this text.

Unfortunately, none of these studies had built into their basic plans any systematic scheme for determining the reasons for co-operation or nonco-operation. However, Chen and Cobb<sup>1</sup> did a postexamination attitude study in the Pittsburgh arthritis survey and were able to gain some insight

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into the problem, while other researchers have reported subjective impressions and some sociological characteristics of co-operators which provide additional clues about the factors influencing cooperation. Most of these health examination studies were limited to assessing the health needs of a local community or to the study of particular illnesses or conditions. The only nationwide study was one conducted by NORC<sup>2</sup> in 1955 under sponsorship of the Health Information Foundation, It consisted of a detailed opinion study of attitudes toward health needs, doctors and doctor experiences, medical facilities, and other related health matters. While the report on this study has not yet been published, the NORC was able to utilize its major findings in formulating the hypotheses for the National Health Survey project. Some of the relevant findings of the prior health examination studies are briefly summarized below.

Hochbaum,<sup>3</sup> in reporting on participation in a voluntary chest X-ray program, concluded that there were three sets of conditions that were most important in determining co-operation in a medical examination. The first was described as a psychological state of readiness, including belief in the possibility of oneself contracting the disease. He distinguished between real belief and mere verbal endorsement of the value of diagnostic (X-ray) detection. Real belief involves acceptance of the idea that a person can be sick without knowing it, and a feeling that one can benefit from the early detection of disease. Given the psychological state of readiness or the belief in the potential personal benefit from an examination, two other sets of conditions need to be metthe situational and the environmental. The situational influences include the person's observation of what he suspects may be symptoms of disease, along with the social, medical, and campaign pressures which encourage and reinforce the individual's intention to act. The environmental factors are defined as the physical circumstances which facilitate the appointment process. These include the existence of appropriate facilities and knowledge of their whereabouts, as well as the ease and convenience with which the individual can avail himself of these facilities (time of appointment, distance to be traveled, etc.). Hochbaum concluded that these three sets of conditions cut across the usual demographic stratifications of sex, income, education, et cetera, in influencing. decisions to co-operate in health examinations.

Cobb et. al<sup>4</sup> in their study of the prevalence of arthritis and rheumatism in Pittsburgh found that people who do not co-operate in a clinical examination survey usually have had less experience with medical care, rate their own health higher, and less often report the presence of chronic disease. While the nonco-operators do not differ appreciably from those who do co-operate with regard to negative attitudes toward medical personnel and institutions, they more often give "prefer my own doctor" as the principal reason for refusing to participate.

The Baltimore study by the Commission on Chronic Illness <sup>5, 6</sup> indicated that there were five principal motives for co-operation:

- 1. Conformity to a group pattern
- 2. Fear of contracting diseases because of family history or specific symptoms
- 3. Curiosity about the examination procedures
- 4. Hypochondriasis
- 5. Special need for good health to stay on one's job

From largely subjective reports of the Baltimore survey staff, it was also concluded that the following factors were sometimes obstacles to co-operation:

- 1. Fear of the physical, economic, and social consequences of disease
- 2. Religious or cultist beliefs about medicine
- 3. Preference for one's own doctor
- 4. Misinformation or lack of information about the examination
- 5. Lack of confidence in the effectiveness of the examination
- 6. Inconvenience in the time or place of the examination
- 7. Indifference to health matters
- 8. The cost

Of the other studies that were reviewed for their application to our problem, a degree of consistency was reported on only some of the personal and demographic characteristics of those who cooperate and those who refuse to co-operate in health surveys. Some of the more significant observations can be summarized as follows:

- 1. Married people are more likely to cooperate in health examinations than unmarried. <sup>7, 8, 2</sup>
- 2. There are no differences in response on the basis of sex.<sup>1, 4, 5</sup>
- 3. Middle-aged persons are most likely to cooperate, 1,4,9,10 and there is least participation among the older population. 1-5,7,8,11
- 4. There was some divergence in the findings about the role of education. The better educated persons are more likely to co-operate in general health programs; the less educated ones are the least cooperative.<sup>2, 7-9, 12</sup> But participation is poorest among those with a high school level education; participators more often come from the lower and upper educational groups.<sup>5</sup>
- 5. There is less participation in the low income group<sup>2, 5, 8, 9, 11</sup> and more participation among the middle income group.<sup>12</sup>

- 6. Proxy-respondents (persons for whom another family member reported) more often agree to accept the examination and follow through on having it,<sup>5</sup> but self-respondents give more adequate (comprehensive) reports of their health status.<sup>8</sup>
- 7. The findings on the role of reported unmet health needs are likewise inconclusive. Nonparticipators indicate an awareness of fewer health needs-in terms of the absence of reported chronic conditions, less illness over a given period, higher rating of their current health, and the degree to which they are taking good care of their health.<sup>1, 4, 5</sup> However, actual unmet health needs are believed to be greatest among low income, low socioeconomic status groups, who are least co-operative in health programs.<sup>11,12</sup> And the middle socioeconomic status group seems to seek most treatment for illness.12
- 8. The findings with regard to prior experiences with doctors are also inconclusive. Some evidence suggests that participators and nonparticipators cannot be differentiated on the basis of having a regular doctor, and/or having used a doctor over a given period, and/or the length of time since last physical examination.<sup>7, 10</sup>

Some studies have found considerable use of nonmedical personnel for treatment of illness,<sup>11</sup> especially among low socioeconomic status groups.<sup>12</sup> Low socioeconomic status groups also report having a regular family doctor less often.<sup>11</sup>

As noted before, the Pittsburgh study found that participators report more previous medical experiences than nonparticipators.<sup>1</sup>

9. Participation in health surveys is greater when others in the respondent's reference group (family, friends, co-workers, etc.) favor participation.<sup>2</sup>, 3, 5, 9, 12

Many factors undoubtedly account for the lack of greater agreement among the findings of the various studies. As noted earlier, they were conducted for different purposes and the findings often were not intended to be applicable to a cross-section of the national population. Questions and their wording differed, as did the response categories and the classification categories for respondents. There was no attempt at co-ordination among the studies. Thus, actually, any degree of agreement has significance. Even where there is disagreement, however, it helps to focus attention on the possible relevant factors influencing decisions to co-operate on a health survey.

#### STUDY DESIGN

#### Factors That May Influence Decisions to Co-operate in a Health Examination

After evaluation of available information from previous research, and after intensive discussions with members of the National Health Survey staff, a very detailed list of some 70 factors were compiled for possible inclusion in the questionnaire. These factors were related to areas such as:

- a) Identification of symptoms, knowledge of treatments and cures.
- b) Exposure to various sources of information in medical matters.
- c) Personal medical history.
- d) Importance of good health.
- e) Satisfaction and concern with personal health status.
- f) Unmet medical needs.
- g) Belief in avoidability and control of illness.
- h) Belief in capability of present medical knowledge to diagnose or treat illness.
- i) Attitudes toward groups of doctors, clinics and hospitals, and government and public health authorities.
- j) Co-operation with public surveys.
- k) Public spiritedness and social responsibility.

- 1) Condition for acceptance of health examination, and
- m) Demographic characteristics.

#### Development and Content of the Questionnaire

From this comprehensive list of factors, a personal interview questionnaire was developed and pretested in the New York City area. It soon became apparent that complete coverage of all of the factors would require a very lengthy interview of approximately two hours. Practical survey experience and budgetary limitations made such a plan impractical, so it was decided to eliminate marginal items and those which could be secured by other means. Appendix II includes a copy of the final questionnaire which actually required about an hour of interviewing time. The following is an outline and summary of the content of the questionnaire.

Questions	Content	
1-8	General attitudes toward	d
	health and doctors	
9-13	Belief in the possibility of be	-
	coming ill and its effect	s
14-20	Knowledge of specific illnes	$\mathbf{s}$

	and need to see doctor
21-26	Satisfaction with medical fa-
	cilities and services now
	as compared to 30 years
	ago
~ ~ ~	

- 27-37 Personal experiences and attitudes toward doctors
- 38-39 Sources of information and interest in health matters
- 40-46 General attitudes toward doctors, clinics, and the role of government in health matters
- 47-52 Attitudes toward taking the tests and measurements phase of the survey
- 53-56 General information about the respondent

Two further observations about the questionnaire itself are important. As will be explained below, each respondent interviewed by NORC was first interviewed by the Census on the regular National Health Survey. Consequently, information on recent illness, medical attention, and selected characteristics was available from the initial interviews. This arrangement greatly reduced the length of NORC's interview and avoided duplication of Census questioning.

The second observation involves the kind of questions generally asked. In designing a questionnaire, two types of questions are generally used-the open free-answer and the closed precoded. The open question asks the respondent about a general area of interest without suggesting the possible range of alternative answers. For example, the question, "What sort of things would you ask him (your doctor) about?" does not suggest the kinds of things one might ask a doctor. Such questions are most useful in determining which are the conspicuous responses and also the range of possible answers when this is not known by the researcher in advance. The major disadvantage of open questions is the uncertainty whether failure to mention an answer spontaneously represents chance forgetfulness or actual disagreement with the answer category. In order to determine the full extent of agreement or disagreement with a given question, a precoded question is usually most effective. This type of question clearly states each possible alternative and directly asks the respondent to select the one answer most closely reflecting his views. For example, the first question. "Would you say your own health, in general, is excellent, good, fair, or poor?" clearly poses the range of permissible responses. Fortunately, from the analysis of other NORC health studies and other reports, much was learned about the kinds of alternative answers that might be expected to different questions. This permitted the extensive use of precoded questions in the questionnaire, which not only saved interviewing time, since open questions are more time-consuming, but also provided more complete statistical data for the analysis.

In order to minimize any respondent bias in reported attitudes toward health, health needs, doctors, et cetera, explicit instructions were given to each interviewer regarding the kind of introduction to use. Each respondent upon completion of the original Census interview was given a letter from the Surgeon General thanking him for his co-operation and advising him that he might be called upon in the future to co-operate again in some additional health studies. When the NORC interviewer subsequently called on the respondent, he was instructed to introduce himself as an NORC representative, show his identification card, if necessary, and hand the respondent another official letter from the Surgeon General. This letter stated that NORC was "doing a special study for the Public Health Service-as part of the U. S. National Health Survey, you-or some member of your household-were interviewed not long ago about your health experience. We are now following up to get some different informationthis time, your opinions on certain health matters." The interviewer was further told to avoid specific description of the kinds of questions involved, and particularly, to avoid mention of the health examination, Reports from interviewers indicate that the suggested approach was effective in practically all instances and that the sequence of questions was begun without further lengthy discussion.

#### Scope of Work and Sample Design

Since the National Health Survey covers all civilian, noninstitutionalized persons in the United States, it would have been desirable to have the study concern itself with co-operation from all segments of the population. However, several factors and decisions combined to limit the scope of the study and its sample design.

For practical reasons, primarily due to the size and composition of the examination team needed, the population to be examined initially was defined as the working-age population, 18 to 65 years of age.

A major consideration in the study design was the need for adequate health data on the sample of persons from whom the extensive data on factors influencing co-operation were to be collected. However, previous experience indicated that each of the two sets of data needed would require relatively lengthy interviewing, which if combined in a single interview would involve an unreasonably long interview.

Still another problem of the study design was whether one could accept the stated intention of co-operation given in response to a request to come for an examination as a reliable indication of co-operation without administering an actual examination.

With these factors in mind, the study was designed with the following features:

- 1. The attitude questionnaire was to be administered to a sample of persons who had responded to the regular health household interview of the National Health Survey.
- 2. The population to be studied would be restricted to the civilian, noninstitutionalized population of the United States from 18 to 65 years of age.
- 3. To provide a somewhat realistic simulation of a behavioral test of intention to cooperate, the respondents would be asked both on an initial health interview and the attitudinal interview whether they would be willing to come for a health examination.
- 4. To pretest the proposed method of securing examinees for the health examination survey the request to co-operate would be included initially in the context of the regular health interview survey.

While these features of the study design offered some real advantages, they also involved certain limitations. The most important among these were the lack of a probability sample and the consequent limitation in producing national estimates. While it would have been desirable to select a probability sample of adults in the entire United States, it was decided, however, that this exploratory study would not attempt to establish precise national levels of response but would merely serve to identify the more important factors which appear to be influencing co-operation and nonco-operation. Further research would be needed to establish the relative numerical significance of each factor.

For reasons of economy it was decided to carry on the interviewing in those sample areas which were common to the National Health Survey and the National Opinion Research Center's area probability samples. These areas in which the two samples overlapped were mainly urban areas. Since earlier research indicated that the problem of co-operation in rural areas was likely to be significantly different from the problems in urban areas and since there were few cases available for interviewing in rural areas, it was decided to eliminate all rural areas from this initial study.

After the "overlap areas" were identified, it became apparent that there was 100 percent overlap in the large metropolitan areas, a good overlap in the small metropolitan areas, but only a fair coverage of small urban places. To establish some balance in the sample by size of urban area and geographical region, a quota was assigned to each region-size class, which was proportionate to its true size in the U. S. urban population. Since each weekly sample of the National Health Survey is a representative cross-section in itself, it was decided to base the NORC sample in general on units of an entire week's assignment in overlap areas. Since overlap was best in large metropolitan areas, only 3-4 weeks of Census assignments were required to fill the quota for these areas. In the small metropolitan and small urban areas, almost 8 weeks of assignments were used. In fact, it was not possible to get the desirable number of cases in the small urban places due to the spotty overlap.

