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National Study of Long-Term Care Providers

2016 Adult Day Services Center Questionnaire

Dear Director,

The Centers for Disease Control and Prevention conducts the National Study of Long-Term Care Providers. Please complete this questionnaire about the adult day services center at the location listed below.

- **If this adult day services center is part of a multi-facility campus or has more than one adult day license, answer only for the place listed below.**
- Please consult records and other staff as needed to answer questions.
- If you need assistance or have questions, go to http://www.cdc.gov/nchs/nsltcp.htm or call 1-866-245-8078.

(B)

Label here

Thank you for taking the time to complete this questionnaire.

National Center for Health Statistics
Division of Health Care Statistics

1 Background Information

1. Is this adult day services center …

MARK YES OR NO IN EACH ROW

	Yes	No
a. licensed or certified by your State specifically to provide adult day services, or accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)?	☐	☐
b. authorized or otherwise set up to participate in Medicaid (Medicaid state plan, Medicaid waiver, or Medicaid managed care) or part of a Program of All-Inclusive Care for the Elderly (PACE)?	☐	☐

If you answered "No" to both 1a and 1b, skip to question 33 on page 8.

2. Based on a typical week, what is the approximate average daily attendance at this adult day services center at this location? ***If none, enter "0."***

☐ Average daily attendance of participants

If you answered "0," skip to question 33 on page 8.

3. What is the total number of participants currently enrolled at this adult day services center at this location? ***If none, enter "0."***

☐ Number of participants

If you answered "0," skip to question 33 on page 8.

4. What is the maximum number of participants allowed at this adult day services center at this location? This may be called the allowable daily capacity and is usually determined by law or by fire code, but may also be a program decision. ***If none, enter "0."***

☐ Maximum number of participants allowed

5. Is this center owned by a person, group, or organization that owns or manages **two or more adult day services centers**? This may include a corporate chain.

☐ Yes
☐ No

6. Which **one** of the following best describes the participant needs that the **services of this center** are designed to meet?

MARK ONLY ONE ANSWER

☐ ONLY social/recreational needs—NO health/medical needs
☐ PRIMARILY social/recreational needs and SOME health/medical needs
☐ EQUALLY social/recreational and health/medical needs
☐ PRIMARILY health/medical needs and SOME social/recreational needs
☐ ONLY health/medical needs—NO social/recreational needs

7. Is this a **specialized** center that serves **only** participants with a particular diagnosis, condition, or disability?

☐ Yes
☐ No

If you answered "No," skip to question 9.

8. In which of the following diagnoses, conditions, or disabilities does this center specialize?

MARK ALL THAT APPLY

☐ Alzheimer's disease or other dementias
☐ Human immunodeficiency virus (HIV)/AIDS
☐ Intellectual or developmental disabilities
☐ Multiple sclerosis
☐ Parkinson's disease
☐ Post-stroke physical or cognitive impairments with a need for rehabilitative therapies
☐ Severe mental illness, such as schizophrenia and psychosis
☐ Traumatic brain injury
☐ Other (please specify) ☐

9. What is the type of ownership of this adult day services center?

MARK ONLY ONE ANSWER

☐ Private—nonprofit
☐ Private—for profit
☐ Publicly traded company or limited liability company (LLC)
☐ Government—federal, state, county, or local

10. Of this center's revenue from paid participant fees, about what percentage comes from each of the following sources? Your entries should add up to 100%. ***Enter "0" for any sources that do not apply.***

a.	Medicaid (include revenue from a Medicaid state plan, Medicaid waiver, Medicaid managed care, or California regional center)	____ %
b.	Medicare	____ %
c.	Older Americans Act	____ %
d.	Veterans Administration	____ %
e.	Other federal, state, or local government	____ %
f.	Out-of-pocket payment by the participant or family	____ %
g.	Private insurance	____ %
h.	Other source	____ %
	TOTAL	**100** %

NOTE: Your entries should add up to 100%.

11. An electronic health record (EHR) is a computerized version of the participant's health and personal information used in the management of the participant's health care. Other than for accounting or billing purposes, does this adult day services center use electronic health records?

- ☐ Yes
- ☐ No

12. Does this adult day services center's computerized system support **electronic health information exchange** with each of the following providers? Do not include faxing.

