Figure 11.1. Percentage of persons of all ages who had excellent or very good health: United States, 1997-2010


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded persons with unknown health status (about $0.2 \%$ of respondents each year). Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- In 2010, the percentage of persons who had excellent or very good health was 65.7\% (95\% confidence interval $=64.95 \%-66.35 \%$ ), which was lower than, but not significantly different from, the 2009 estimate of $66.3 \%$.
- The percentage of persons who had excellent or very good health generally decreased from $68.5 \%$ in 1997 to $65.7 \%$ for 2010.

Figure 11.2. Percent distribution of respondent-assessed health status, by sex, for all ages: United States, 2010


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded 119 persons ( $0.1 \%$ ) with unknown health status.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For both sexes combined, most persons' health was either excellent (35.2\%) or very good (30.5\%). Smaller percentages of persons had good (24.3\%), fair (7.7\%), or poor (2.4\%) health.
- Compared with males, females were less likely to have excellent health and more likely to have good, fair, or poor health.

Figure 11.3. Percentage of persons of all ages who had excellent or very good health, by age group and sex: United States, 2010


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded 119 persons ( $0.1 \%$ ) with unknown health status.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For both sexes combined, the percentage of persons with excellent or very good health decreased with age: $82.2 \%$ for those under age 18, $64.0 \%$ for those aged 18-64, and $41.7 \%$ for those aged 65 and over.
- Males aged 18-64 were more likely to have excellent or very good health compared with females in the same age group.

Figure 11.4. Age-sex-adjusted percentage of persons of all ages who had excellent or very good health, by race/ ethnicity: United States, 2010


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded 119 persons ( $0.1 \%$ ) with unknown health status. Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using three age groups: under 18, 18-64, and 65 and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- After adjustment for age and sex, the percentage of persons who had excellent or very good health was $59.3 \%$ for Hispanic persons, $69.7 \%$ for non-Hispanic white persons, and $54.5 \%$ for non-Hispanic black persons.
- The health of Hispanic persons and non-Hispanic black persons was less likely to be excellent or very good than that of non-Hispanic white persons; and the health of nonHispanic black persons was less likely to be excellent or very good than that of Hispanic persons.


## Data tables for Figures 11.1-11.4:

Data table for Figure 11.1. Percentage of persons of all ages who had excellent or very good health: United States, 1997-2010

| Year | Percent | 95\% confidence interval |
| :---: | :---: | :---: |
| 1997 | 68.5 | $68.0-69.1$ |
| 1998 | 69.1 | $68.6-69.6$ |
| 1999 | 68.7 | $68.1-69.3$ |
| 2000 | 68.3 | $67.7-68.8$ |
| 2001 | 68.4 | $67.9-69.0$ |
| 2002 | 67.4 | $66.8-68.0$ |
| 2003 | 67.5 | $66.9-68.0$ |
| 2004 | 66.5 | $66.0-67.1$ |
| 2005 | 66.5 | $65.98-67.11$ |
| 2006 | 65.9 | $65.25-66.61$ |
| 2007 | 66.0 | $65.18-66.88$ |
| 2008 | 66.0 | $65.30-66.79$ |
| 2009 | 66.3 | $65.46-67.10$ |
| 2010 | 65.7 | $64.95-66.35$ |

NOTES: Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 11.2. Percent distribution of respondent-assessed health status, by sex for all ages: United States, 2010

| Health status and sex | Percent | 95\% confidence interval |
| :--- | :---: | :---: |
| Excellent, total | 35.2 | $34.51-35.88$ |
| Excellent, male | 36.5 | $35.72-37.25$ |
| Excellent, female | 33.9 | $33.22-34.67$ |
| Very good, total | 30.5 | $29.91-31.01$ |
| Very good, male | 30.5 | $29.82-31.15$ |
| Very good, female | 30.4 | $29.87-31.01$ |
| Good, total | 24.3 | $23.74-24.77$ |
| Good, male | 23.7 | $23.15-24.34$ |
| Good, female | 24.7 | $24.18-25.31$ |
| Fair, total | 7.7 | $7.44-7.99$ |
| Fair, male | 7.0 | $6.70-7.36$ |
| Fair, female | 8.4 | $8.05-8.70$ |
| Poor, total | 2.4 | $2.24-2.51$ |
| Poor, male | 2.3 | $2.08-2.43$ |
| Poor, female | 2.5 | $2.33-2.66$ |

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 11.3. Percentage of persons of all ages who had excellent or very good health, by age group and sex: United States, 2010

| Age (years) and sex | Percent | 95\% confidence interval |
| :--- | :---: | :---: |
| Under 18, total | 82.2 | $81.27-83.06$ |
| Under 18, male | 81.8 | $80.75-82.83$ |
| Under 18, female | 82.6 | $81.47-83.63$ |
| 18-64, total | 64.0 | $63.28-64.78$ |
| 18-64, male | 65.4 | $64.51-66.24$ |
| 18-64, female | 62.7 | $61.86-63.57$ |
| 65 and over, total | 41.7 | $40.47-42.97$ |
| 65 and over, male | 42.1 | $40.47-43.76$ |
| 65 and over, female | 41.4 | $39.92-42.92$ |
| All ages (crude ${ }^{1}$ ), total | 65.7 | $64.95-66.35$ |
| All ages (crude ${ }^{1}$ ), male | 67.0 | $66.20-67.74$ |
| All ages (crude ${ }^{1}$ ), female | 64.4 | $63.62-65.15$ |
| All ages (age- adjusted ${ }^{2}$ ), total | 65.9 | $65.23-66.54$ |
| All ages (age- adjusted ${ }^{2}$ ), male | 66.7 | $65.95-67.39$ |
| All ages (age-adjusted ${ }^{2}$ ), female | 65.1 | $64.41-65.86$ |

${ }^{1}$ Crude estimates are presented in the figure.
${ }^{2}$ Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using three age groups: under 18, 18-64, and 65 and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 11.4. Age-sex-adjusted percentage of persons of all ages who had excellent or very good health, by race/ ethnicity: United States, January-2010

| Race/ ethnicity | Percent $^{\mathbf{1}}$ | $\mathbf{9 5 \%}$ confidence interval |
| :--- | :---: | :---: |
| Hispanic or Latino | 59.3 | $58.09-60.57$ |
| Not Hispanic or Latino, single race, white | 69.7 | $69.01-70.48$ |
| Not Hispanic or Latino, single race, black | 54.5 | $52.77-56.14$ |

${ }^{1}$ Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using three age groups: under 18, 18-64, and 65 and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