The Census completed its initial interview during February and March 1958; NORC reinterviewed its sample approximately one month after the Census interview. From the completed Census questionnaires NORC was given the name, address, and sex of each adult between the ages of 18-65 years. In order to obtain equal numbers of men and women in the NORC sample, and in order to minimize the social influences of any family member on the answers of another, it was decided to select only one adult from each household, alternating the sex of the person selected. Consequently, a man was selected from the first household, a woman from the second, et cetera. Where more than one adult male or female resided at a house, it was possible, in a limited number of cases, for the interviewer to have more than one eligible respondent. In such cases, the names of all eligible persons were listed on the face sheet of the questionnaire and the interviewer chose one of the eligible persons. In no case was a proxy interview permitted.

Because of the nature of the sample and the fact that this was an exploratory study in which there was a search for factors with differential impact and degree of significance, the usual tests of significance were not appropriate and therefore are not presented in this report. In some instances formal tests of significance were applied to provide some guide as to whether the differences might be accounted for by sampling variation if the sample had been a probability design. However, these results have been considered only as additional, not conclusive, evidence of possible significance. The main guide as to which factors appeared most promising was a product of (1) ranking as to how different they were, and (2) the plausibility of associated hypotheses.

It should be noted despite these necessary qualifications, that special tabulations prepared by the National Health Survey indicate that the estimates presented in this report are reasonably representative of the U. S. urban population. Appendix I presents data on comparison of this study with the National Health Survey's special tabulations.

#### **Response Characteristics of the Sample**

In all, 835 interviews were assigned between March 17-April 15, 1958 and 762 were completed—a 91 percent completion rate.\* As indicated in table A, the area distribution of the completed sample compared favorably in most respects with the ideal regional distribution. Only in the case of other urban places, is the sample seriously deficient. For the 72 persons<sup>\*\*</sup> assigned to NORC but not interviewed, a great deal of information was available from the Census interview (table B). An analysis of these Census data indicates that NORC's completed interviews were in no way seriously biased. Responses to the Census interview indicate that the co-operation rate may have been overstated by only about 1 percent, but that in all other respects, the respondents and nonrespondents were not significantly different.

\*\* The number indicated in table A is 73, but one person was over 65 and incorrectly assigned.

Tab	1e	A.	Compariso	on of	assigned	and	completed	interviews	with	the	ideal	national	sam	ρle
-----	----	----	-----------	-------	----------	-----	-----------	------------	------	-----	-------	----------	-----	-----

U. S. urban and	Propor- tions*	Com int	pleted erviews	Inter assi	views .gned	Percent
urbanized areas	in ideal national sample	Number	Area dis- tribution	Number	Percent	com- pleted
<u>U. S. Urban</u>						
Total	100.0	762	100.0	835	100.0	91.3
East North Central South West	31.7 28.4 24.8 15.1	237 231 156 138	31.1 30.3 20.5 18.1	261 253 165 156	31.3 30.3 19.8 18.7	90.8 91.3 94.5 88.5
Urbanized areas						
Large metropolitan (over 1,000,000) Small metropolitan (under 1,000,000) Other urban places	42.5 32.3 25.2	386 277 99	50.6	434 299 102	52.0 35.8 12.2	88.9 92.6 97.1
				]		!

Proportionate to its actual size in the U.S. population.

Table B. Type of NORC nonrespondents and reported intention to co-operate in the health examination

	Tot	al		Answer t	o Census	
Type of nonrespondent	Nuchar	, Dama an b	Ye	S	N	lo
	Number	Percent	Number	Percent	Number	Percent
Total	72	100	39	54	33	46
No NORC contact Refusal	41 31	100 100	28 11	68 35	13 20	32 65

<sup>&</sup>lt;sup>\*</sup>This discussion of response is limited to the sample of households completed by the Bureau of the Census and subsequently assigned to NORC. There was an additional loss of approximately 5 percent of the households in the original Census sample for which no evaluation of bias is possible in the following analysis.

Characteristic	Respond- ents	Nonre- spondents	Characteristic	Respond- ents	Nonre- spondents
Number of engage	760	72			
Number of cases-	/02	1 12	Marital status	100	100
Family relationship-	100	100	Married	. 77	71
-			Widowed	6	10
Head	59	28	Divorced	4	5
Child (19 monro	52	51	Separated	4	4
old or over)	5	a	Never married	9	10
Other		2			
ocher		-	Income	100	100
Race	100	100	Under \$3,000	19	23
Thin	96	0.2	\$3,000-4,999	27	32
White	00 1/	<b>0</b> 3 14	\$5,000-6,999	27	23
Negro	14	14	\$7,000+	27	22
Offiet		J		_ <u>\</u>	
Sov	100	100	Last visit to doc-		
Dea		100	tor	100	100
Male	50	44	Less than 6 months		
Female	50	56 -		58	52
			6 months, less	50	
Age	100	100	than 2 years	21	17
Under 25 years	10	6	2-5 years	11	15
25-34 years	22	22	5+ years	8	14
35-44 years	26	29	Don't know	2	2
45-54 years	21	12			
55-65 years	21	31	Last dental visit	100	100
Rivestian	100	100	Less than 6 months		
Education	100	100	ago	34	22
Grade school	26	30	6 months, less		
High school	51	55	than 2 years	25	26
College	23	16	2-5 years	22	
			5 years +		31
Employment status	100	100	Don't know	3	3
Working	63	63	NHE Supplement	100	100
Looking for work	1	-	MU2 2000 Temelic	100	100
Keeping house	31	29	Self-respondent	62	62
School	2	1	Proxy-respondent	38	38
Other	3	7			
			à.		

### Table C. Percent distribution of NORC respondents and nonrespondents by selected characteristics

In comparing other selected characteristics of the 72 nonrespondents with the 762 NORC respondents, no other important differences were found (table C). It should be noted, however, that the tendency was for nonrespondents more often to be women, somewhat older persons, and those with comparatively less education. These characteristics have frequently been found in other studies of nonresponse.

As shown in the summary table on response (table D), about 71 percent of all Census respond-

ents indicated willingness to co-operate. If a full 71 percent of the 31 refusals had indicated a willingness to come for the examination, the number of "yes" answers would have been 22. Since only 11 actually said "yes," the bias totals 11 answers or only 1.3 percent of the 835 assignments. On this basis, it can be concluded that the NORC sample contains little bias regarding willingness to co-operate in the health examination.

#### Over-all Indications of Willingness to Co-operate

According to the plans, the National Health Survey was to have the regular Census interviewer introduce the health examination phase of the survey at the end of the household interview and arrange an appointment with all persons who were willing to co-operate. In order to pretest this procedure realistically and also to provide information on the national patterns of co-operativeness from a full U.S. probability sample, a special supplementary question was added to the entire U.S. household survey for the months of February and March 1958. This question was as follows: "As part of the Health Survey, the Public Health Service will provide a free health examination to some of the people we are interviewing, As you would expect, we cannot learn all we need to know about health just by asking questions-for some things we need actual measurements and tests. The examination will involve only one visit to a nearby place. If you are selected for this special free examination and the time and place are convenient, will you be willing to come?.... How about (each related adult), do you think he will be willing to come?"\*

Special aspects of this question should be clearly stated. First, the health examination was placed in the context of a supplement to the Health Survey. Second, it was free and required one visit only to a nearby place. Third, the respondent was asked to assume that the time and place were convenient. Fourth, some respondents were asked to answer for themselves, while others were asked to give proxy answers for other related adults who were not home at the time of the interview. With these specific conditions in mind, the answers could be considered a first-line indication of intent to co-operate in a Public Health Service sponsored health examination. It should not be confused with actual participation rates, however, since some persons who said they intended to co-operate would fail to do so because they either changed their minds or for other reasons found it difficult to keep an appointment.

At the very end of the NORC interview, after all the general attitudes about health and doctors had been recorded, the respondent was again asked about his belief in the co-operativeness of most people he knew and about his own willingness tc accept a health examination. Question 47 first introduces the question of health examinations and asks about other people, while Question 48 concerns personal co-operativeness. The actual questions were as follows:

- Q. 47. As you might expect, the Public Health Service cannot learn all they need to know about health in the Nation just by asking questions. For some things they need actual measurements and tests. How do you think most people you know will feel about helping on that part of the survey—Will they certainly come, probably come, or probably not come for these measurements and tests?
- Q. 48. If you yourself are asked to come for the tests and measurements part of the survey, will you certainly come, probably come, or probably not come? Why is that?

The interviewers were told not to try to persuade the respondent in any way, but to provide limited factual information about the examination in answer to specific questions.

A combination of answers to the first offer of the health examination by Census and the second offer by NORC provides a measure of the stability of intention to co-operate. Table D summarizes these patterns of co-operation obtained from the results of two requests to participate in a hypothetical health examination survey.

As can be seen from the top line of table D, about 7 out of every 10 persons told the Census interviewer that they would accept the examination, 23 percent said "No," and almost 7 percent were either undecided or, due to an oversight by the Census interviewer, were not asked the supplement question. When NORC offered the examination a month later, a total of 8 out of 10 indicated willingness to accept, of which half said, "Certainly" they would accept, and half were a little less certain and said, "Probably yes." In light of the substantial number of "Don't knows" usually found on opinion surveys, it is noteworthy that only about 2 percent answered "Don't know" to this question.

The degree of stability of stated intention is also unusually high. Three out of every four persons maintained their original answer, 64 percent continuing to say "Yes," and 11 percent saying "No" or "Don't know." About 14 percent shifted from "No" or "Don't know" to "Yes," and only half as many, 7 percent, changed from "Yes" to "No." It is impossible to state the firmness of intent of the remaining 4 percent who were not asked by Census for their views. That 70 percent of this

An earlier report Co-operation in Health Examination Surveys<sup>1,3</sup> presented the estimates on co-operation based on answers to this supplementary question. For a preliminary report on the findings of this study see Motivations Toward Health Examinations.<sup>14</sup>

			A	nswers	to Ce	nsus i	ntervi	.ew		
Expressed intent	To	otal	Y	'es	N	o	Don't	know	Not	asked
	Num- ber	Per- cent								
	762	100.0	539	70.7	171	22.5	24	3.1	28	3.7
Answers to NORC										
Total yes	614	80.6	486	63.8	92	12.1	16	2.1	20	2.6
Certainly yes Probably yes	301 313	39.5 41.1	249 237	32.7 31.1	36 56	4.7 7.4	10 6	1.3 0.8	6 14	0.8 1.8
Total no or don't know	148	19.4	53	6.9	79	10.4	8	1.0	8	1.1
Probably no Don't know	134 14	17.6 1.8	46 7	6.0 0.9	73 6	9.6 0.8	7	0.9 0.1	8 -	1.1

Table D.	Expressed intent to Census and NORC interviewers
	on accepting a health examination

later group said "Yes" to NORC, however, indicates that their original attitudes could not be too different from the other respondents who were asked by Census to indicate their intentions. Nevertheless, because any allocation of this group among the initial "Yes" or "No" Census categories would have to be arbitrary and open to challenge, it was decided to exclude this group from the subsequent detailed tables and analysis. Likewise, to keep the attitude groups as clearcut as possible, the 24 cases answering "Don't know" to Census were also kept separate. This left five different intention groups, listed below, with sufficient numbers of respondents for detailed analysis. As indicated earlier, a statement of intention to co-operate is different from actually following through and coming to an examination. Indication of the relationship between intention or making an appointment and actually being examined must be based on actual field tests where the examinations are offered.

#### Profiles of Groups Differing in Willingness to Co-operate

Eleven sets of attitudes, health experiences, and personal variables were utilized in this inquiry to differentiate the various patterns of re-

Answer to Census	Answer to NORC	Number of respondents
Total	-	762
Yés	Certainly yes	249
Yes	Probably yes	237
Yes	No or don't know	53
No	Yes	92
No	No or don't know	79
(Don't know or not asked)	-	52

**sponse** to a request to participate in a health examination survey. These factors were:

- 1. Appraisal of own health status
- 2. Feelings of unmet health needs
- 3. Interest and concern about health matters
- 4. Importance of good health and impact of illness on living activities
- 5. Satisfaction with current health research efforts
- 6. Belief in avoidability and cure of illness
- 7. Reported conditions, doctor visits, and physical examinations
- 8. Confidence in doctor's skill and belief in his concern with patient's welfare
- 9. Attitudes toward clinics and the role of government in health matters
- 10. Selected situational and environmental factors in the arrangements for a health examination
- 11. Demographic variables such as age, education, and income

Response groups used for analysis in this study were defined by the cross-classification of answers given on the original Census question on co-operation and the follow-up inquiry of the NORC study. There were two consistent co-operation groups, two vacillating groups, and one consistent nonco-operation group of respondents, Groups one and two both answered "Yes" to the Census and "Yes" to the NORC, However, NORC divided the co-operators into those who said they would certainly come and those who would probably come. Thus group one consists of those who said they would certainly come and group two designates those who would probably come. Group three includes those who initially said "Yes" to the Census interview but changed to a negative response on the second request. Group four, the second vacillating group, were those who changed from a negative reply to the Census interview to a positive reply on the NORC interview. And finally, group five contains the consistently negative respondents in both interview situations.

The differences in these sets of variables used to characterize the response groups are presented below as a series of composite profiles for each group. Although some of the attitude differences among these groups are small and perhaps not significant by themselves, the fact that so many of them fall in the same pattern bolsters confidence that a larger sample would produce more significant findings.

#### Group 1-Yes-Yes-Certainly Group

The most consistent and certain co-operating group represented all persons who said "Yes" to the Census interview and "Certainly yes" to NORC. Approximately 40 percent of all respondents were in this category, and an outstanding characteristic of the group was the greater recognition of unmet medical needs and desire for medical attention. They less often described their present health as "excellent" and more often said it was "poor." Accordingly, they generally mentioned having more chronic illness, and more often liked to talk to their doctor about their health. They also evinced greater concern about general health matters by more often thinking about, talking about, and reading and listening to health programs on radio and television.