MARK YES OR NO IN EACH ROW

		Yes	No
a.	Physician	☐	☐
b.	Pharmacy	☐	☐
c.	Hospital	☐	☐

2 Participant Profile

13. Of the participants currently enrolled at this center, what is the racial-ethnic breakdown? Count each participant only once. ***Enter "0" for any categories with no participants.***

		NUMBER OF PARTICIPANTS
a.	Hispanic or Latino, of any race	
b.	American Indian or Alaska Native, not Hispanic or Latino	
c.	Asian, not Hispanic or Latino	
d.	Black, not Hispanic or Latino	
e.	Native Hawaiian or other Pacific Islander, not Hispanic or Latino	
f.	White, not Hispanic or Latino	
g.	Two or more races, not Hispanic or Latino	
h.	Some other category reported in this center's system	
i.	Not reported (race and ethnicity unknown)	
	TOTAL	

NOTE: Total should be the same as the number of participants provided in question 3.

14. Of the participants currently enrolled at this center, what is the sex breakdown? ***Enter "0" for any categories with no participants.***

		NUMBER OF PARTICIPANTS
a.	Male	
b.	Female	
	TOTAL	

NOTE: Total should be the same as the number of participants provided in question 3.

15. Of the participants currently enrolled at this center, what is the age breakdown? ***Enter "0" for any categories with no participants.***

	NUMBER OF PARTICIPANTS
a. 17 years or younger	
b. 18–44 years	
c. 45–54 years	
d. 55–64 years	
e. 65–74 years	
f. 75–84 years	
g. 85 years or older	
TOTAL	

NOTE: Total should be the same as the number of participants provided in question 3.

16. Assistance refers to **needing any help or supervision from another person, or use of assistive devices**.

Of the participants currently enrolled at this center, about how many now **need any assistance at their usual residence or this center** in each of the following activities? ***Enter "0" for any categories with no participants.***

	NUMBER OF PARTICIPANTS
a. With transferring in and out of a chair	
b. With eating, like cutting up food	
c. With dressing	
d. With bathing or showering	
e. With using the bathroom (toileting)	
f. With locomotion or walking—this includes using a cane, walker, or wheelchair, or help from another person	

17. Of the participants currently enrolled at this center, about how many have been diagnosed with each of the following conditions? ***Enter "0" for any categories with no participants.***

	NUMBER OF PARTICIPANTS
a. Alzheimer's disease or other dementias	
b. Arthritis	
c. Asthma	
d. Cancer	
e. Chronic kidney disease	
f. COPD (chronic bronchitis or emphysema)	
g. Depression	
h. Diabetes	
i. Heart disease (for example, congestive heart failure, coronary or ischemic heart disease, heart attack, stroke)	
j. High blood pressure or hypertension	
k. Human immunodeficiency virus (HIV)/AIDS	
l. Intellectual or developmental disability	
m. Multiple sclerosis	
n. Obesity	
o. Osteoporosis	
p. Parkinson's disease	
q. Severe mental illness, such as schizophrenia and psychosis	
r. Traumatic brain injury	

18. During the **last 30 days**, for how many of the participants currently enrolled at this adult day services center did Medicaid pay for some or all of their services received at this center? Please include any participants that received funding from a Medicaid state plan, Medicaid waiver, Medicaid managed care, or California regional center.
If none, enter "0."

☐ Number of participants

19. Of the participants currently enrolled at this center, about how many were treated in a hospital emergency department in the **last 90 days**?
If none, enter "0."

☐ Number of participants

20. Of the participants currently enrolled at this center, about how many were discharged from an overnight hospital stay in the **last 90 days**? Exclude trips to the hospital emergency department that did not result in an overnight hospital stay.
If none, enter "0."

☐ Number of participants

If you answered "0," skip to question 22.

21. Of the participants who were discharged from an overnight hospital stay in the last 90 days, about how many of those participants were **re-admitted** to the hospital for an overnight stay **within 30 days** of their hospital discharge? ***If none, enter "0."***

☐ Number of participants

22. Of the participants currently enrolled at this center, about how many have elected and are now receiving hospice care? ***If none, enter "0."***

☐ Number of participants

23. Advance directives are written documentation and may include health care proxies, durable power of attorney, living wills, do not resuscitate (DNR) orders, or physician or medical orders for life-sustaining treatments (POLST or MOLST).

Does this center provide any information about advance directives to participants or their families?

☐ Yes
☐ No

24. Does your state require your center to provide information about advance directives to participants or their families?

☐ Yes
☐ No
☐ Do not know

25. Does this adult day services center typically maintain documentation of participants' advance directives or have documentation that an advance directive exists in participant files?

☐ Yes
☐ No

If you answered "No," skip to question 27.

