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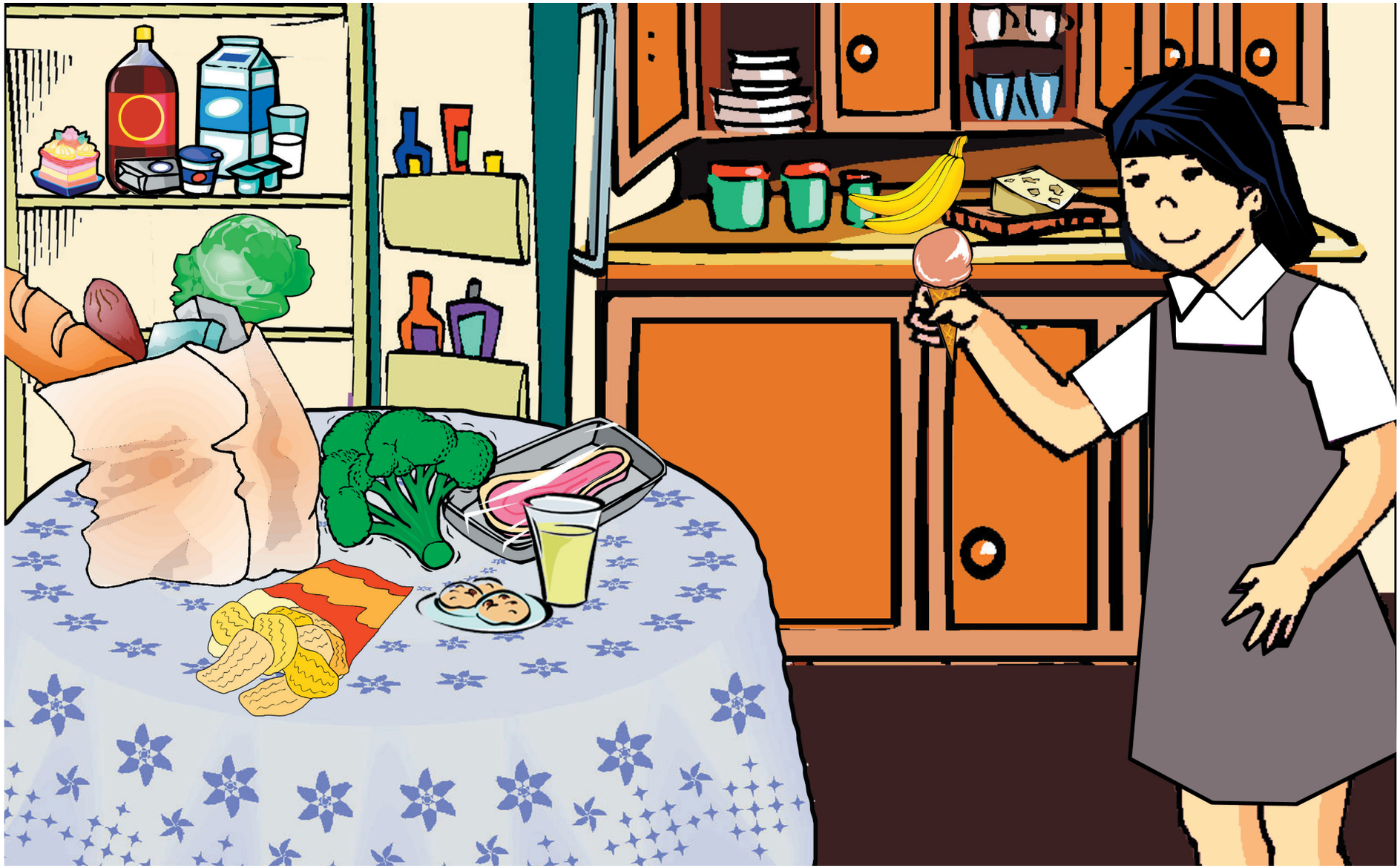
Circle the 6 food items that contain calcium to help keep your bones strong.



ANSWERS: (1) MILK (2) CHEESE (3) ICE CREAM (4) BROCCOLI (5) CREAM CHEESE (6) YOGURT