With regard to current research on causes and cures of disease, they were less satisfied with the amount of effort currently being made and felt more should be done. When questioned about household surveys, such as this study, they usually felt it was "very important" for people to co-operate. More often, they reported the need for "especially good health to do their work well," and in appraising the economic and social impact of an illness on themselves and their family, more often stated the effects would be more serious. Although more of them usually conceded the possibility of becoming seriously ill, they also had greater confidence in early diagnosis and the skill and concern of doctors in making them well. They reported more personal experiences with care at clinics and more often felt that the government should have a larger role in maintaining the health of the Nation. Sex, marital status, and recency of latest doctor visit were equal among all "co-operation" groups, but a higher proportion of younger, nonwhite persons, and veterans turned out to be more consistent co-operators. Contrary to other research findings this study also found greater cooperation from the less educated, poorer, and self-respondents. Since people with lower incomes have actually been found to have greater unmet health needs, their report of greater willingness to co-operate is consistent with their own appraisal of greater personal benefits to be derived from the health examination. Other studies found, in contradiction, less co-operation among the lower socioeconomic status groups.

#### Group 2-Yes-Yes-Probably Group

The group answering "Yes" to Census, but only "Probably yes" to NORC, generally scored somewhat below the "Certainly yes" group in its basic health attitudes but above the negative and vacillating groups. There was no appreciable difference between the two co-operating groups regarding satisfaction with medical research efforts, belief in early diagnosis, or confidence in doctor skills, but there were consistent tendencies for lesser feelings on other basic attitudes. The "Probably yes" generally regarded their present health as better reported fewer chronic conditions, and less often desired to see a doctor about their health. They also showed somewhat less concern and interest in health matters and less often recognized the potential threat of serious illness. They less often reported the need for especially good health and when ill reported less serious consequences. The group was also more often critical of the bedside manner and personal treatment of doctors and less often reported experiences with clinics. With regard to their feelings about the role of government, they were more positive than the negative or vacillating groups but approved less government action than the "Certainly yes" group. They also were more often vounger, better educated, white, and had higher incomes than the "Certainly yes" group. It should be repeated that despite these modest differences. this group was more like the "Certainly yes" respondents than the nonco-operators.

A clear indication of their less certain feelings about co-operating was shown by their belief that fewer other people would probably cooperate on the health examination. They more often reported having questions in their minds about the kinds of tests to be included in the examination and wondered why they were selected for the sample. Finally, they indicated more responsiveness to the approval of the examination by their own doctor, the local medical society, or their own spouse.

Group 3-Yes-No Group

The vacillating "Yes-No" response class is of particular interest because other indications seem to imply that success in gaining co-operation really depends on getting an initial "Yes" to the request for examination. There were 53 persons who shifted from "Yes" to "No." Their attitudes as revealed by our questions tended to represent viewpoints at the extremes. They reported less chronic illness than the consistent nonco-operators and seldom desired to talk to a doctor about their health. With regard to satisfaction with current research efforts, they were more like the co-operators and felt more could be done, but, as far as this study was concerned, few of them felt it was important to co-operate in such studies. They felt less need for especially good health to do their work well and reported the least impact when illness struck. Their interest and concern about health matters was the lowest, although their educational background was the highest, They were least likely to feel that the way people lived made a difference in how healthy they were and they more often recommended self-diagnosis for illness. Generally, they had less confidence in doctors' abilities to cure diseases and were least

satisfied with doctors' concern and manner in patient care. It was interesting to note that these critical attitudes toward doctors were not based on reported experiences but on the result of impressions of doctors in general. This "Yes-No" group also felt that the role of government in health matters should be restricted. Moreover, they tended to be concentrated at the two extremes with respect to age, income, and education.

Only 21 percent of the "Yes-No" group felt others would co-operate, and when asked why they themselves probably would not come for the examination, they gave such evasive reasons as, "I'm too busy," and "It depends on when and where they are given." Other reasons indicated a feeling that they personally felt little need for the examination. that their participation was not essential to the success of the survey, and that they preferred their own doctors for examination. They revealed little awareness of what might be included in the examination, and expressed few specific objections to the procedures they anticipated. Like the "No-No" group, they indicated potential persuasion by their own doctor or spouse and that the least time-consuming examination procedures would be most acceptable to them.

#### Group 4—No-Yes Group

The shift from "No" to "Yes" is believed to be partially an artifact of the Census interviewing procedures. NORC always interviewed the sample person directly, but Census, in accordance with the standard practice of the National Health Survev, accepted proxy responses from members of the family. Proxy respondents proved to be-more cautious in saying "Yes" for others than those who responded for themselves. The "No-Yes" group was the group with the highest concentration of proxy respondents. While other groups had about one-third proxy respondents, the "No-Yes" group had 54 percent proxies. A separate analysis of these proxy respondents revealed that they considered themselves to be in very good health, and believed in regular doctor visits. Less than half of these proxy persons reported that they had seen a doctor in the past year in comparison with the average of almost two thirds for all other respondents. It is reasonable to assume, therefore, that the offer of an examination came at the appropriate time to induce a "Yes" response to NORC, It is also reasonable to assume that if they, had been asked directly by Census in the initial interview, they would probably have said "Yes" at that time, and would not have been included in the vacillator group.

With respect to basic attitudes the whole "No-Yes" group more nearly resembles the consistent co-operators. They reported less chronic illness

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and better current health, but more often felt the need for additional doctor consultation than the nonco-operators. They were least satisfied with current medical research and almost all of them felt co-operation on this study was important. There was high interest and concern about health matters and when illness strikes, the impact was almost as serious as that reported by the consistent co-operators. The "No-Yes" group felt less threatened by the possibility of becoming seriously ill, but they strongly believed that the way you live is important to your health, and more often believed in regular medical checkups. They were most satisfied and confident in their own doctor's skill and manner but were somewhat critical of doctors in general. As a group, they had had little experience with clinics and more often felt that doctors engaged in group practice were not as good as private doctors. Because so many were proxy respondents, it was understandable that they were mostly men who were at work when the Census interviewer called. It is also interesting to note that there were more nonveterans in this group.

A clue to their own co-operative intentions is shown by their belief in three out of four cases that other persons would probably co-operate on the health examination. The reason most often given for co-operating was "desiring to help the government and personal benefit from the examination." Over three fourths had questions about the kinds of tests to be given and why they were chosen in the sample. In general, they themselves had a good idea of the tests and more of them wanted their own specific conditions checked. Very few of them had any special dislikes of particular tests and more than half of them indicated that approval of their doctor or spouse might influence their decisions.

#### Group 5-No-No Group

The consistent nonco-operators, i.e., the group saying "No" to both Census and NORC, was largely composed of persons who expressed contrary views to the co-operating groups. More of them were well satisfied with the state of their current health, reported fewer chronic illness conditions, expressed satisfaction with current research efforts, and considered it less important to assist studies such as this by co-operating in the study. Fewer of them also expressed any desire to see a doctor and fewer considered "especially good health" as essential to their work. Likewise, they more often felt that their own illness would not be a heavy financial problem or burden to their families. The consistent noncooperators as a class were also less interested in health matters in their reading, listening to the radio, and watching television, and fewer of them considered it likely that they would encounter illness in the next year. When symptoms appeared the group was more complacent and fewer of them claimed they would consult a doctor immediately. More of them had reservations about doctors' ability to cure illness, even though they agreed with the co-operators that doctors now know more, and have better medicines, than 30 years ago. They more often felt the role of government in health should be restricted and, as a whole, were older, had higher family incomes, and more often were nonveterans.

A good reflection of their negative attitudes was also afforded by the projective question about their belief in the co-operativeness of other people, in which less than 40 percent felt others would come for the examination. When asked why they themselves would not come, they indicated their belief that they would not gain any personal benefits from the examination, and that they had other medical facilities readily available when needed. They reported little knowledge of the tests and that they had few objections to any specific procedures, but showed some general hostility to free clinics. The approval of the examination by their own doctor or spouse was reported as a possible influence on their decision, and a procedure requiring the least time and effort was also stated to have the best chance of overcoming their reluctance to co-operate.

#### Conclusions

A study of a national sample of the adult urban population indicates that the following types of people are more willing to co-operate in a free health examination: the nonwhite, younger, and middle-aged, veterans, and lower income groups. In addition, people are more apt to commit themselves to co-operate in a health examination than to commit other members of their family.

Four basic sets of attitudes and beliefs were demonstrated to be even more closely related to examination behavior than personal characteristics. These were:

- 1. Underlying attitudes and beliefs on health.
- 2. Beliefs as to the potential personal benefits to be derived from the health examination.
- 3. Beliefs as to the importance of furthering medical research.
- 4. Beliefs as to the reasonableness and appropriateness of the examination procedures and arrangements.

Each of these attitudes and beliefs is described briefly below: 1. Underlying Attitudes and Beliefs on Health

Underlying the degree of receptivity to a free medical examination are five general health attitudes and beliefs. Co-operators more often reported agreement with these attitudes and beliefs, while nonco-operators generally reported contrary beliefs.

- a. The importance of good personal health as an objective in life.—Co-operators more often believed that especially good health was essential to do one's work well, and, therefore, strived to maintain good health. Likewise, illness more often presented them with serious social and economic problems.
- b. Interest and concern in health matters.— Co-operators more often believed that the way one lives has a direct influence on one's health. They were also more interested in discussing, reading, and listening to educational health programs.
- c. <u>Belief of personal susceptibility to illness.</u>—Co-operators more often admitted the likelihood that they would be sick in bed during the next year and granted the possibility that they could become seriously ill in the next few years.
- d. <u>Belief of the need for professional diagnosis and care of illness.</u>—Co-operators showed less confidence in selfdiagnosis and more often felt they could become sick without being immediately aware of it. They also more often felt that they should see a doctor right away for professional diagnosis and treatment upon appearance of a symptom.
- e. Belief in the ability of modern medicine to cure or help illness.—Co-operators more often believed that doctors have the know-how and facilities to cure or help relieve illness and disease.
- 2. Beliefs as to the Potential Personal Benefits to be Derived From the Health Examination

Co-operators usually stated that they expected to benefit directly from the results of the examination. Underlying this strong personal motivation were the following three beliefs:

- a. Dissatisfaction with personal efforts to care for health.—Co-operators more often felt that they could do more to take better care of their health.
- b. <u>Recognition of some personally unmet</u> <u>health needs which are susceptible to</u> <u>medical care.</u>—Co-operators more often reported a desire to talk to their

doctors about their health, and more often admitted having felt the need to see a doctor without actually doing so for a variety of reasons.

- c. Confidence in the skill and personal approach of their own doctor and doctors generally.—Based on their personal experiences and on what they have heard or read, co-operators generally were more confident in their own doctors and in doctors generally. Nonco-operators reported more criticisms of doctors and more often indicated a distrust of strange doctors by limiting their will-ingness to come for the examination to the case where their own doctor gives it.
- 3. <u>Beliefs as to the Importance of Furthering Med-</u> ical Research

The most frequent reason given for agreeing to co-operate on the health examination was a desire to help the government in its research efforts. Underlying this motive were the following three different attitudes and beliefs:

- a. Recognition of the need for additional medical research efforts.—Co-operators were least satisfied with current efforts at finding causes and cures of disease. In addition, most people believed that research efforts would eventually succeed in discovering new cures for disease.
  - b. <u>Recognition</u> of the responsibility of government in maintaining the Nation's health.—Co-operators more often approved of government taking an active role in health research and in programs to promote the Nation's health.
- c. <u>Recognition of personal responsibility</u> in assisting medical research programs.—Co-operators more often felt it was very important for them personally to co-operate in health research programs. Nonco-operators more often questioned whether their co-operation was essential to the success of the program.
- 4. Beliefs as to the Reasonableness and Appropriateness of the Examination Procedures and Arrangements

This is the last of the major conclusions and involves the convenience and approval of the arrangements for the examination.

a. <u>Items of convenience</u>.—These include such considerations as: (1) Travel time, (2) duration of examination, (3) time of appointment, (4) place of examination, (5) mode of transportation provided, (6) type of doctors giving examination, and (7) kind of tests and procedures used. The co-operator must believe the above items are reasonable and he also must be able to fit them into his other obligations. As expected, arrangements which make the least demands upon a person are likely to produce the greatest co-operation.

b. Desire to behave in a socially approved

manner.—Co-operators more often indicated that approval of the health examination by their spouse, friends, doctors, or other prestige groups influenced their decisions to participate in the examination. Nonco-operators were more indifferent to the approval of the examination by their peer and prestige groups.

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#### DETAILED TABLES

Tabular data classified by the five major co-operation groups are presented for each of the questionnaire items. The order of grouping the tables does not follow the order in which the questions were asked. However, the number in parentheses after each topic in the tables refers to the position and context of the items on the questionnaire presented in Appendix II.

It should be noted that the totals for the five co-operation groups do not add to the total for all persons. The total contains 16 persons who answered "no" and 36 who answered "yes" to the NORC interviewers, but were not asked the supplemental question or answered "don't know" to the original interviewers. Answers for these persons, while not shown separately, may be derived by subtracting the subtotals for five co-operation groups from the over-all totals.