26. Of the current participants, how many have documentation of an advance directive in their file?
If none, enter "0."

☐ Number of participants

3 Services Offered

27. For **each** service listed below . . . **MARK ALL THAT APPLY**

Type of Service	This adult day services center. . .			
	Provides the service by paid center employees	**Arranges for the service to be provided by outside service providers**	**Refers participants or family to outside service providers**	**Does not provide, arrange, or refer for this service**
a. **Hospice services**	☐	☐	☐	☐
b. **Social work services**—provided by licensed social workers or persons with a bachelor's or master's degree in social work, and may include an array of services such as psychosocial assessment, individual or group counseling, and referral services	☐	☐	☐	☐
c. **Mental health services**—target participants' mental, emotional, psychological, or psychiatric well-being, and may include diagnosing, describing, evaluating, and treating mental conditions	☐	☐	☐	☐
d. **Any therapeutic services**—physical, occupational, or speech	☐	☐	☐	☐
e. **Pharmacy services**—including filling of or delivery of prescriptions	☐	☐	☐	☐
f. **Dietary and nutritional services**	☐	☐	☐	☐
g. **Skilled nursing services**—must be performed by an RN or LPN and are medical in nature	☐	☐	☐	☐
h. **Transportation services** for medical or dental appointments	☐	☐	☐	☐
i. **Daily round trip transportation services** to or from this center	☐	☐	☐	☐

4 Staff Profile

28. An individual is considered an **employee** if the center is required to issue a **W-2** federal tax form on their behalf. For **each** staff type below, indicate how many **full-time employees and part-time employees** this center **currently** has. ***Enter "0" for any categories with no employees.***

	Number of Full-Time Employees	Number of Part-Time Employees
a. Registered nurses (RNs)		
b. Licensed practical nurses (LPNs) / licensed vocational nurses (LVNs)		
c. Certified nursing assistants, nursing assistants, home health aides, home care aides, personal care aides, personal care assistants, and medication technicians or medication aides		
d. Social workers—licensed social workers or persons with a bachelor's or master's degree in social work		
e. Activities directors or activities staff		

29. **Contract or agency staff** refers to individuals or organization staff under contract with and working at this center, but are not directly employed by the center. Does this center **currently** have any nursing, aide, social work, or activities contract or agency staff?

☐ Yes

☐ No

If you answered "No," skip to question 31.

30. For **each** staff type below, indicate how many **full-time contract or agency staff and part-time contract or agency staff** this center **currently** has. ***Enter "0" for any categories with no contract or agency staff.***

	Number of Full-Time Contract or Agency Staff	Number of Part-Time Contract or Agency Staff
a. Registered nurses (RNs)		
b. Licensed practical nurses (LPNs) / licensed vocational nurses (LVNs)		
c. Certified nursing assistants, nursing assistants, home health aides, home care aides, personal care aides, personal care assistants, and medication technicians or medication aides		
d. Social workers—licensed social workers or persons with a bachelor's or master's degree in social work		
e. Activities directors or activities staff		

The following questions ask for information to help inform planning for future waves of NSLTCP.

31. The National Center for Health Statistics (NCHS) links person-level survey data with health records from other data sources, such as Medicare or Medicaid data. Linking allows NCHS to better understand the services participants of centers use. In order to link data in future surveys, we would need the information below about your current participants. We would use this information for research purposes only. Federal laws authorize NCHS to ask for this information and require us to keep it strictly private.

To help NCHS plan for future surveys, please answer the following questions: For **each item** below, in **Column 1**, indicate **whether or not this center has this information about its current participants**. For **each "yes" in Column 1**, in **Column 2**, indicate **whether or not this center is willing to provide this information** about participants.

	Column 1 This center has. . .	**Column 2** I would be willing to provide . . .
a. Full names	☐ Yes → ☐ No	☐ Yes ☐ No
b. Dates of birth	☐ Yes → ☐ No	☐ Yes ☐ No
c. Last four digits of Social Security numbers	☐ Yes → ☐ No	☐ Yes ☐ No
d. Full Social Security numbers	☐ Yes → ☐ No	☐ Yes ☐ No

32. Is this adult day services center a Health Insurance Portability and Accountability Act **(HIPAA)–covered entity**?

- ☐ Yes
- ☐ No
- ☐ Do not know

5 Contact Information

33. In which of the following ways do you have Internet access at work?

MARK ALL THAT APPLY

- ☐ Desktop or laptop
- ☐ Smartphone
- ☐ Tablet/iPad
- ☐ Other
- ☐ No Internet access at work

34. We would like to keep your name, telephone number, work e-mail address, and job title for possible future contact related to participation in current and future NSLTCP waves. Your contact information will be kept confidential and will not be shared with anyone outside this project team.

PLEASE PRINT

Your full name:

Your work telephone number, with extension:

( )

Your work e-mail address:

Your job title:

Thank you for participating.

Please return this questionnaire in the enclosed return envelope.