Figure 9.1. Percentage of adults aged 18 and over who had five or more drinks in 1 day at least once in the past year: United States, 1997-2011


DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-2011, Sample Adult Core component.

- For 2011, the percentage of adults who had five or more drinks in 1 day at least once in the past year was $22.1 \%$ ( $95 \%$ confidence interval $=21.34 \%-22.87 \%$ ), which was lower than, but not significantly different from, the 2010 estimate of $22.7 \%$.
- The percentage of adults who had five or more drinks in 1 day at least once in the past year decreased from $21.4 \%$ in 1997 to $19.1 \%$ in 2004 and then increased to $22.8 \%$ in 2009.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. • The analyses excluded adults with unknown alcohol consumption (about $2 \%$ of respondents each year). • See "Technical Notes" for more details.

Figure 9.2. Percentage of adults aged 18 and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, 2011


DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2011, Sample Adult Core component.

- Among adults aged 25 and over, the percentages of women and men who had five or more drinks in 1 day at least once in the past year decreased with age.
- For adults aged 18-24, 25-44, 45-64, and 65 and over, men were considerably more likely than women to have had five or more drinks in 1 day at least once in the past year.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. • The analyses excluded $1.2 \%$ of adults with unknown alcohol consumption. • See "Technical Notes" for more details.

Figure 9.3. Age-sex-adjusted percentage of adults aged 18 and over who had five or more drinks in 1 day at least once in the past year, by race/ ethnicity: United States, 2011


DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2011, Sample Adult Core component.

- The age-sex-adjusted percentage of adults who had five or more drinks in 1 day at least once in the past year was $20.4 \%$ for Hispanic adults, $25.9 \%$ for non-Hispanic white adults, and $14.4 \%$ for non-Hispanic black adults.
- Non-Hispanic white adults were the most likely to have had five or more drinks in 1 day at least once in the past year, followed by Hispanic adults and non-Hispanic black adults.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. • The analyses excluded $1.2 \%$ of adults with unknown alcohol consumption. • Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24, 25-44, 45-64, and 65 and over. • See "Technical Notes" for more details.

## Data tables for Figures 9.1-9.3:

Data table for Figure 9.1. Percentage of adults aged 18 and over who had five or more drinks in 1 day at least once in the past year: United States, 1997-2011

| Year | Crude ${ }^{\mathbf{1}}$ percent <br> (95\% confidence interval) | Age-adjusted ${ }^{2}$ percent <br> (95\% confidence interval) |
| :--- | :---: | :---: |
| 1997 | $21.4(20.8-22.0)$ | $21.1(20.5-21.6)$ |
| 1998 | $20.2(19.6-20.8)$ | $19.9(19.3-20.5)$ |
| 1999 | $20.3(19.6-21.0)$ | $20.1(19.5-20.7)$ |
| 2000 | $19.2(18.6-19.9)$ | $19.2(18.6-19.8)$ |
| 2001 | $20.0(19.4-20.6)$ | $20.0(19.4-20.6)$ |
| 2002 | $19.9(19.2-20.5)$ | $20.0(19.4-20.6)$ |
| 2003 | $19.1(18.5-19.8)$ | $19.2(18.6-19.9)$ |
| 2004 | $19.1(18.4-19.8)$ | $19.2(18.6-19.9)$ |
| 2005 | $19.5(18.89-20.18)$ | $19.8(19.20-20.49)$ |
| 2006 | $19.6(18.86-20.39)$ | $19.9(19.19-20.68)$ |
| 2007 | $20.4(19.44-21.34)$ | $20.7(19.79-21.68)$ |
| 2008 | $22.0(21.00-22.93)$ | $22.4(21.47-23.38)$ |
| 2009 | $22.8(21.87-23.67)$ | $23.3(22.41-24.21)$ |
| 2010 | $22.7(21.99-23.51)$ | $23.4(22.61-24.13)$ |
| 2011 | $22.1(21.34-22.87)$ | $22.8(22.07-23.58)$ |

${ }^{1}$ Crude estimates are presented in the figure.
${ }^{2}$ Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24, 25-44, 45-64, and 65 and over.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "Technical Notes" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-2011, Sample Adult Core component.

## Data table for Figure 9.2. Percentage of adults aged 18 and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, 2011

| Age (years) and sex | Percent | 95\% confidence interval |
| :--- | :---: | :---: |
| $18-24$, total | 31.3 | $28.95-33.64$ |
| $18-24$, male | 40.5 | $37.11-43.85$ |
| $18-24$, female | 22.0 | $19.33-24.57$ |
| $25-44$, total | 31.2 | $30.02-32.37$ |
| $25-44$, male | 42.4 | $40.60-44.15$ |
| $25-44$, female | 20.3 | $19.00-21.51$ |
| $45-64$, total | 17.9 | $16.94-18.77$ |
| $45-64$, male | 25.8 | $24.30-27.22$ |
| $45-64$, female | 10.5 | $9.46-11.48$ |
| 65 and over, total | 5.4 | $4.73-6.10$ |
| 65 and over, male | 9.7 | $8.39-11.07$ |
| 65 and over, female | 2.0 | $1.48-2.58$ |
| 18 and over (crude ${ }^{1}$ ), total | 22.1 | $21.34-22.87$ |
| 18 and over (crude ${ }^{1}$ ), male $^{18}$ and over (crude ${ }^{1}$ ), female | 31.2 | $30.08-32.28$ |
| 18 and over (age- adjusted $^{2}$ ), total | 13.6 | $12.91-14.38$ |
| 18 and over (age-adjusted ${ }^{2}$ ), male | 22.8 | $22.07-23.58$ |
| 18 and over (age-adjusted ${ }^{2}$ ), female | 31.6 | $30.54-32.67$ |

${ }^{1}$ Crude estimates are presented in the figure.
${ }^{2}$ Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24, 25-44, 45-64, and 65 and over.

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.
DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2011, Sample Adult Core component.

Data table for Figure 9.3. Age-sex-adjusted percentage of adults aged 18 and over who had five or more drinks in 1 day at least once in the past year, by race/ ethnicity: United States, 2011

| Race/ ethnicity | Percent $^{\mathbf{1}}$ | 95\% confidence interval |
| :--- | :---: | :---: |
| Hispanic or Latino | 20.4 | $18.84-21.91$ |
| Not Hispanic or Latino, single race, white | 25.9 | $24.99-26.90$ |
| Not Hispanic or Latino, single race, black | 14.4 | $13.05-15.73$ |

${ }^{1}$ Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24, 25-44, 45-64, and 65 and over.

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.
DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2011, Sample Adult Core component.

