

PROTECT THE HEALTH OF YOUR

everything

THIS FALL AND WINTER VIRUS SEASON



VACCINES



TESTING



AIR QUALITY
IMPROVEMENTS



MASKS

FLU, COVID-19, AND RSV were responsible for sending over 2 million people to the hospital and caused over 260,000 deaths last year. Respiratory viruses will spread this fall and winter, but you can take steps so that you and your everything are protected and safe.

FOR THE FIRST TIME EVER, immunizations are available against all three of these fall and winter viruses. Immunization remains the most effective way to protect you and your loved ones.

Immunizations **protect you from the worst** of flu, COVID-19, and RSV— and can also **shorten the time you are sick**.

Adults 65 and older, young children, pregnant people, and people with underlying medical conditions are at highest risk for severe illness. **Getting vaccinated is the best way to stay protected.**

Flu, COVID-19, and RSV vaccinations are safe and the most effective way to keep your families healthy.

Talk to your provider about what immunizations are right for you and take steps to stay healthy.



cdc.gov/Respiratory-Viruses



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