Table l		Selec	ted indices of appraisal of the health status by co-operation groups, NORC,
		٨	Solf rating of our health-
		л. р	Self racing of own conditions
		р. С	Number of the onice conditions
		υ.	Symptoms reported during past year of so
2	2.	Indic	es of unmet health needs by co-operation groups, NORC, 1958
_		Α.	Type of health care by most people
		В.	Type of health care by respondent
		Č.	Like to consult own doctor free of charge
		D.	Did you feel need to see doctor in last year but didn't?
		F.	Did others suggest you see doctor but you didn't?
		ы. г	Argue with family members about seeing doctor?
		<i>r</i> .	Argue with family members about seeing doctor.
3	3.	Inter	est and concern about the health by co-operation groups, NORC, 1958
	•		Do you think about own health?
		В.	Do you talk about own health?
		č.	Extent of reading about health matters
		о. П	Extent of listening to radio or television health mograms
4	••	Impor	tance of kind of health on living activities by co-operation groups, NORC, 1958
		Α.	Kind of health required by own work
		в.	Difficulty in payment of large medical bill
		Č.	Loss of income if sick
		D.	Impact of illness on job (other than income loss)
		Ε.	Impact of illness on family
5	5.	Satis	faction with current research on health matters by co-operation groups, NORC, 1958
		A.	Satisfaction with research on causes of disease
		в.	Satisfaction with research on cures of disease
		с.	Importance of co-operation on health opinion research
e	5.	Attit	udes on the recognition, avoidability, and cure of illness by co-operation groups, NORC, 1958
		Α.	Knowledge of symptoms of poliomyelitis, tuberculosis, and diabetes
		В.	Persons who feel immediate recognition possible for specific illnesses
		с.	Effects of way you live on health
		D.	Time likely to be sick in bed next year
		Ε.	Likelihood of getting tuberculosis, heart disease, or arthritis in 5-10 years
		F.	Chance of healthier life today compared with 30 years ago
		G	Doctors know more today than 30 years ago?
		· н	Are today's medicines better than 30 years ago?
		т.	Relief in destore' shillty to ours or halp salested illnesses
		т. т	Conditions which remitty to the of help selected linesses
		J •	Conditions whitch reduite immediate notion Alsin

#### DETAILED TABLES--Continued

	۵	NURC, 1930
	в.	Proportion reporting doctor visit in past year or so for chronic condi-
		tions
	с.	Last doctor visit by number of reported chronic illnesses
	D.	Ever had complete physical examination?
	E.	Ever had checkup when not ill?
8.	Confi	dence in doctors' skill and belief in his concern with patient's welfare by co-operation groups, NORC, 1958
	A.	Do you have a doctor or clinic you usually go to?
	в.	Practitioners used by family in past year
	с.	Interest in patients by doctors today compared with 30 years ago
	D.	Comparison of own doctor with others
	Е.	Satisfaction with treatment by doctors in past 5 years
	F.	Have you or anyone you know, ever had any bad experience with a doctor
		which made you lose some confidence in doctors generally?
	G.	Why do some people say they are atraid of seeing a doctor?
	н.	Proportions ever using any of these reasons for not seeing a doctor
	1.	Criticisms of doctors in general
	J.	Criticisms of own doctor
9.	Attit	ude toward clinics and role of government's health matter by co-operation groups, NORC, 1958
	Α.	Experience with clinics or medical centers
	в.	Care by salaried doctors compared with private doctors
	с.	Criticisms of public clinics
	D.	Attitudes toward role of government in health matters
10.	Situa	ational and environmental factors in arrangements for a health examination by
		co-operation groups, NORC, 1958
	Α.	Beliefs of others' willingness to take examination
	В.	Information needed for decision of whether to co-operate
	с.	What kinds of tests would you especially like
	D.	What kinds of tests would you rather not have
	Ε.	Examination arrangements
	Seled	ted characteristics of co-operation groups, NORC, 1958
11.		Sex
11.	Α.	Sex
11.	A. B.	Family relationship
11.	A. B. C.	Family relationship Marital status
11.	A. B. C. D.	Family relationship Marital status Labor force status
11.	A. B. C. D. E.	Family relationship Marital status Labor force status Race
11.	A. B. C. D. E. F.	Family relationship Marital status Labor force status Race Age
11.	A. B. C. D. E. F. G.	Family relationship Marital status Labor force status Race Age Income
11.	A. B. C. D. E. F. G. H.	Family relationship Marital status
11.	A. B. C. D. E. F. G. H. I.	Family relationship Marital status
11.	A. B. C. D. E. F. G. H. I. J.	Family relationship Marital status
11.	A. B. C. D. E. F. G. H. I. J.	Family relationship

13. Index of health status by co-operation groups, NORC, 1958-----37

		Cen	sus: Ye	s ·	Cens	us: No	
Indices of health status	A11		NORC:		N	IORC :	
	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK	
Number of respondents	762	249	237	53	92	79	
		Perce	nt dist	t distribution			
A. Self rating of own health: (1)	100	100	100	100	100	100	
Excellent GoodFair Poor	31 45 20 4	28 42 21 9	29 49 20 2	40 41 17 2	33 52 15 -	33 38 27 2	
B. Number of chronic conditions: (19)	100	100	100	100	100	100	
None 1 2+	46 28 26	39 26 35	45 _30 25	53 30 17	62 23 15	42 38 20	
C. Symptoms reported during past year or so: (19)	*	*	*	*	*	*	
Coughing for 5 or 6 days Diarrhea or constipation for several days Feeling tired all the time Frequent headaches Lump or discolored patches on skin Shortness of breath	23 17 26 17 7 12 40 4 2 9 12	26 16 27 21 8 14 39 5 2 12 12	25 18 26 16 6 11 40 3 2 10 9	26 19 13 6 9 43 2 2 4 17	18 17 25 5 6 40 5 2 6 4	14 15 27 13 9 11 33 2 2 2 8 9	
Number of symptoms: (19)	100	100	100	100	100	100	
None 1 2	25 30 21 18 6	20 31 23 18 8	26 29 22 17 6	32 24 21 15 8	26 37 16 19 2	35 23 19 20 3	

#### Table 1. Selected indices of appraisal of the health status by co-operation groups, NORC, 1958

\*Percentages not additive--represents percent reporting each type of symptom.

		Census: Yes		8	Census: No	
Indices of unmet health needs	A11		NORC:		N	IORC:
· · · · · · · · · · · · · · · · · · ·	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
Number of respondents	762	249	237	53	92	79
		Perce	nt dist	ributio	n	
A. Type of health care by most people: (2)	100	100	100	100	100	100
Take best care Not take best care	23 74	19 78	22	36 58	23 74	33 59
B. Type of health care by respondent: (3)	100	100	100	100	100	• 100
Take best care Not take best care Don't know	46 53 1	49 51 -	43 56 1	43 55 2	46 53 1	56 40 4
C. Like to consult own doctor free of charge: (5)	100	100	100	100	100	100
Desire to talk No desire to talk Don't know	40 59 1	53 47 -	43 56 1	28 72 -	32 67 1	16 83 1
D. Did you feel need to see doctor in last year but didn't? (7)	100	100	100	100	100	100
Yes No	25 75	32 68	28 72	13 87	22 78	11 89
E. Did others suggest you see doctor but you didn't? (30)	100	100	100	, 100	100	100
Yes No	20 80	20 80	23 77	17 83	20 80	9 91
F. Argue with family members about seeing doctor? (31)	100	100	100	100	100	100
No family Never argue Argue about doctor: Spouse wants me to go Children want me to go Other relatives want me to go I want spouse to go	5 65 30 7 1 1 1	6 63 31 4 1 1	5 63 32 8 1 2 18	10 67 23 10 - 2 13	1 65 34 5 1 - 24	8 73 19 - 1
I want other relatives to go	3	. 3 7	4	- - 4		- 3

### Table 2. Indices of unmet health needs by co-operation groups, NORC, 1958

<sup>1</sup>Types of arguments add to more than total because more than one argument may be reported by each person.

· · · ·		Census: Yes			Cens	us: No	
Interest and concern	A11		NORC:		NORC:		
	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK	
Number of respondents	762	249	237	53	92	79	
		on					
A. Do you think about own health: (6)	100	100	100	100	100	100	
Fairly often Once in a while Hardly ever	40 36 24	49 33 18	41 36 23	26 40 34	36 39 25	25 34 41	
B. Do you talk about own health: (6)	100	100	100	100	100	100	
Fairly often Once in a while	15 32 53	19 31 50	13 36 51	11 32 57	16 30 54	9 25 66	
Often Once in a while Hardly ever	33 43 24	34 41 25	30 49 21	40 23 37	34 48 18	30 42 28	
Why? (if hardly ever) Don't read papers, etc Skip health items D. Extent of listening to radio or television	13 11	15 10	11 10	19 18	7 11	18 10	
health programs: (39)	100	100	100	100	100	100	
Often Once in a while Hardly ever	23 43 34	29 44 27	18 48 34	19 29 52	26 47 27	19 34 47	
Why? (if hardly ever) Avoid all programs Avoid health programs None available or other	11 19 4	12 13 2	14 17 3	8 36 8	9 16 2	13 29 5	

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#### Table 3. Interest and concern about the health by co-operation groups, NORC, 1958

		Census: Yes			Census: No		
Importance of kind of health	<b>A</b> 11		NORC:		N	NORC:	
	persons	Cer- tainly	Prob- ably	No-DK	Yes	No <b>-DK</b>	
Number of respondents	762	249	237	53	92	79	
		Perce	nt dist	ributic	tion		
A. Kind of health required by own work: (10)	100	100	100	100	100	100	
Especially good Fairly good Not so good Don't know	32 49 18 1	36 47 17	31 53 16 -	17 47 34 2	33 49 18 -	30 49 18 3	
B. Difficulty in payment of large medical bill: (13)	100	100	100	100	100	100	
Great Moderate Hardly any	45 31 24	- 56 26 18	46 33 21	· 30 32 38	34 32 34	28 32 40	
C. Loss of income if sick: (11)	100	100	100	100	100	100	
All Some None No job Don't know	22 16 26 35 1	27 14 21 36 2	18 18 25 38 1	6 9 49 32 4	7 14 50 28 1	6 10 46 35 3	
<pre>D. Impact of illness on job (other than income</pre>	100	100	100	100	100	100	
Great deal Some Not very serious No job	7 12 46 35	10 10 44 36	6 14 42 38	6 9 53 32	7 14 51 28	6 10 49 35	
Great deal Some Not much No family	100 12 23 57 8	14 24 53 9	13 29 50 8	19 6 66 9	8 24 64 4	100 17 63 10	

. .

		Census: Yes			Census:	
Satisfaction with current research.	A11		NORC:		N	IORC:
	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
Number of respondents	762	249	237	53	92	79
		Percent distribution				
A. Satisfaction with research on causes of disease: (25)	100	100	100	100	100	100
Enough being done Not enough being done Don't know	68 28 4	66 30 4	70 26 4	64 30 6	61 36 3	84 11 5
B. Satisfaction with research on cures of disease: (26)	100	100	100	100	100	100
Enough being done Not enough being done Don't know	67 29 4	66 31 3	69 26 5	66 28 6	55 41 4	. 77 18 5
C. Importance of co-operation on health opinion research: (54)	100	100	100	100	100	100
Very important Fairly important Hardly important Don't know	70 25 3 2	90 9 1 -	65 33 1 1	51 36 8 5	66 32 2 -	42 40 10 8

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Table 5. Satisfaction with current research on health matters by co-operation groups, NORC, 1958

		Cen	sus: Ye	S	Census: No		
Recognition, avoidability, and cure of illness	A11		NORC :		NOR	к <b>С:</b>	
	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK	
Number of respondents	762	249	237	53	92	79	
A Knowledge of symptoms of		Perc	ent dis	tributi	.on		
Poliomyelitis (15) Number mentioned	100	100	100	100	100	100	
None 1 2 3+	29 13 23 35	29 16 20 35	27 11 28 34	36 9 26 29	33 14 20 33	33 17 16 34	
Tuberculosis (16) Number mentioned	100	100	100	100	100	100	
None 1 2 3+	26 23 27 24	23 21 27 29	27 29 24 20	30 23 30 17	23 13 37 27	25 27 25 23	
Diabetes (17) Number mentioned	100	100	100	100	100	100	
None 1 2 3+	50 17 17 16	47 18 19 16	50 18 16 16	55 15 21 9	47 18 20 15	63 13 14 10	
B. Persons who feel immediate recognition possible for specific illnesses: (14)	*	*	*	*	*	*	
Arthritis	83 77 60 35 33 19 18 11	85 78 56 40 34 22 21 12	81 75 60 36 32 16 17 9	75 79 62 21 26 11 8 11	84 79 66 33 33 20 24 11	84 77 53 34 39 23 18 10	
Summary of above immediately recognizable illnesses: (14)	100	100	100	100	100	100	
None 1-2 3 4-5 6-8 Cumulative number (14)	5 25 28 31 11	4 24 28 31 13	5 28 24 34 9	6 30 30 32 2	4 22 26 36 12	11 18 27 29 15	
None 2 or less 3 or less 5 or less	5 30 57 89	4 28 56 87	5 33 57 91	6 36 66 98	4 26 52 88	11 29 56 85	

## Table 6. Attitudes on the recognition, avoidability, and cure of illness by co-operation groups, NORC, 1958

\*Percentages are nonadditive, but represent the percentage who can recognize each illness right away.

