

**It's your life.
No one can
protect it better
than you.**

— JUDI, BREAST CANCER SURVIVOR

If you are between the ages of 40 to 49, talk to your doctor about when and how often you should have a screening mammogram.

If you are between the ages of 50 to 74, be sure to have a screening mammogram every two years.



BREAST CANCER SCREENING ► THE RIGHT TO KNOW

For more information,
visit www.cdc.gov/RightToKnow
or call 1-800-CDC-INFO (232-4636) 1-888-232-6348 (TTY)



**Centers for Disease
Control and Prevention**
National Center on Birth Defects
and Developmental Disabilities