

**Accessible version:** <https://www.cdc.gov/coronavirus/2019-ncov/easy-to-read/healthy-school-year.html>

### **Help Children Stay Healthy at School**

Talk to a doctor about what vaccines children need.

Children who feel sick must stay home.

Remind children to wash their hands.

Teach children to cover coughs.

Teach children to cover sneezes.

Have children wear a mask when needed.

### **Help Children Get Vaccines**

Vaccines help children stay healthy.

Talk to a doctor about what vaccines children need.

COVID-19 vaccines are safe for children 6 months and older.

Visit [vaccines.gov](https://www.vaccines.gov) to get a COVID-19 vaccine.

### **Children Who Feel Sick Must Stay Home**

Children sick with COVID-19 must stay home.

Children with a fever must stay home.

Children with a cough must stay home.

Children with a sore throat must stay home.

Children with diarrhea must stay home.

Children who are throwing up must stay home.

Tell the school when your child is sick.

Make sure the school can contact you.

Ask the school when your child can go back.

### **Remind Children to Wash Their Hands**

Hand washing helps children stay healthy at school.

Remind children to wash their hands at school.

Children should wash their hands before and after eating

Children should wash their hands after using the bathroom.

Children should wash their hands after recess.

Children should wash their hands if they cough or sneeze.

### **Teach Children to Cover Coughs and Sneezes**

Covering coughs and sneezes helps children stay healthy at school.

Teach children to cover their mouth when coughing.

Teach children to cover their nose when sneezing.

Teach children to cover with their elbow or a tissue.

### **Have Children Wear a Mask When Needed**

Wearing a mask helps children stay healthy at school.

Children should wear a mask if they need extra protection from COVID-19.

Children should wear a mask if their school requires it.