5 or less-----

8 or less-----

			Cen	Census: Yes NORC:		Census	: No	
	Recognition, avoidability, and cure of illness	A11		NORC:		NOR	C:	
		persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK	
			Perce	nt dist	ributio	'n		
C.	Effects of way you live on health:(4)	100	100	100	100	100	100	
	Great deal Some Hardly any	56 26 17	58 23 19	51 30 18	47 23 26	65 20 14	58 24 13	
	Don't know	1	-	1	4	1	5	
D.	Time likely to be sick in bed next year: (8)	100	100	100	100	100	100	
	A week or more 3-4 days None	30 15 55	36 13 51	27 19 54	25 15 60	30 10 60	23 13 64	
E.	Likelihood of getting tuberculosis, heart disease, or arthritis in 5-10 years: (9)	100	100	100	100	100	100	
	Very likely Fairly likely Hardly likely Don't know	7 18 67 8	9 21 63 7	7 19 66 8	2 11 70 17	3 21 71 5	6 10 66 18	
F.	Chance of healthier life today compared with 30 years ago: (21)	100	100	100	100	100	100	
	Much better Little better Much worse Little worse Same	82 9 3 4 2	81 8 4 5 2	83 9 2 4 2	79 7 4 4 6	76 17 2 1 4	84 5 4 2	
G.	Doctors know more today than 30 years ago? (23)-	100	100	100	100	100	100	
	A lot more A little more Less The same	90 8 1 1	92 7 - 1	91 8 1 -	83 13 2 2	95 5 - -	87 5 3 5	
н.	Are today's medicines better than 30 years ago? (24)	100	100	100	100	100	100	
	Much better Little better Worse Same or don't know	93 4 1 2	93 4 1 2	92 5 ** 3	87 7 2 4	98 2 - -	90 3 1 6	
Ι.	Belief in doctors' ability to cure or help selected illnesses: (20) Cure or help allergy	88	87	89	88	88	82	
	Cure allergy Help allergy	17 71	16 71	15 74	11 77	26 62	16 66	
	Cure or help arthritis or rheumatism	93	94	95	89	96	86	
	Cure arthritis or rheumatism Help arthritis or rheumatism	4 89	4 90	3 92	8 81	7 89	6 80	

#### Table 6. Attitudes on the recognition, avoidability, and cure of illness by co-operation groups, NORC, 1958-Continued

\*\*Less than 1 percent.

#### Table 6. Attitudes on the recognition, avoidability, and cure of illness by co-operation groups, NORC, 1958—Continued

		Cer	isus: Ye	s	Census: No		
Recognition, avoidability, and cure of illness	A11		NORC:		NOR	C:	
· · · · · · · · · · · · · · · · · · ·	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK	
I.Belief in doctors' ability to cure or help selected illnesses: (20)—Continued		Perce	nt dist	ributio	'n		
Cure or help asthma	88	91	88	83	93	77	
Cure asthma Help asthma	10 78	9 82	8 80	23 60	16 77	9 68	
Cure or help diabetes	91	91	92	83	91	85	
Cure diabetes Help diabetes	15 76	18 73	11 81	17 66	14 77	18 67	
Cure or help gallbladder	85	86	87	81	78	87	
Cure gallbladder Help gallbladder	62 23	64 22	62 25	57 24	62 16	58 29	
Cure or help heart	93	94	93	87	96	91	
Cure heart Help heart	13 80	13 81	10 83	17 70	22 74	14 77	
Cure or help blood pressure	94	94	98	89	94	90	
Cure blood pressure Help blood pressure	31 63	30 64	28 70	38 51	45 49	28 62	
Cure or help kidney	87	87	90	81	. 92	78	
Cure kidney Help kidney	46 41	44 43	46 44	43 38	54 38	41 37	
Cure or help piles	94	92	98	89	94	91	
Cure piles Help piles	76 18	75 17	75 23	76 13	84 10	73 18	
Cure or help sinus	89	92	90	85	90	76	
Cure sinus Help sinus	23 66	25 67	21 69	11 74	28 62	25 51	
Cure or help varicose veins	84	86	85	79	81	80	
Cure varicose veins Help varicose veins	37 47	36 50	35 50	34 45	42 39	41 39	
Summary of illnesses doctors can cure or help: (20)	100	100	100	100	100	100	
6 or less 7-8 9+	5 9 86	5 8 87	2 10 88	13 8 79	4 7 89	10 17 73	

.

		Census: Yes			Census	: No
Personition evoldetility and own of illnord	A11		NORC:		NOR	с:
Recognition, avoidability, and cute of fillness	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
· · · · · · · · · · · · · · · · · · ·		Perce	ent dist	ributio	n	
J. Conditions which require immediate doctor visit: (18)	*	*	*	*	*	*
Coughing 5-6 days Diarrhea or constipation several days Tired all the time Frequent headaches Lump or discolored patches on skin Shortness of breath	65 61 76 81 95 80 27 80 62 90 80	67 62 78 79 95 86 32 82 64 92 81	66 63 78 85 78 27 84 60 92 82	66 49 60 74 85 60 15 74 55 83 74	65 58 72 80 96 85 23 74 70 83 76	57 63 74 90 76 28 72 53 87 77
Cumulative Number of conditions: (18) None	1 22 38 55 73 88 100	** 18 34 52 72 87 100	21 35 54 72 90 100	- 40 64 74 87 89 100	29 38 56 72 90 100	5 27 41 59 75 85 100

## Table 6. Attitudes on the recognition, avoidability, and cure of illness by co-operation groups, NORC, 1958--Continued

\*Percentages are nonadditive, but represent the percentage who recognize the need to visit a physician. \*\*Less than 1 percent.

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		Census: Yes			Census: No	
Chronic conditions, doctor visits,	A11		NORC:		NOP	LC:
and physical checkups	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
Number of respondents	762	249	237	53	92	79
		Perce	ent dist	ributio	m	
A. Reported chronic conditions in past year or	*	I *	I *	• •	*	*
so: (19)	12	12	11	15	12	16
Arthritia or rhoumatismesses	15	12			1/	10
				1 1	2	1
Diabetes	1	2	1 1	-	1 -	1 1
Gallbladder or liver trouble	5	5	7	2	. 3	1
Heart trouble	3	L L	3	L 4	Ĩ	1
High blood pressure	1 7	9	6	9	2	13
Kidnev trouble	5	7	6	4	3	1
Piles	10	8	10	11	12	9
Sinus trouble	21	16	24	17	27	18
Varicose veins	7	7	6	11	9	9
None	46	44	44	53	49	48
B. Proportion reporting doctor visit in past year						
or so for chronic conditions: (19)	*	*	*	*	*	*
Allergy	66	62	63	50	67	54
Arthritis or rheumatism	60	59	66	57	46	67
Asthma	714	73	33	-	100	100
Diabetes	100	100	100		-	100
Gallbladder or liver trouble	89	83	88	100	100	100
Heart trouble	86	100	71	100	100	100
High blood pressure	89	96	86	80	100	90
Kidney trouble	73	78	57	100	100	-
Piles	55	35	61	50	54	86
Sinus trouble	50	50	52	44	44	64
Varicose veins	47	47	38	67	62	14
Summary of persons with above conditions who						
saw doctor: (19)	100	100	100	100	100	100
For all conditions	54	55	57	44	49	5,4
For some conditions	16	17	14	28	17	14
For no conditions	30	28	29	28	34	32

Table 7. Chronic conditions, doctor visits, and physical checkups by co-operation groups, NORC, 1958

\*Percentages are nonadditive.

_				Cen	sus: Ye	S	Census	s: No
	Chroni	c conditions, doctor visits,	A11	Census: Yes           NORC:           Cer- tainly         Prob- ably         No-           Percent distribu         No-           (249)         (237)         (           46         42         (           21         24         (           33         34         (           100         100         14           (31         32         (           25         26         (           44         42         (           100         100         14           (64)         (71)         (           41         48         28         18           31         34         100         100           (64)         (71)         (         (           41         48         28         18           31         34         100         100           (67)         55         12         25           18         20         100         100           9         12         25         18           100         100         14         14           100         100         <			NOR	: <u> </u>
		and physical checkups	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
с.	Last doctor	visit by number of reported chronic		Perce	nt dist	ributio	n	
	llinesses	N=	(762)	(249)	(237)	(53)	(92)	(79)
	Total	Under 3 months	42	46	42	38	36	43
		12+ months	35	33	34	32	41	38
		Total	100	100	100	100	100	100
		N=	(346)	(98)	(106)	(28)	(57)	(33)
	None	Under 3 months	32	31	32	32	30	36
		12+ months	44	44	42	36	45	49
C. Last do illnes Tot None 1 2+ D. Ever ha No Yes How oft Every Just Never Last ti Less 1 yea 2 yea 3 yea 3 yea 5 yea Never E. Ever ha No Reasons Just Jos, Felt Someb Becau Other		Total	100	100	100	100	100	100
		N=	(216)	(64)	(71)	(16)	(21)	(30)
	1	Under 3 months	47	41	48	44	48	56
		12+ months	29	31	34	25	33	17
		Total	100	100	100	100	100	100
		N=	(200)	(87)	(60)	(9)	(14)	(16)
	2+	Under 3 months	62	70 12	55 25	56	64	56
		12+ months	20	18	20	22	14	31
	· ·	Total	100	100	100	100	100	100
•		,						
D.	Ever had comp	plete physical examination? (27)	100	100	100	100	100	100
	No		9	9	12	8	8	11
	Yes		91	91	88	92	92	89
	How often do	you have complete examination?	100	100	100	100	100	100
	Every year	or two	33	37	26		39	34
	Never		9	· 9	12	8	8	11
	Last time you	) had complete examination:	100	100	100	100	100	100
	Less than	l year	37	40	33	40	44	34
	1 year less	s than 2	17	18	17		17	17
	2 years les	ss than 5	14	14	10	11	10	9
	5 years or	more	13	11	16	15	5	19
	Never		9	9	12	8	8	11
E.	Ever had chee	ckup when not 111? (28)	100	100	100	100	100	100
	No		60	63	63	58	48	67
	Yes	retting sheekup	40	37	37	42	52	33
	Just for cl	heckup	17	17	14	21	25	10
	Job, schoo	l requirements	16	15	15	15	16	15
	Felt rundow	wneese it			2	2		-
	Because of	my age, weight				-		3
	Other reaso	ons	3	ī	3	2	-	5

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## Table 7. Chronic conditions, doctor visits, and physical checkups by co-operation groups, NORC, 1958--Continued

\*\*Source: Data from Household Interview Survey.

Table 8. Confidence in doctors' skill and belief in his concern with patient's welfare by co-operation groups, NORC, 1958

_			Cen	isus: Ye	s	Censu	s: No
	Confidence in doctors' skill and	A11		NORC:		NOR	C:
	concern with patients welfare	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
	Number of respondents	762	249	237	53	92	79
	· ·		Perc	ent dis	tributi	on	
Α.	Do you have a doctor or clinic you usually	100	100	100	100	100	100
	Yes	88	89	88	87	89	86
	No	12	11	12	13	11	14
	Kind of medical service usually consulted: (32)-	100	100	100	100	100	100
	Private medical doctor	75	76	72	74	80	76
	Private clinic	5	5	7	4	2	4
	Public clinic or hospital	6	7	6	7	7	4
	Other	2	1	3	2	-	2
	None	12	11	12	13	11	. 14
Β.	Practitioners used by family in past year: (33)-	*	*	*	*	*	*
	Medical doctor	89	91	80	8/ 4	00 3	. 80
	Dentist, optometrist <sup>1</sup>	10	11	11	16	4	7
	Chiropractor	10	13	8	8	8	5
	Faith healer <sup>1</sup>	1	1	-	-	1	1
c.	Interest in patients by doctors today compared with 30 years ago: (22)	100	100	100	. 100	100	100
	Much more	34	41	31	21	34	30
	Little more	14	14	13	13	18	15
	Much less	14	12	14	15	12	19
	Little less	20	17	23	27	19	17
	Don't know	15	14	1/	13	12	
_			100	100	100	100	100
D.	Comparison of own doctor with others: (36)	100	100	100	100	100	100
	Much better	24	26	20	17	.35	25
	Little better	21	21	22	23	26	13
	Average	46	46	51	50	31	44
	Not as good		7	7	10	- 8	17
			· ·	, ,	10	Ŭ	
E.	Satisfaction with treatment by doctors in past 5 years: (37)	100	100	100	100	100	100
						0.0	
	Entirely satisfied	81	80	83	81	83	86
	Don't know	10	1		- 19	-	-
F.	Have you or anyone you know, ever had any bad experience with a doctor which made you lose						
	some confidence in doctors generally? (35)	100	100	100	100	100	100
	No	79	7/	81	99	70	78
	Yes	22	26	19	11	21	22
	Who had experience?	1					
	Respondent	8	10	8	5	7	8
	Spouse or child	2		4 2		- 6	
	Friend		6		-		-
	-				1 .	. –	

See footnotes at end of table.

