Not All Sun Protection Comes In A Bottle

More and more people are looking for ways to protect themselves from the sun's UV rays. Fortunately, there are many options to choose from, year-round. So enjoy the sun, but protect the skin you're in.

CDC
CENTERS FOR DISEASE CONTROL AND PREVENTION

Choose Your Cover

www.cdc.gov/ChooseYourCover

get a hat

seek shade

cover up

rub it on

grab shades