



Sample Worksite Health Budget

The following is a sample budget justification form for a company of 300 employees, allowing for worksite health intervention strategies to be categorized and budgeted. This form should go hand in hand with the worksite health plan in seeking financial support for the worksite health program.

ABC Company—2012 Worksite Health Budget

Category	Item	Subtotal	Total Cost
Wages/Benefits	Part-time Wellness Director	\$20,000	\$20,000
Materials and Supplies	Lighting and paint for stairwell project	\$300	
	Printing for posters, fliers, etc.	\$500	
	Supplies for Healthy Pot-Luck lunch series	\$150	\$950
Memberships/Affiliations	Wellness Council of Greater Cornville	\$500	
	National Network of Wellness Councils	\$50	\$550
Subscriptions and Publications	Electronic newsletter service	\$175	
	Various health publications	\$150	\$325
Health Education Materials	Blood pressure log-books	\$500	
	Blood pressure literature and DVD	\$300	\$800
Health Assessment & Screenings	Currently planned for Year 2	\$0	
Health Coaching	Currently planned for Year 2	\$0	
Health Plan Design Changes	Currently planned for Year 2	\$0	
Health Education Programs	Blood pressure educational workshops	\$250	
	Tobacco cessation educational program	\$250	\$500
Equipment	Blood pressure monitoring equipment	\$800	
	Bike rack	\$450	
	Pedometers	\$2,200	
	Bike parking structure	\$1,500	
	Bicycles/helmets for sign-out program (2)	\$500	\$5,450
Incentives	Gift cards and prizes for contests, raffles, etc.	\$1,000	
	Gym reimbursement	\$6,000	\$7,000
Miscellaneous	Contract with landscaper to create walking paths on property	\$8,000	
	Wellness Team meetings	\$720	\$8,720
TOTAL			\$44,395