		Census: Yes			Census: No		
Confidence in doctors' skill and	A11		NORC:		NOR	C:	
concern with patients welfare	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-Di	
		Percent distribution					
Have you or anyone you know, ever had any bad experience with a doctor, etcContinued							
Less than 1 year	4	4	3	2	1	5	
1-3 years	5	6	6	3	5	3	
3-10 years	7	10	4	4	8		
10+ years	6	6	6	2	7	9	
Why do some people say they are afraid of seeing a doctor? (34)	*	*	*	*	*	÷	
May have incurable disease	71	67	73	77	74	70	
Pain of treatment	13	11	15	14	14	11	
Expense	11	11	11	10	15	10	
Kind of treatment required		10		8		1	
Lack of sympathy from doctor		8		4	10	4	
Silly to be afraid	6	. 8	3	4	9	6	
Property and the second factor of the second factor							
not seeing a doctor: (29)	*		*	*	· *		
Something always seems to come up	34	33	37	30	35	27	
Doctor's office is too far away	5	5	6	8	5	<u>'</u>	
Waste of time waiting for doctor	15	14	16	17	15	15	
If feel all right, are all right	65	60	67	64	64	7:	
Not bother unless sick	43	46	45	40	36	47	
Don't think doctors can help	6	4	6	11	1	8	
Don't learn much from checkups	1 12		8	8			
Get Detter myself 11 1 m sick	12	20	12	19	12	14	
Disease is punishment for sinse		20	20	6	20	2-	
Regular examination makes worry	15	14	14	17	13	24	
Don't like doctors	11	11	12	8	13	1	
Doctor might hurt me	7	6	7	11	7	6	
Doctor might try to change my ways	6	10	5	2	7		
Doctor might want to put me in a hospital	-8	9	10	6	9	-	
Don't want family to know I'm sick	5	6	4	2	2	6	
Not spend money if OK	41	44		49	39	38	
bottor may suggest expensive treatment				<b>4</b>		-	
Criticisms of doctors in general: (40)	*	*	*	*	*	+	
Don't give chance to tell trouble		45	40	55	38		
Not enough free time for needy-	55	54	57	62	40	40	
Not tell you things ought to know	42	45	46	42	30	4	
Give better care to regular patients	47	49	46	43	45	48	
Not set appointments right	55	56	55	62	41	53	
Give unnecessary medicine	30	31	31	38	18	30	
Don't like consult other doctors	37	37	37	42	34	39	
Too old fashioned	15	14	19	15	8		
Work too fast-make mistakes		37		34			
Not careful or gentle enough		18	16	32	12		
More interested in money	20	14	27	19	12	14	
Suggest unnecessary visite	39	43	2/	36	27	20	
		1 37	1 22	1 30	. ~/	, J.	

## Table 8. Confidence in doctors' skill and belief in his concern with patient's welfare by co-operation groups, NORC, 1958--Continued

See footnotes at end of table.

Table 8. Confidence in doctors' skill and belief in his concern with patient's welfare by co-operation groups, NORC, 1958--Continued

		Cer	isus: Ye	Census	: No		
Confidence in doctors' skill and	A11		NORC:	NORC:			
concern with patients welfare	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK	
	Percent distribution						
J. Criticisms of own doctor: (40)	*	*	*	*	**	*	
Don't give chance to tell trouble	15	15	18	13	9	13	
Not enough personal interest	21	25	22	17	16	13	
Not enough free time for needy	8	11	8	9	2	4	
Not tell you things ought to know	11	12	14	15	5	9	
Give better care to regular patients	13	15	15	6	11	10	
Not set appointments right	31	34	33	34	23	27	
Give unnecessary medicine	8	9	9	4	6	9	
Don't like consult other doctors	6	. 7	`.9	4	2	8	
Too old fashioned	2	2	<u>\</u> 4	-	-	1	
Work too fast—make mistakes	8	10	<b>`</b> 9	8	7	4	
Not careful or gentle enough	6	6	5	8	3	2	
Hurt when examining	6	<u>`</u> 6	5	9	5	4	
More interested in money	10	12	8	8	11	11	
Suggest unnecessary visits	14	15	14	11	13	16	
Charge too much money	17	18	18	15	· 15	14	

<sup>1</sup>Does not necessarily represent total usage, since they are mentioned voluntarily and are not explicitly asked about on the original question. <sup>•</sup>Percentages are nonadditive.

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••Less than 1 percent.

## Table 9. Attitude toward clinics and role of government's health matter by co-operation groups, NORC, 1958

		Cen	Census: Yes			: No
Attitudes toward clinics	A11		NORC:		NOR	с:
· · · · · · · · · · · · · · · · · · ·	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
Number of respondents	762	249	237	53	92	79
		Perc	ent dis	tributi	on	
A. Experience with clinics or medical centers (41)	100	100	100	100	100	100
Never had any Had care in past 5 years Had care more than 5 years ago Kind of clinics or medical center:	50 34 16	38 41 21	53 35 12	55 26 19	57 32 11	70 22 8
Public Private Don't know	26 23 1	30 30 2	25 22 -	21 24 -	23 19 1	17 12 1
Satisfaction with care in clinics: Entirely satisfied Not entirely satisfied	100 76 24	77 23	73 27	74 26	87	78 22
<ul> <li>B. Care by salaried doctors compared with private doctors: (43)</li> </ul>	100	100	100	100	100	100 <sup>,</sup>
Better Worse Same Don't know	4 25 61 10	5 22 63 10	3 25 63 9	4 23 58 15	4 32 55 9	8 20 57 15
C. Criticisms of public clinics: (44)	*	*	*	*	*	15   
Doctors not experienced or well trained Too busy to give you personal attention Don't have up-to-date equipment Not concerned about patient's feelings Have to wait too long until doctor sees you Sent to different doctor every time Doctors don't try hard enough because you	20 40 10 23 61 38	22 40 10 24 59 39	18 37 9 20 62 38	21 47 4 24 76 43	20 37 9 18 58 35	19 42 9 25 62 35
don't pay Doctors not considerate or gentle when examining you Make you feel they're doing you a favor	13 16 21	16 17 21	12 16 22	9 17 23	12 13 20	14 15 23
D. Attitudes toward role of government in health matters:(46)	*	*	*	*	*	*
Disagree "health is no business of government" Agree "all doctors should work for government" Agree "government should test all new	88 12	91 17	90 11	77	91	78 9
vaccines Disagree "government should not provide free service to needy"	89	93	89	91	87	84
Disagree "government should not set up own labs"	80	86	78	68	83	66
Disagree "government should not provide any health insurance" Agree "government should give private hospitals	63	73	62	43	65	53
money for research"	80 94	82 96	84 96	72 89	76 98	71 85

\*Percentages are nonadditive.

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	5, MORC, 1					
	2	Ce	nsus: Y	es	Cens	us: No
Factors in arrangements for a	A11	}	NORC:		N	IORC:
health examination	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
Number of respondents	762	249	237	53	92	79
		Percen	t distr	ibutior	1	
A. Beliefs of others' willingness to take		ı .	ı		ı .	
examination: (47)	100	100	100	100	100	100
Certainly come	12	27	4	-	11	1
Probably come	56	56	72	21	61	32
Probably not come	27		22	66	25	48
Don L know			2	1.3	2	19
Would you be more likely to come if the						
examination had the approval of: (51)	100	100	100	100	100	100
Own doctor	100		100		100	
More likely	42	39	50	38	48	21
Less likely	*	-	-	2		
No difference	00	61	48	58 2	49	/0
	100	100	100	100	100	100
	100	100	100		100	100
More likely			42	21	30	
No difference	- 63	64	57	66	62	80
Don't know	2	1	1	11	-	.8
Religious advisor	100	100	100	100	100	100
More likely	24	28	27	15	29	11
Less likely	1	_	*	-	2	3
No difference	74	72	71	81	68	. 81
Don't know	1	-	2	4	1	5
Newspaper, radio, television	100	100	100	100	100	100
More likel <u>y</u>	20	25	23	2	25	4
Less likely	2			-	4	
No difference	1	/4	/5	94	/0	. 90
			1		1	
Spouse or friends	100	100	100	100	100	100
More likely	47	45	54	42	59	25
Less likely		2	*	-	-	
No difference	1		45		40	70
	-		_		-	•
B. Information needed for decision of whether to						
co-operate: (49)	**	**	**	**	**	**
None	36	45	28	42	24	55
Describe tests	50	44	55	45	62	32
Why was I selected	16	12	18	21	20	13
Time required for tests	6	4	7	2	10	5
when and where tests given	5	. 4	6	8	3	4
What kind of tests do you think would be						
included in survey? (50)	**	**	**	**	**	**
No idea	34	28	37	38	28	47
Heart examination	35	40	33	32	37	24
TouR examination	32	30	34	32	40	24

Table 10. Situational and environmental factors in arrangements for a health examination by co-operation groups, NORC, 1958

See footnotes at end of table.

			Cen	sus: Ye	S	Census	: No
	Factors in arrangements for a	A11		NORC:		NOR	<u>.C:</u>
	health examination	persons	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
			Perce	'n			
В.	Information needed for decision, etcCon.						1
	Kind of tests included in survey, etcCon.						
	Blood tests	25	31	22	15	24	15
	Urinalysis	21	24	20	11	17	19
	X-ray	19	22	17	17		24
	Over-all checkup	23	22	22	17	20	19
с.	What kinds of tests would you especially						
۰.	like? (50)	**	**	**	**	**	**
	None in particular, don't know whatever						
	necessary	64	52	62	78	68	88
	Heart	10	11	10	10	11	2
	Cancer	6	7	7	6	7	-
	Lungs	6	5	6	2	10	3
	General physical	6	8	6	4	7	2
	Specific symptoms	12	17	12	2	10	6
D.	What kinds of tests would you rather not			·			
	nave? (50)		~~	91	22	92	76
	None		00	2	65	3	5
	Plood tosts	4	3	5	2		
	Miscellaneous		5	3	-		3
	Don't want to be guinea nig		i i	3	-	4	-
	Don't need examination	4	*	-	9	l i	28
	Other vague and irrelevant	6	3	6	11	3	18
Е.	Examination arrangements:(52)**						
	Travel time:		· .				
	5-10 minutes	89	100	100	62	99	33
	15-20 minutes	87	99	98	58	97	29
	One hour	63	88	65	13	0/	1 11
•	Time of day:		1	67	24	5.0	5
	Morning during week	50	-72	6/	26	72	
	Fuening during week	69	84	74	42	77	24
	Saturday morning	65	78	74	30	72	17
·	Saturday afternoon	65	80	72	28	72	1 17
	Length of examination:						
	30 minutes	89	99	99	68	99	34
	1 hour	84	99	93	55	96	24
	1 hour, 30 minutes	75	96	81	30	85	18
	Second visit	82	98	90	45	92	23
	Place of examination:						
	Hospital or medical center	87	99	97	62	98	30
	Church or school	79	94	88	47	87	23
	Special trailer parked outside	/4	88	82	4/	8/	24
	Local doctor's office	88	99	99	59		23
	ferson giving examination:	00	07	00	70	67	/.0
	Other local doctor	20	2/	90	/2	a2	22
	Specialist approved by AMA	20	100	00	57		32
	Financial considerations:				, ,,		
	Taxicab fare is paid	83	97	93	55	89	24
	Not appropriate	(5)	(2)	(5)	(8)	(9)	(3)
	Baby sitter paid	32	35	36	28	26	10
	Not appropriate	(62)	(65)	(62)	(55)	(72)	(60)
	Paid for time at examination	82	95	90	58	89	32
	Not appropriate	(5)	(4)	(6)	(4)	(8)	(1)

## Table 10. Situational and environmental factors in arrangements for a health examination by co-operation groups, NORC, 1958--Continued

See footnotes at end of table.

		Census: Yes			Census	: No	
Factors in arrangements for a	A11		NORC:	NORC :			
health examination	persons	Cer- tainly	Prob- ably	No-DK	Yes	No <b>-DK</b>	
	Percent distribution						
E. Examination arrangements—Continued							
Person examined:	70		1 97	1 62	I 01 -	1 28	
Not appropriato		(11)		(9)		(10)	
Adults and children	54	59	60	47		19	
Not appropriate	(39)	(40)	(39)	(36)	(38)	(43)	
	86	99	98	57	97	29	
Personal modesty:							
Undress completely	82	96	91	51	95	27	
Undress above waist	86	99	96	57	99	30	
Wear coverall gown	88	100	98	62	98	34	
Voluntary mention of other arrangements:							
Want definite appointment	1	1	1	2	1	1	
Give choice of times	3	3	4	4	2	-	
Specified hour-not working hour	9	11	10	11	9	1	
If other people I know go	1	*	*	2	2	-	

### Table 10. Situational and environmental factors in arrangements for a health examination by co-operation groups, NORC, 1958--Continued

\*Less than 1 percent.

\*\*Percentages are nonadditive.

			Cen	sus: Ye	s	Census	: No		
	Characteristics	A11		NORC:		NOR	C:		
		persons	Cer- tainly	Prob- ably	No-DK	Yes	No-D <b>K</b>		
	Number of respondents	762	249	237	53	92	79		
			Perc	ent dis	tributi	ion			
A.	Sex	100	100	100	100	100	100		
	Male Female	50 50	48 52	46 54	55 45	62 38	49 51		
Β.	Family relationship	100	100	100	100	100	100		
	Head Wife Child Other relative Unrelated	59 32 5 . 3 1	62 30 3 4 1	56 37 4 2 1	58 32 6 2 2	63 27 6 4 -	56 32 6 4 2		
с.	Marital status	100	100	100	100	100	-100		
	Married Widowed Divorced Separated Never married	77 6 4 4 9	74 7 7 7 5	78 8 2 1 11	73 6 4 13	83 3 2 4 8	79 6 5 - 10		
D.	Labor force status	100	100	100	100	100	100		
	Working Looking for work Keeping house School Other	63 1 31 2 3	60 2 33 1 4	61 1 34 3 <sup>.</sup> 1	64 - 32 - 4	67 1 23 2 7	66 1 28 1 4		
E.	Race	100	100	100	100	100	100		
	White Nonwhite	86 14	77 23	87 13	89 11	94 6	95 5		
F.	Age	100	100	100	100	100	· 100		
	18-34 35-49 50+	32 36 32	27 41 32	36 37 27	38 28 34	34 37 29	19 27 54		
G.	Income	100	100	100	100	100	100		
	Under \$3,000 \$3,000-4,999 \$5,000-6,999 \$7,000+	19 27 27 27	25 30 27 18	20 25 29 26	25 27 13 35	11 32 26 31	13 23 26 38		
н.	Education	100	100	100	100	100	100		
	Grade school High school College	26 51 23	32 53 15	24 52 24	34 32 34	19 55 26	23 58 19		

### Table 11. Selected characteristics of co-operation groups, NORC, 1958\*

### Table 11. Selected characteristics of co-operation groups, NORC, 1958 - Continued

		Census: Yes			Census: No	
Characteristics	A11 persons	NORC:			NORC:	
	_	Cer- tainly	Prob- ably	No-DK	Yes	No-DK
		Percent distribution				
I. Self and proxy respondents	100	100	100	100	100	100
Self respondent Proxy respondent	64 36	68 32	68 32	64 36	46 54	71 29
J. MalesVeterans status: Veterans(N=162) Nonveterans(N=193)	100 100	35 32	36 27	_ <u>9</u> 8	13 19	7 14
K. Males—Veterans status by age: <u>18-34</u>						
Veterans(N=64) Nonveterans(N=36) 35-49	100 100	30 25	42 28	12 14	11 25	5 8
Veterans(N=69) Nonveterans(N=69)	100 100	36 _36	35 30	7 5	15 20	7 9
<u>50+</u> Veterans(N=29) Nonveterans(N=88)	100 100	45 33	24 24	3 8	. 14 15	14 20

\*Source: Data from Household Interview Survey.

