# Osteopathic Medicine Fact Sheet from the National Ambulatory Medical Care Survey

### **ABOUT NAMCS**

The National Ambulatory Medical Care Survey (NAMCS) produces statistics that represent the experience of the U.S. population at visits to office-based physicians. The survey provides information on office visits in terms of physician practice, patient, and visit characteristics.

## **OSTEOPATHIC MEDICINE**

During 2014–2015, an estimated **60 million visits per year** were made to nonfederally employed, office-based providers specializing in osteopathic medicine in the United States. The highest number of visits were by persons aged 45–64.

### **CONTACT US**

Ambulatory and Hospital Care Statistics Branch:

301–458–4600 https://www.cdc.gov/nchs/ahcd/ namcs\_participant.htm



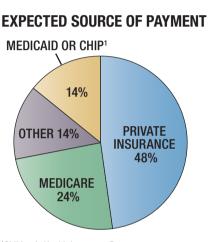
### **MAJOR REASON FOR VISIT**

CHRONIC PROBLEM, ROUTINE	34%
NEW PROBLEM	31%
PREVENTIVE CARE	21%
CHRONIC PROBLEM, FLARE-UP	6%
PRE- OR POST-SURGERY	5%

# MEDICATIONS WERE PRESCRIBED OR CONTINUED AT 78% of office visits.

### TOP **5** ACTIVE INGREDIENTS

- ASPIRINLISINOPRIL
  - MULTIVITAMIN
  - AMLODIPINE
  - ACETAMINOPHEN/HYDROCODONE

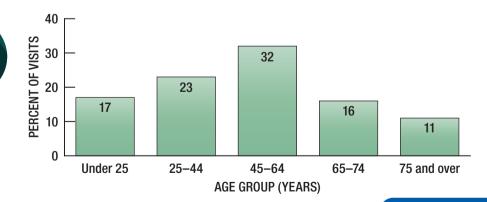


<sup>1</sup>Children's Health Insurance Program.

### **TOP 4 DIAGNOSES**

- ESSENTIAL HYPERTENSION
- GENERAL MEDICAL EXAMINATION
- DIABETES MELLITUS
- LUMBAGO

#### PERCENT DISTRIBUTION OF OSTEOPATHIC MEDICINE OFFICE VISITS, BY PATIENT'S AGE: 2014–2015







## Osteopathic Medicine Fact Sheet from the National Ambulatory Medical Care Survey

NAMCS data are widely used in research studies appearing in nationally recognized medical journals. Below is a selection of osteopathic medicine articles in recent publications citing NAMCS data:

Licciardone JC. **A national study of primary care provided by osteopathic physicians.** J Am Osteopath Assoc 115(12):704–13. 2015.

Licciardone JC, Singh KP. Sociodemographic and geographic characteristics associated with patient visits to osteopathic physicians for primary care. BMC Health Serv Res 11:303. 2011.

Moser A, Segars LW. Assessment of antihyperlipidemic therapy in US patients with coronary heart disease. J Am Osteopath Assoc 110(6):331–9. 2010.

Licciardone JC, Clearfield MB, Guillory VJ. Clinical practice characteristics of osteopathic and allopathic primary care physicians at academic health centers: Results from the National Ambulatory Medical Care Survey. Acad Med 84(6):744–50. 2009.



A complete list of publications using NAMCS data, which includes articles and reports, can be found at: https://www.cdc.gov/nchs/ahcd/ahcd\_products.htm.