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### Table 12. Intention to co-operate on health examination reported to NORC by region and size of urban area

Region and urban size	All p	ersons	Co-operators	Non- co-operators	
	Number	Percent			
Region:					
East	237	100	75	25	
Midwest	231	100	81	19	
South	156	100	83	17	
West	138	100	. 86	14	
Urban size:					
Large metropolitan (over 1,000,000)	386	100	78	22	
Small metropolitan (under 1,000,000	277	100	84	. 16	
Other urban areas	99	100	82	18	

Table 13. Index of health status by co-operation groups, NORC, 1958

Index of health status	A11 F	ersons	Co-ope	erators	Nonco-operators		
	Number	Percent	Number	Percent	Number	Percent	
<pre>Health status: No chronic conditions—saw no doctor in past year No chronic conditions—saw doctor in past year One chronic illness Two or more chronic illnesses</pre>	164 182 216 200	100 100 100 100	129 150 164 171	79 83 76 86	35 32 52 29	21 17 24 14	

#### APPENDIX I

## COMPARISON OF RATIOS DERIVED FROM THE NORC SAMPLE

Since the sample for this study was not based on a probability design, it was not possible to make the usual statistical inferences as to the precision of estimates. However, it was possible to compare the magnitudes of ratios derived from the NORC sample with those obtained from the NHS urban sample which is representative of the U. S. urban population.

As pointed out in the section on methodology, the NORC sample was selected from a large NHS sample in which a supplemental question on co-operation was asked. The ratios used in this comparison were based on answers given on the original inquiry by the total urban sample and that portion used in the NORC sample,

Table I. Percent of persons willing to participate in a health examination survey and distribution of persons in NORC and U.S. urban sample by selected characteristics

Chana shani a ti s	Percent to part	willing icipate	Percent distribution of persons		
	NORC sample	U.S. urban sample	NORC sample	U.S. urban sample	
Race Total	72.9	69.2	100.0	100.0	
White Nonwhite	70.1 88.5	67.0 84.1	84.9 15.1	87.1 12.9	
Sex Male Female	69.3 76.5	67.5 70.6	50.1 49.9	47.0 53.0	
Age 18-24 25-44 45-64	69.7 78.4 67.5	72.0 73.3 63.1	9.6 47.6 42.8	14.5 46.6 38.9	
Education* Under 9 years 9-12 years 1+ years of college	73.1 74.0 69.8	67.1 71.6 67.4	29.2 49.2 21.6	34.5 45.0 20.5	
Income** Under \$2,000 \$2,000-4,999 \$5,000-6,999 \$7,000+	73.3 76.7 73.8 66.5	62.6 73.7 71.8 65.2	15.2 34.3 25.0 25.5	17.7 33.4 24.3 24.6	
Time interval since doctor last seen Under 3 months	75.0 75.0 70.1 66.7	70.7 71.2 70.5 60.0	36.0 30.2 19.9 13.9	35.5 29.8 19.3 15.4	
Number of chronic conditions None 1 2 3+	69.3 71.4 81.4 79.2	66.3 70.6 73.7 74.5	45.9 27.9 15.8 10.4	51.0 27.0 12.4 _9.6	

\*Education of head of household and of unrelated individuals in the household.

\*\*Income of family and unrelated individuals.

Table II. Percent of persons willing to participate in a health examination survey and distribution of persons in NORC and U.S. urban sample by region and place of residence

	Percent willing to participate		Percent distribution of persons	
Region by place of residence	NORC	U.S. urban	NORC	U.S. urban
	sample	sample	sample	sample
All regions	72.9	69.2	100.0	100.0
Large metropolitan	69.2	65.5	49.9	39.0
Small metropolitan	75.6	67.1	34.0	32.5
Other urban	78.4	76.6	16.1	28.5
Northeast	66.1	60.7	100.0	100.0
Large metropolitan	65.8	60.2	70.6	59.1
Small metropolitan	66.7	55.8	14.9	23.7
Other urban	66.7	68.8	13.6	17.2
North Central	75.6	71.6	100.0	100.0
Large metropolitan	69.2	71.5	49.7	34.8
Small metropolitan	80.3	68.8	31.6	35.1
Other urban	84.6	75.0	18.7	30.1
South	69.7	73.3	100.0	100.0
Large metropolitan	52.6	59.5	14.4	11.9
Small metropolitan	68.1	69.3	54.5	45.0
Other urban	80.5	81.4	31.1	43.1
West	83.5	73.8	100.0	100.0
Large metropolitan	82.5	70.6	49.6	47.7
Small metropolitan	84.1	75.2	49.6	26.1
Other urban	100.0	78.2	0.8	26.2

Data are presented in tables I and II for both samples on a number of selected characteristics. These indicate the relative distributions in both samples of persons included and the proportion indicating a willingness to participate in a health examination survey.

The ratios on willingness to accept an examination were consistently higher in the NORC sample than those derived from the U. S. urban sample. Although most of the differences were slight, affirmative co-operation ratios from the NORC sample were particularly higher for those with income under \$2,000, persons with two chronic conditions, and where the person indicated a period of 3 or more years since a doctor was last seen (table I).

In all regions but the South, with the exception of other urban areas in the Northeast, the NORC ratios of willingness to co-operate were consistently higher than the corresponding ratios in the U. S. urban sample. The widest differences were generally observed in the small metropolitan areas although ratios in other urban areas were higher in the North Central and West (table II).

The two samples were quite similarly distributed with respect to the characteristics presented in table I with perhaps the most noticeable difference being in the proportion of persons 18-24 years of age. Over-all, the NORC sample distribution contained a larger proportion of persons in large metropolitan areas and a correspondingly lower proportion in the smallest urban places of residence.

In summary, from the evidence presented in these tables, the sample used by NORC in the study of attitudes toward participation in a health examination did not seem to differ grossly from the representative U. S. urban sample. Thus, the findings in this report should be good approximations to what would have been obtained if the sample had been based on a probability design.

#### APPENDIX II

#### **QUESTIONNAIRE**

The items below show the exact content and wording of the questionnaire used in this study. The actual questionnaire used different spacing arrangements and provided for precoding most of the answers.

Good (afternoon, evening) I'm from the National Opinion Research Center. As this letter says, the Public Health Service has asked us to do a special study for them and to ask you some additional questions. The first one is--

- I. Would you say your own health, in general, is excellent, good, fair, or poor? □Excellent □Good □Fair □Poor □Don't know
- 2. All in all, do you think that most people take the best possible care of their health, or could they take better care than they do?

□Take best care □Could take better care □Don't know

3. Would you say you take the best possible care of your own health now, or could you take better care of your health than you do?

Best possible care Could do more Don't know

- A. IF "COULD DO MORE": What are some of the things you could do to take better care of your health?
- 4. Do you think the way you live makes a great deal of difference in how healthy you are, makes some difference or hardly any difference at all?
  Great deal Some difference Hardly any Don't know
- 5. Now, if you had a chance to talk to your doctor for half an hour, at no cost to you, are there any things about your health that you'd like to ask him? Yes No Don't know

  - A. IF "YES": What sort of things would you ask him about?
  - B. IF "NO": Why is that?
- 6. A. Would you say you think about your health fairly often, once in a while, or hardly ever?
  - B. Do you talk about your health with your family and friends fairly often, once in a while, or hardly ever? a. <u>Think about</u>: □Fairly often □Once in a while □Hardly ever □Don't know
    - b. Talk about: Drainly often Once in a while Hardly ever Don't know
- 7. During the last year, have you felt at any time that you should have seen a doctor, but didn't? ☐Yes ☐No ☐Don't know
  - IF "YES", ASK BOTH "A" & "B"
  - A. Was it anything that kept you from doing your regular work, or were you able to continue your usual activities?

□Kept from doing □Able to continue □Don't know

- B. Why didn't you see a doctor?
- - B. IF "NOT LIKELY" OR "DON'T KNOW": How about being sick in bed for 3 or 4 days--Would you say it is very likely, only fairly likely, or not likely at all?

     Overy likely
     Dairly likely

    Not likely
    Don't know

IF "VERY LIKELY" OR "FAIRLY LIKELY" ON "A" OR "B" OR "DON'T KNOW" ON "B", ASK "C"

- C. Do you think there's anything you could do to prevent that?
- 9. And how likely does it seem to you that you might get tuberculosis, arthritis, or a heart attack in the next 5 or 10 years—Very likely, fairly likely, or hardly likely at all? [Very likely [Fairly likely ]Hardly likely ]Don't know

11.	A. Now, if you were sick in bed for a week, would there be somebody who's living here to take care of you, or could you get somebody in pretty easily or would it be hard to get somebody? Somebody hereGet someone easilyHard to get somebodyDon't know					
	B. By the way, do you have a job outside your home? □Yes □No					
	IF "YES", ASK "C" & "D"					
	C. Would you lose all of your income during that time, or only part of it, or wouldn't you lose any income at all if you were sick in bed for a week? Lose all income Lose some income No income loss Don't know					
	D. In other ways—other than income, that is—would it hurt you on your job a great deal, or some, or wouldn't it be very serious (if you were sick in bed for a week)? [Hurt great deal ]Hurt some ]Not very serious ]Don't know					
. 12.	And how much trouble would the rest of the family have in taking care of the house if you were sick in bed for a week—a great deal of trouble, some trouble, or not much at all? □Great deal □Some trouble □Not much at all □No family □Don't know					
13.	Now suppose you had a large medical bill not covered by insurance—say for \$500 or more—would you have great difficulty in paying it right away, a moderate amount of difficulty, or hardly any difficulty at all? Great difficultyModerate amountHardly anyDon't know					
14.	Now I'd like to ask you about some particular illnesses. If a person should get (each condition) do you think he <u>could tell right away</u> something was wrong by the way he felt <u>or might he not know for some time</u> that something was wrong? How about (next condition)?					
	I. Diabetes 5. Arthritis or rheumatism For each condition check:					
	3. Asthma 7. Tuberculosis DYes DNo Don't know 4. Liver trouble 8. Heart trouble					
15.	From what you've heard or read, do you happen to know any of the signs or symptoms of polio? (What are they?)Any other ways a person could tell he had polio? (specify)					
16.	How about T.B. (tuberculosis)—do you happen to know any of the signs or symptoms of T.B.? (What are they?)Any other ways a person could tell he might have T.B.? (specify)					
17.	And how about diabeteswhat are its signs or symptoms? Any other ways a person could tell he might have diabetes?					
18.	Now on this card is a list of health conditions that people sometimes have. I'll read each one and I'd like you to tell me if you think a person should see a doctor about it immediately, if he should take care of it himself unless it gets worse, or if he should leave it alone? First, how about "coughing for 5 or 6 days?" [How about (next condition]?]					
	1. Coughing for 5 or 6 days       7. Sore throat, running nose         2. Diarrhea or constipation for several days       8. Unexpected loss of 10         3. Feeling tired all the time       pounds         4. Frequent headaches       9. Feeling thirsty all the time					
	5. Lump or discolored patches on skin 10. Pains in the chest Leave alone 6. Shortness of breath 11. Pains in the stomach Don't know					
19.	A. Now, on the other side of that card (HAVE RESPONDENT TURN CARD OVER) — I'd like you to tell me if you your- self had any of these conditions at any time during the last year or so? ( <u>Check under "A" all those men-</u> tioned.) The first one is "coughing for 5 or 6 days"?					
	B. FOR EACH CONDITION MENTIONED IN "A", ASK: Did you happen to see a doctor about (condition) in the past year? (Check one of the three codes under "B")					
	<ol> <li>Coughing for 5 or 6 days</li> <li>Arthritis, rheumatism</li> <li>Diarrhea or constipation for several</li> <li>Asthma</li> <li>Have had</li> </ol>					
	3. Feeling tired all the time 16. Gallbladder or liver B. For each condition re-					
	4. Frequent headaches trouble ported. 5. Lump or discolored patches on skin 17. Heart trouble Saw doctor					
	6. Shortness of breath 18. High blood pressure					
	8. Unexpected loss of 10 pounds 20. Piles					
	9. Feeling thirsty all the time 21. Sinus trouble 10. Pains in the chest 22. Varicose veins					
	II. Pains in the stomach None of them					
	IZ. THEISY "					
	C. How is it that you didn't see a doctor about (conditions for which no doctor seen)? (Write number of each con- dition before answer.) (Specify)					
20.	Now, if a person had an "allergy," do you think a doctor could cure it completely, could he help it but perhaps not cure it, or couldn't he help it at all? How about (next condition)?					
	I. Allergy 7. High blood pressure. For each condition:					
	2. Arthritis or rheumatism 8. Kidney trouble. DComplete cure 3. Asthma 9. Piles					
	4. Diabetes 10. Sinus trouble					
	5. Gallbladder trouble II. Varicose veins Double Don't know					

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21.	Compared to 30 years ago, do you think people's chances for living a healthy life are much better, a little bet- ter, much worse, or a little worse than they used to be? Much better DLittle better Much worse DLittle worse About the same Don't know
22.	All in all, how much interest do you think doctors take in their patients today compared to 30 years agomuch more, a little more, much less, or a little less interest than they used to? Much more Little more Much less Little less About the same Don't know
23.	Do you think doctors today know a lot more about treating sicknesses, a little more, a lot less, or alittle less than they did 30 years ago? A lot moreLittle moreLot less `Little lessAbout the sameDon't know
24.	And do you think the medicines we have today are much better, a little better, or worse than they were 30 years ago? Much betterLittle betterWorseAbout the sameDon't know
25.	Do you think enough is being done in this country to discover the causes of disease? □Yes □No □Don't know
26.	And do you think enough is being done to discover new cures for disease? Yes No Don't know
27.	And have you ever had a complete physical examination?
	IF "YES", ASK "A", "B" & "C" A. Do you get a complete physical exam regularly every year or two, or just occasionally? ☐Every year or two ☐Just occasionally ☐Don't know B. About how long ago was the last time? ☐Less than I year ☐I year, less than 2 ☐2 years, less than 3 ☐3 years, less than 5 ☐5 years, less than 10 ☐10 years or more
	C. Why did you go to the doctor at that time?
28.	And have you ever gone to a doctor for a check-up or examination even though you didn't think you had anything especially wrong with you? Yes INo
	IF "YES", ASK "A" & "B" A. About how long ago was this? Less than I year I year, less than 2 2 years, less than 3 3 years, less than 5 5 years, less than 10 10 years or more B. And why did you go to the doctor then?
29. 30.	<pre>Now here are some reasons people give for not seeing a doctor. For each one, 1'd like you to tell me whether you yourself have ever feit this way. (Some people say (read statement). Have you ever feit this way?) A. I mean to go but something always seems to come up B. I don't like to bother the doctor unless I'm sick C. Regular exams just make you worry—it's like looking for trouble D. I don't like doctors and avoid them as much as possible E. I don't want to spend the money if I'm feeling all right F. A person understands his own health better than most doctors do G. I don't like being examined—the doctor might hurt me or make me feel un- comfortable H. The doctor might tell me.l needed some expensive medicine or treatment D bisease is a punishment for our sins and can't be avoided I don't want my family or friends to know I'm sick L. The doctor might want me to change my ways, like rest more or stop smoking O. If I'm sick, I can get better by myself without any doctor P. The doctor might want to put me in a hospital O. You don't learn much about your health from regular check-ups R. I fyou feel all right, the chances are you are all right During the last year, has anyone suggested you see a doctor, but you didn't go? </pre>
	∟Yes ∟No <u>IF "YES", ASK "A" &amp; "B"</u> A. Who was that? SpouseOther relativeFriend, acquaintanceOther (specify) B. Why didn't you go?
31.	Do you ever argue with anyone else in the family about whether one of you should see a doctor? Yes No family Don't know
	A. <u>IF "YES":</u> Who wants who to go to the doctor?

32.	. Do you have a doctor or clinic you usually go to when you're sick? □Yes □No				
	A. <u>IF "YES"</u> : What kind of doctor (clinic) is he (it)? B. <u>IF "NO":</u> Have you ever had a regular doctor whom you'd go to when you were sick? □Yes □No				
33.	During the past year, have you or anyone in your family been to:				
	A. A chiropractor B. An osteopath C. A medical doctor D. Any other person for treatment or healing (specify type) B. An osteopath D. Any other person for treatment or healing (specify type) B. An osteopath D. Any other person for treatment or healing (specify type) B. An osteopath D. Any other person for treatment or healing (specify type)				
34.	Some people say they're afraid of seeing a doctor. What do you suppose they mean by that?				
35.	Now could you tell me if you yourself, or anyone you know, ever had any bad experience with a doctor which made you lose some confidence in doctors generally? Yes No				
	IF "YES", ASK "A", "B", & "C" A. Who had that experience? Respondent				
	B. About how long ago was that (the last time)? Less than 1 year ago I year, less than 3 I years, less than 5 I years, less than 10 IO years, less than 25 I 25 years or more				
	C. What was it that made you lose some confidence in doctors?				
36.	And how would you rate your doctor in comparing him with most other doctors in the United States—would you so he is much better than most, or a little better than most, about average, or not as good as most? Much betterA little betterAbout averageNot as goodDon't know	'À			
37.	Have you been entirely satisfied with the care and treatment you and your family got from doctors during the past five years or so, or were there some things about the care that you were not satisfied with? Entirely satisfied Some things not Don't know	e			
	A. IF "SOME THINGS NOT": What was that?				
38.	. Could you tell me if you read about health matters in newspapers or magazines often, once in a while, or hardly ever? 				
	A. <u>IF "HARDLY EVER"</u> : Is that because you don't read the newspapers or magazines much or because you usual skip the health items? Don't read papers, magazines	у			
39.	. How about radio and television programs dealing with health or medicine—do you listen to those often, once in a while, or hardly ever?				
	A. <u>IF "HARDLY EVER"</u> : Is that because you don't listen to radio or television very much, or because you don't une in on health programs?	t			
40.	A. Now here are some things people sometimes don't like about doctors. I'd like to know whether you personal think they are true of most doctors, true of some doctors, or true of hardly any. For example (Read "I")	ly (י			
	do you think that's true of most doctors, true of some doctors, or true of hardly any?	-			
	<ul> <li>B. FOR EACH ANSWER QE "MOST" OR "SOME" IN 40 A ASK: Have you yourself ever had a doctor like this?</li> <li>I. They don't give you a chance to tell them exactly what your trouble is</li> <li>2. They don't take enough personal interest in you</li> </ul>	•			
	<ol> <li>They don't give enough free time to people who need it</li> <li>Doctors like to give you medicine even if you don't need it</li> </ol>				
•	<ol> <li>Doctors don't like to get other doctors' opinions about a condition</li> <li>Doctors give better care to their regular patients than to people they         don't know so well         They don't know the things you cupt to know              Characteria      </li> </ol>				
	<ul> <li>B. Doctors want you to come back for additional visits even if you don't</li> <li>B. Doctors want you to come back for additional visits even if you don't</li> </ul>				
	need to				
	out what is really wrong with you II. Doctors hurt you when they examine you and make you feel worse than Don't know				
	when you came in 12. Doctors take advantage and charge you more than they should				
	13. Doctors are too old fashioned and don't keep up with modern medicine 14. Doctors work too fast and make mistakes in finding out what's wrong				
	with you /				
	15. Doctors aren't careful and gontre chough mich they examine you				

•

- 41. A. During the last five years or so, have you received any care or treatment at any clinic or medical center? ☐ Yes ΩNo Don't know
  - в. IF "NO": Have you ever received any care or treatment at a clinic or medical center? Yes No Don't know

IF "YES" TO "A" OR "B", ASK "C" & "D"

- C. Was it a public or private one? Public Private Don't know
- D. Were you always entirely satisfied with the care and treatment they gave you, or were there some things you were not so satisfied with?

- E. IF "NOT SATISFIED": What was the trouble?
- Has anyone you know ever had an experience with a public clinic which gave you a poor opinion of that service? 42. Yes No Don't know

IF "YES", ASK "A" & "B"

A. Who was that?

□Other relative □Friend Other (specify) □Spouse, child Don't know

- B. What was the trouble?
- 43. As you probably know, some doctors are hired by groups or business firms, to practice medicine on a salaried basis. From what you've read or heard, do you think most doctors who work for a salary are likely to treat their patients better, or worse, or about the same as private doctors who charge fees?

Better Worse About the same Don't know

- A. IF "BETTER" OR "WORSE": In what way do they treat their patients (better, worse) than private doctors?
- 44. Now I'd like to read you some things people sometimes dislike about public clinics. For each one, I'd like you to tell me whether you think it is generally true or not true about public clinics:
  - A. The doctors are not as experienced or well trained
  - в. They are too busy to give you personal attention
  - C. They don't have up-to-date equipment
  - D. They aren't concerned about the patient's feelings
  - E. You have to wait a long time until a doctor sees you F. You are sent to a different doctor every time

  - G. The doctors don't try hard enough because you don't pay them for their services
  - H. They're not as considerate or gentle when they examine you
  - 1. They make you feel as if they are doing you a favor to see you
- As you may know, the Public Health Service carries on several different kinds of programs---like studies on ill-45. nesses, aid for building new hospitals, and helping communities with their health problems. Are you entirely satisfied with the job now being done by the public health people, or are there some things you feel they could do better?

Entirely satisfied Could do better Don't know

- A. IF "COULD DO BETTER": What are some of the things you think they could do?
- 46. Now here are some different statements about the government and health. I'd like you to tell me whether you agree or disagree with each one. Now first, "The people's health is no . . . " - Do you agree or disagree?
  - A. The people's health is no business of the government
  - B. All doctors should work for the government and be paid a salaryC. The government should test all new vaccines and medicines for safety

  - D. The government should not provide free doctors' services for the needy
  - E. The government should not set up its own laboratories for research
  - The government should not provide any health insurance for the people to F. help pay for doctor and hospital bills
  - G. The government should give private hospitals and universities money for research
  - The government should make studies and publish information on the naн. tion's health
- 47. As you might expect, the Public Health Service cannot learn all they need to know about health in the nation just by asking questions. For some things they need actual measurements and tests. How do you think most people you know will feel about helping on that part of the survey-will they certainly come, probably come or probably not come for these measurements and tests? Certainly come Probably come Probably not come Don't know
- 48. A. If you yourself are asked to come for the tests and measurements part of the survey, will you certainly come, probably come, or probably not come?
  - Certainly come Probably come Probably not come Don't know
  - B. Why is that?

Check for each statement: Agree

Check for each statement:

True

□Not true

Don't know

- Di sagree
- Don't know

- Before you decided on coming, would you have any questions about the tests you'd want to find out about? . 49. Yes No Don't know
  - A. IF "YES": What are they?

Date:\_

- Time began:\_\_\_

- What sort of tests do you think they would give you? (Any others?) Α. 50.
  - B. Is there anything you'd especially like them to check about your own health?
    - C. Is there anything you'd rather they did not do in such an examination?
- A. If you knew that your own doctor approved of your coming, would you be 51. more likely to come, would you be less likely to come, or wouldn't it make any difference in your coming for the tests and measurements?
  - B. If you knew the local medical society approved of your coming, would you be more likely to come, would you be less likely to come, or wouldn't it make any difference in your coming for the examination?
  - C. How about your religious advisor-if he approved, would you be more likely to come?
  - D. How about the local newspaper or radio-TV station-if they approved, would you be more likely to come?
  - E. Last, if your (spouse) or friends approved, would you be more likely to come?
- In planning for the tests, we are interested in finding out what arrangements will make it easier for the 52. greatest number of people to come. I am going to read you some of the different ways the exam can be arranged and for each one I would like you to tell me if you will certainly come, if you will probably come, or if you

	pr	blably won't come. The first one is (read A-1).	
	Α.	<ol> <li>If it is given at: A place just 5-10 minutes from your home</li> <li>A place just 15-20 minutes from your home</li> <li>A place an hour from your home</li> </ol>	
	8.	<ol> <li>What if it is given on a morning during the week</li> <li>On an afternoon during the week</li> <li>On an evening during the week</li> <li>On a Saturday morning</li> <li>On a Saturday afternoon</li> </ol>	
	с.	<ol> <li>If your taxicab fare is paid</li> <li>If a baby sitter were paid for when needed</li> <li>If you were paid for the time spent at the examination</li> </ol>	
÷	D.	<ol> <li>What if it was at a hospital or medical center</li> <li>If it was at a church or school</li> <li>At a special trailer unit parked outside</li> <li>At a local doctor's office</li> </ol>	Check for each arrangement: Will certainly come Will probably come
	E.	<ol> <li>If your own doctor gave the exam</li> <li>If some other local doctors gave the exam</li> <li>If some specialists approved by the American Medical Asso- ciation gave the exam</li> </ol>	□Probably won't come □Not appropriate □Don't know
	F.	<ol> <li>If the exam took only about half an hour</li> <li>If the exam took about an hour</li> <li>If the exam took an hour and a half</li> <li>If a second visit were also necessary to get a more complete exam</li> </ol>	
	G.	<ol> <li>If all the grownups in your home were offered the exam</li> <li>If the children were also offered the exam</li> <li>J. If only you were selected for the exam</li> </ol>	
	н.	<ol> <li>If you were asked to undress completely</li> <li>If you were asked to undress above the waist</li> <li>If you could wear a coverall gown</li> </ol>	
	١.	Would any (other) arrangement make it (more) possible for you to come?	
•		IF "YES": What is that?	)
Now	here	are just a few different questions and we'll be through.	
53.	Bef	ore the Census interviewer asked you about your own health—had you ever □Yes □No □Don't kπow	been interviewed before?
54.	How im	important do you feel it is for people to cooperate on opinion surveys : portant, or hardly important at all? □Very important □Fairly important □Hardly important □Don't know	such as this, very important, fairly w
55.	And	in what countries were your parents born?	
		Mother	
		Father	· · · · ·

Check for each question: ☐ More likely Less likely □No difference Don't know

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**Public Health Service Publication No. 584** 

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